



# Modulating Microenvironments for Treating Glioblastoma

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## Abstract

**Purpose of Review** This review focuses on the development and progression of glioblastoma through the brain and glioma microenvironment. Specifically, we highlight how the tumor microenvironment contributes to the hallmarks of cancer in hopes of offering novel therapeutic options and tools to target.

**Recent Findings** The hallmarks of cancer represent elements of cancer that contribute to the disease's malignancy, yet elements within the brain tumor microenvironment, such as other cellular types as well as biochemical and biophysical cues that can each uniquely affect tumor cells, have not been well-described in this context and serve as potential targets for modulation.

**Summary** Here, we highlight how the brain tumor microenvironment contributes to the progression and therapeutic response of tumor cells. Specifically, we examine these contributions through the lens of Hanahan and Weinberg's "Hallmarks of Cancer" in order to identify potential novel targets within the brain that may offer a means to treat brain cancers, including the deadliest form of brain cancer, glioblastoma.

**Keywords** Glioblastoma · Tumor microenvironment · Cancer hallmarks · Brain microenvironment

## Introduction

Glioblastoma (GBM), the most aggressive form of brain cancer, presents with unique challenges compared with other forms of the disease in regard to treatment. Due to the complex and sensitive architecture of the brain, efficacy and cytotoxicity are major concerns for developing ameliorative therapeutics that can cross the blood-brain barrier and avoid damage to the intricate structures that are important for nervous system function [1]. The course of treatment for GBM normally includes initial resection of the tumor; however, diffuse invasion of cells throughout the brain creates a termed "moving target" for therapeutic access due to incomplete resection of tumor

cells left behind. To overcome this limitation and treat residual tumor cells, radiation and/or chemotherapeutics are usually a follow-up treatment which comes with its own shortcomings. For instance, aberrant and compressed blood vasculature limits access of therapeutics to the tumor to begin with as well as tumor cells themselves have resistances that we have yet to define or target. Thus, recurrence is inevitable for patients with the tumor, resulting in a dismal survival outlook of 14–16 months [2]. Thus, we need new ideas for the treatment of all brain cancers, but especially GBM as the deadliest form.

The hallmarks of cancer as defined by Hanahan and Weinberg are characteristics of pro-tumorigenic reprogramming that elicits tumor retention and progression [3–5]. They are common among many forms of cancer. There are myriad key players that aid cancer hallmarks residing within the tumor microenvironment where tumor cells reprogram functionally different cell populations and cues, the extracellular matrix (ECM), and surrounding stroma in order to sustain growth and progression. These components all interact with tumor cells, but also each other, to create a dynamic and evolving ecosystem in which tumor cells thrive. To this end, many researchers are investigating and targeting the tumor microenvironment in many cancers, but the scope of this review is to highlight cancer hallmarks through the lens of the GBM tumor microenvironment (GBM-TME) and recent

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advances in understanding its unique and complex TME and opportunities in potential therapeutics to target it.

## Biological Architecture of the GBM Tumor Microenvironment

The tumor microenvironment plays a significant role in all solid tumors, primarily through biochemical and biophysical cues as a result of cancer reprogramming of cell-cell and cell-ECM interactions to support the tumor [6]. Although the TME in many cancers share similarities, beyond the blood-brain barrier, there are key characteristics that make the GBM-TME unique compared with other tissues. For instance, the ECM within the healthy brain possesses high levels of glycosaminoglycans, proteoglycans, and glycoproteins such as hyaluronan (HA), lecticans, and tenascin, respectively, but low levels of fibrous matrix proteins, such as collagen in contrast with other tissues [7–9]. With a generally lower physiological stiffness compared with other tissues, the mechanical properties of the brain are tightly tuned to facilitate a vast range of important processes that have been reviewed in detail for brain development and homeostasis [9]. In the GBM-TME, the ECM is stiffer in general as compared with that of lower-grade gliomas, which, as commonly observed in other cancers, mediates interactions and phenotypes promoting fates within the TME towards tumor progression and sustainability. Another distinguishing characteristic of the GBM-TME are the specialized cell types found exclusively in the brain, such as astrocytes, oligodendrocytes, microglia, and neurons (Table 1). These cells are essential for nervous system function [10], but in cancer development, often they are co-opted for the purpose of encouraging tumor growth and invasion. For instance, GBM is a grade IV astrocytoma, indicating the transformation of astrocytes. Microglia serve as brain-resident immune cells that function similarly to peripheral innate immune cells and therefore are components of the GBM-TME as well [11]. Normally, these cells should inhibit tumor development and/or provide neuroinflammatory relief in the tissue; however, in glioma, many are repurposed for tumor promotion and anti-tumorigenic immune evasion [6]. Table 1 lists the cellular components of the brain microenvironment and how they are involved in GBM.

Diffuse infiltration, meaning that tumor cells invade into the normal brain parenchyma, is a defining characteristic of GBM and often leads to difficulty during resection and treatment because it leaves vast room for tumor cells to be left behind to continue to allow cancer to exist and propagate [12]. Moreover, the GBM-TME presents unique manifestations that are specific to GBM dissemination, such as pseudopalisading necroses, which is defined by a region of necrotic tissue due to hypoxia and apoptosis surrounded by

aligned nuclei of continually proliferative cells that is a classical histopathological indicator for GBM [13].

Tumor-associated angiogenesis allows the tumor to sequester nutrients in a low-nutrient and hypoxic environment; however, aberrant fenestrations within the endothelium lead to leaky vasculature, impacting intratumoral transport [14]. These abnormal vascular conditions can lead to heightened interstitial pressure within the tumor bulk compared with the lower pressure in the healthy stromal tissue, which leads to interstitial fluid flow [15]. As a result, draining vessels and pathways surrounding the cortex play a pivotal role in modulating fluid balance, solute and ion trafficking to exchange with the blood circulation, and immune cell trafficking [16, 17]. In the brain, lymphatic vessels surround the tissue in the meninges [16–18], and their role in GBM is just beginning to be explored. In the perivascular space, surrounding blood endothelial cells known as pericytes are also essential in the healthy brain microenvironment for functions ranging from maintenance of the BBB to stabilizing endothelial cell structure and blood flow and implicated in glioma progression [19, 20].












Lastly, glioma stem cells are the subset of tumor cells that have self-renewal and proliferative capabilities to either differentiate to specific glial cell subtypes or remain in a stem-like state for turnover. They are typically the most aggressive and resistant to treatment due to their propensity to acquire mutations during the differentiation process. For instance, in the GBM-TME, pericytes and endothelial cells can be derived from “tumor-initiating” stem cells and propagate pro-tumorigenic reprogramming [20]. With a multitude of interactions and outcomes within the tumor microenvironment, there are many ways that GBM can manifest (Fig. 1); therefore, how these different components influence pro-tumorigenesis mechanistically with recent advances is important to understand in order to gain a more informed perspective for therapeutic targeting and treatment of GBM.

## The Tumor Microenvironment and Hallmarks of Cancer in Glioblastoma: Targets and Tools

### Tumor Heterogeneity and Replicative Immortality

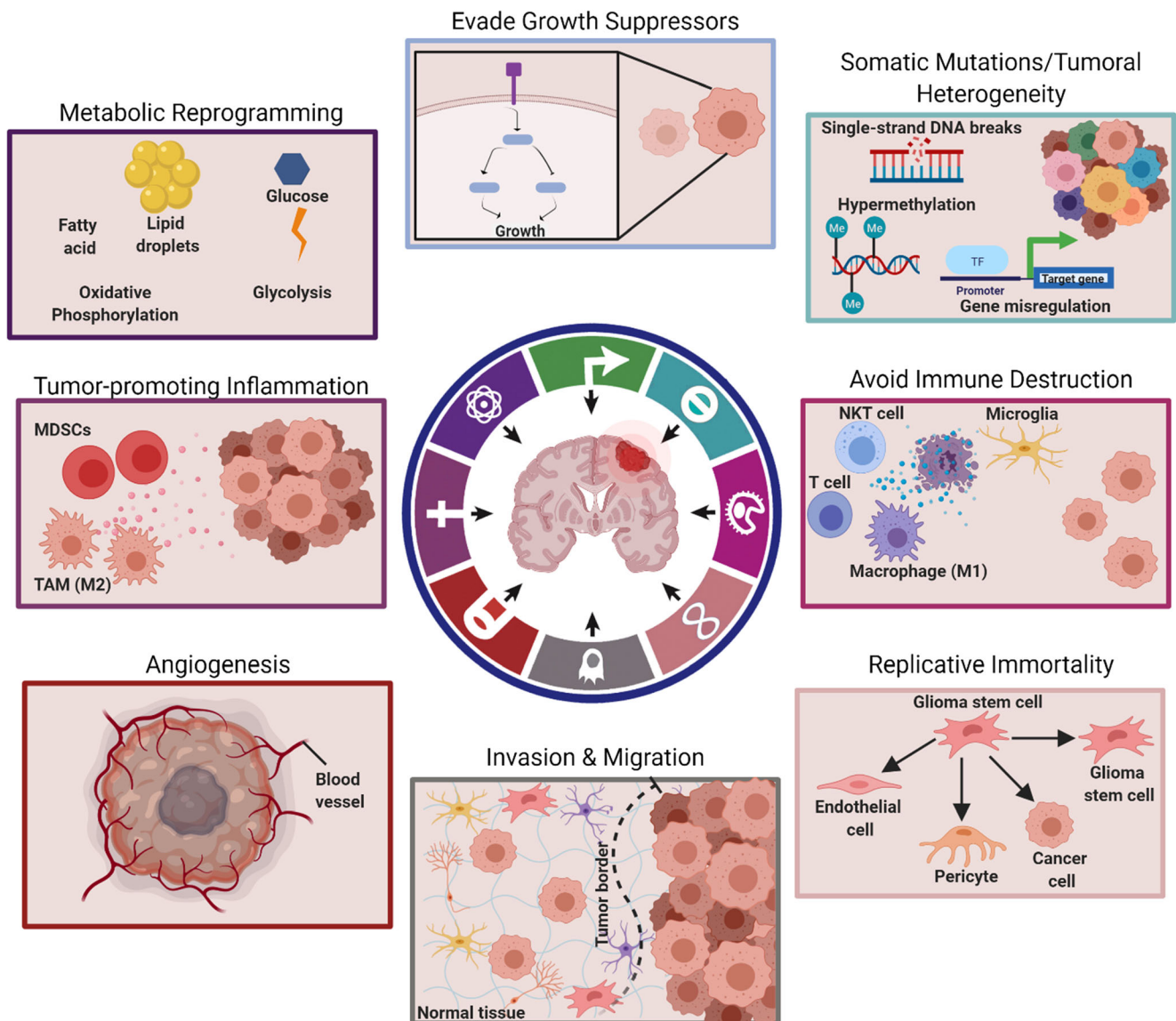
As with many cancers, the identification of molecular markers allowed the identification of interpatient heterogeneity. As such, scientists and pathologists have determined classification systems based on molecular subtyping of GBM across patient populations. In 2016, the World Health Organization (WHO) revised their classification for GBM, primarily based on isocitrate dehydrogenase (IDH) status and enhanced opportunities in understanding molecular mechanisms that lead to specific classifications for incorporation into studies for consideration [21–23]. A still common classification system of

**Table 1** Glioblastoma tumor microenvironment cellular components

Brain Tumor Microenvironment Cellular Components	Physiological Function	Implications in Cancer
 Microglia	<ul style="list-style-type: none"> <li>Remove debris from CNS from injury &amp; cell turnover</li> <li>Modulate local inflammation</li> </ul>	<ul style="list-style-type: none"> <li>Coordinates astrocyte-mediated immunosuppression</li> </ul>
 Astrocytes	<ul style="list-style-type: none"> <li>Regulates electrochemical signaling to protect neurons</li> <li>Regulate blood flow and interact with BBB</li> <li>Metabolic modulator</li> </ul>	<ul style="list-style-type: none"> <li>Tumor-associated astrocytes</li> <li>Secretes IL-6 and promotes invasion through MMP activation</li> </ul>
 Glial stem cells	<ul style="list-style-type: none"> <li>Multipotent cells that can differentiate into multiple glial cell types</li> </ul>	<ul style="list-style-type: none"> <li>Contributes to heterogeneity of tumor-derived endothelial cells, pericytes, and</li> </ul>
Immune cells  Natural killer cells  T cells  Macrophage	<ul style="list-style-type: none"> <li>Cells that help aid in defense against pathogens, disease, and foreign bodies by releasing cytokines</li> </ul>	<ul style="list-style-type: none"> <li>Co-opted to promote tumor-promoting inflammation</li> </ul>  Tumor associated macrophage
 Neurons	<ul style="list-style-type: none"> <li>Fundamental nerve cells responsible for signal transmission in the body</li> </ul>	<ul style="list-style-type: none"> <li>Contributes to glioma growth through secretion of neuroligin-3</li> <li>Can aid in glioma growth</li> </ul>
 Endothelial cells	<ul style="list-style-type: none"> <li>Essential cell type for the generation of vasculature networks in the brain</li> </ul>	<ul style="list-style-type: none"> <li>Recruited for enhanced angiogenesis</li> </ul>
 Pericytes	<ul style="list-style-type: none"> <li>Contractile cells that surround blood vessel walls</li> <li>Stabilize blood vascularization properties and flow</li> <li>BBB maintenance</li> </ul>	<ul style="list-style-type: none"> <li>Modulate immune cells within the TME</li> </ul>
 Myeloid derived suppressor cells (MDSCs)	<ul style="list-style-type: none"> <li>Suppresses inflammation in a local area physiologically</li> </ul>	<ul style="list-style-type: none"> <li>Enhances tumor-promoting inflammation</li> </ul>

GBM is based on specific gene expression levels of *EGFR*, *NF1*, and *PDGFRA/IDH1*, which corresponds to classical, mesenchymal, and proneural, respectively, and the neural subtype corresponds to genes associated with neurons [21]. The

efficacy of treatment in GBM as a function of subtype shows high variability, presenting barriers to success, specifically in the proneural subtype.



**Fig. 1** Tumor microenvironment contributors to cancer hallmarks in glioblastoma. Each boxed schematic corresponds to a specific cancer hallmark that occurs and the key players that are involved in GBM. Clockwise from top left: metabolic reprogramming where oxidative phosphorylation and glycolysis can be utilized for metabolism based on GBM-TME-influenced phenotype. The top middle image corresponds to the evasion of growth suppressors, which can be promoted through mutations and mitogens based on conditions within the GBM-TME. The top right box represents common genetic reprogramming that promotes mutations and leads to both sustained proliferative signaling and tumoral heterogeneity. The middle right image represents tumor cells avoiding immune destruction. The bottom right image represents how GSCs possess plasticity to self-replicate or acquire other fates, such as tumor cells, endothelial cells, and pericytes, often influenced by the GBM-TME, and support tumor progression. The bottom middle image represents invasion and migration, which can be induced through autologous chemotaxis in glioblastoma as well as tumor-associated astrocytes and microglia among other mechanisms. The bottom left image represents angiogenesis, which occurs based on the tumor microenvironment influencing the sprouting of blood vessels. The middle left image represents tumor-promoting inflammation which can be induced by myeloid-derived suppressor cells or tumor-associated macrophages. Boxed items correspond respectively with the colors within the cancer hallmark graphic circle. The figure was created with [Biorender.com](https://www.biorender.com) (The circular hallmark graphic was modified under the Copyright Clearance Center's RightsLink service and reprinted from Hanahan and Coussens (2012) with permission from Elsevier.) TAM, tumor-associated macrophage; MDSC, myeloid-derived suppressor cell; NKT, natural killer T-cell

A major contributor to this difficulty in classifying and relating molecular classifications to therapeutic response is the vast amount of tumoral heterogeneity in GBM. Glioma stem cells (GSCs) are a population of cells that have self-renewal capabilities and are typically associated with increased aggressiveness and resistance to treatment. Cancer

stem cells are common to all cancers; however, what is most interesting in glioma is that characteristic diffuse infiltration allows GSCs to invade into the normal parenchyma processes and differentiate into cell types other than glioma cells even after exposure to treatment [24], such as tumor-associated endothelial cells, pericytes, and co-opting other cells within the

GBM-TME. As a result, the GBM-TME can influence the plasticity of these cells and allow GSCs to escape treatment and tumor progression [25]. The mechanisms involved are still not clearly established. Yet, historically, glycocalyx biopolymers have been implicated in mesenchymal stem cell-like phenotype maintenance, indicated by CD44 being a primary marker of GSCs. CD44 serves as one of the primary receptors of HA, suggesting some correlation of HA with stem-like maintenance or response [26–28]. Another glycocalyx biopolymer,  $\alpha$ -dystroglycan, has been proposed to play a role in GSC phenotype aiding in the maintenance of GSC phenotype, particularly within the perivascular niche [29]. Moreover, the development of a 3D nanofiber scaffold to ascertain biophysical mechanocoupling, migration modes, and plasticity of GSCs, which seemed to be dependent on galectin-3 and integrin- $\beta$ 1 overexpression, further indicates the importance of the glycocalyx in GSC phenotype [30]. Since the glycocalyx is important for interactions with the extracellular environment, these phenotypic changes that contribute to the plasticity of GSCs can be modulated by the GBM-TME. Recently, *in silico* and *in vitro* studies have shown that GSC fate can result from the surrounding tumor microenvironment and not simply as a function of tumorigenic status [31]. Thus, the GBM-TME is important to continually be considered in understanding how it impacts GSC plasticity, differentiation, and elements, such as the extracellular matrix, offering it as an appealing target for therapeutic intervention.

### Genomic Mutations and Dysregulation of Oncogenes and Tumor Suppressors

Biochemical cues within the TME can alter the genetic stability of cells and often are produced by the diverse parenchymal cells co-opted by the tumor [32–34]. Since its inception, The Cancer Genome Analysis (TCGA) Research Network has been a beneficial tool for providing access to a landscape of whole-genome sequence data from tumor tissues and thus better insight to cellular and molecular players involved in GBM [35]. Thus, examination of changes to mutational burden has become commonplace. At the same time, co-culture models that incorporate multiple parenchymal cell types with tumor cells have grown in use. These models offer the ability to consider how treatments affect tumor cells along with physiologically non-tumor cell types. Using an *ex vivo* system containing dorsal root ganglia axon-oligodendrocyte co-cultures with human GSCs, Zepecki et al. found that migration-specific RNA transcripts were activated in the pseudopodia, particularly *Lck*, a gene that is highly expressed in patients with GBM from RNAseq data and TCGA analysis [22]. Another critical factor in this study was the examination of multiple outcomes besides migration, including stemness and tumor growth, maximizing the information attained from one

study and expanding the field's understanding of the impact of genetic changes on other hallmarks.

Other genetic events also play a substantial role in the common reprogramming of cells within the TME. Hypermethylation of the CpG island-associated gene promoters, which leads to silencing of tumor suppressor genes, is often hypothesized to result from aberrant microenvironment cues and hallmarks. Common hypermethylated tumor suppressors in GBM such as DNA repair enzyme *MGMT* and invasion-related E-cadherin gene *CDH1* among others have been recently studied [34, 36]. For instance, Feng et al. examined hypoxia-activated tumor suppressor genes ankyrin repeat and death domain-containing 1A (*ANKDD1A*) both *in vitro* and *in vivo* revealing that GBM-related hypermethylation decreases its regulation of tumor cell metabolism, growth, and death [37]. Moreover, another study showed that hypoxia regulates PAX3, a common gene suggested to function as an oncogene, by inhibiting apoptosis through one of its functions to repress common tumor suppressor, p53 [38]. PAX3 binds to the promoter of p53 and represses its transcription, thus more p53 mutations were shown to be present in high-PAX3 tumor tissues compared with that in low-PAX3 tumors. Furthermore, patient brain tissues showed that PAX3 levels positively correlated with GBM grade. Apart from its role in promoting growth and migration of GSCs, an interesting perspective in this study focused on differentiation of GSCs where hypoxic conditions regulated the PAX3/p53 axis causing de-differentiation into GSC-like cells, supporting the hypothesis of hypoxia-mediated stemness and its potential for microenvironmental targeting. Considerations for therapeutic approaches to DNA methylation and other genetic aberrations have been recently reviewed [39], but overall, these studies highlight potential novel therapeutic targets for future consideration in GBM.

### Cancer-Metabolic Reprogramming

Historically, our understanding is that tumor cells utilize glycolysis as opposed to oxidative phosphorylation, due to mitochondrial dysfunction, known as the Warburg effect [40, 41]. Therefore, many studies focus on glycolytic inhibition in various cancers with some centering around one of the main markers in GBM classification, IDH [42, 43]. In one such study, Abbadi et al. used primary brain tumor-initiating cells derived from human GBM samples treated with 2-deoxyglucose (2DG), a hexokinase inhibitor. This treatment enhanced aggressive phenotype, including stem-like properties, differentiation into astrocytes, migration/invasion, and overall desensitized cells to metabolic inhibition via the up-regulation of glucose-6-phosphatase (G6PC) [44]. Also, in this study, lentiviral shRNA knockdown of G6PC in cells injected in mice showed decreased invasion. Inhibition of lactate dehydrogenase-A (LDH-A), an enzyme that converts

pyruvate to lactate during glycolysis, in GSCs derived from GBM cell lines has also been shown to induce apoptosis and differentiation, hypothesized through decreasing glycolytic rate [45]. These studies further stress that all components involved within the different steps of metabolic pathways can alter intratumoral heterogeneity. These alterations may also be occurring within the cells in the surrounding microenvironment as well.

An interesting paradigm shift through recent studies have shown that intratumoral heterogeneity is composed of both fast-cycling cells, which follow the Warburg effect, and slow-cycling cells that utilize oxidative phosphorylation while leveraging other metabolites, such as fatty acid metabolic precursors, for survival [46, 47]. Slow-cycling cells possess enhanced migratory potential, stemness, proliferation, and treatment resistance compared with fast-cycling cells, especially at high densities [46, 48]. Similarly, another study examining metabolic stress in reprogramming of lipid metabolism, found that exogenous loading of low-density lipoproteins (LDL) in hypoxic conditions *in vitro* resulted in a lipid-loaded phenotype similar to GBM patient tumors in hypoxic regions [49]. LDL-conditioned media from these cells prompted migration, proliferation, and infiltration of macrophages. *In vivo* studies in apolipoprotein E knockout mice on high-fat diets implanted with lipid-loaded GL261 glioma cells showed decreased survival compared with non-lipid-loaded and healthy controls [49]. Overall, these studies underscore the need for future novel therapeutic treatments to consider disparate metabolites and profiles to maximize the sensitivity of treatment to heterogeneous populations and exploration of how biochemical cues can cause a shift in other pathways that may be utilized for cells to continue to survive and escape treatment toxicity.

## Migration and Invasion

GBM invasion and migration, as a defining feature of the disease, is one of the best-characterized interactions of tumor cells with the surrounding microenvironment. Characteristic diffusive infiltration of glioma involves cellular dissemination into healthy features of the brain parenchyma, such as the perivascular space. Recent studies highlight the molecular mediators of interactions between the tumor and parenchymal cells within these niches where infiltration normally occurs. Brain-resident cell types, such as astrocytes and microglia, and infiltrating macrophages alter glioma invasion and migration. For instance, reactive astrocytes aid in tumor survival through secretion of inflammatory cytokine interleukin-6 (IL-6), upregulation of MMP14 protein expression, and subsequent activation of MMP2, thus increasing invasion of glioma invasion and migration [50]. Moreover, microglia and macrophages also have been recently shown to aid in tumor-promoting inflammation by serving as a source of chemokine C-C ligand 5 (CCL5) in the CCL5/CCR5 axis, which has been

linked to glioma invasion [51]. Reactive astrocytes have also been implicated in promoting glioma invasion through expression of gap junction protein, Connexin43 (Cx43), which has been implicated in other cancers [52], and more recently, in coordination with activated microglia in contributing to glioma migration and invasion [53]. Moreover, three-dimensional (3D) models are rapidly replacing or supplementing traditional two-dimensional (2D) models because 3D model systems recapitulate a more physiologically representative tumor microenvironment. Tumor microenvironment cues can differentially affect invasion and migration in 3D versus 2D [54]. Such cues include matrix composition, stiffness, pH, interstitial pressure, and oxygen conditions and changes in these outside of the physiological range can contribute to treatment resistance [15, 55]. Historically, little has been established in regard to pH in GBM; however, recent studies indicate that temozolomide (TMZ), an alkylating agent widely used in GBM treatment regimens, arrests growth of tumors in mice through regulation of extracellular pH [56, 57]. Molecular mechanisms of tumor volume and pH regulation have also been recently reviewed [58], shifting the focus to  $\text{Na}^+/\text{H}^+$  exchangers, specifically sodium-hydrogen exchanger isoform 1 (NHE1). NHE1, overexpressed in many tumors, regulates intracellular pH of tumor cells by extruding  $\text{H}^+$ , making the extracellular pH acidic within a tumor, largely due to cancer-metabolic reprogramming for lactate production as the main energy source. In primary glioma cell lines and patient-derived xenografts, authors showed that NHE1-mediated extrusion of  $\text{H}^+$  maintained the alkaline pH which was countered by TMZ-induced intracellular acidosis leading instead to glioma cell migration. Other studies suggest that acidic stress impacts cell motility and promotes a glioma stem cell phenotype, therefore consideration of how therapeutic treatments impact intracellular and extracellular signals should be fully explored [57, 59]. Moreover, NHE1 can be highly expressed not only by glioma cells but also by tumor-associated microglia and macrophages and, in turn, alter glioma growth, invasion, and migration [60].

Another biophysical cue implicated in cancer is interstitial fluid flow (IFF). Physiologically, IFF is a fluid that moves within the interstitial spaces of tissues. This is important for fluid balance and solute transport in tissues. In the tumor microenvironment, the proliferation of tumor cells, leaky vasculature, and increased ECM accumulation lead to an increased tumoral interstitial pressure. This heightened pressure within the tumor bulk adjacent to normal pressures in the surrounding tissues causes flow towards the healthy tissue [15, 61]. This heightened IFF leads to increased glioma invasion via multiple mechanisms, including CD44-mediated mechanotransduction and the CXCR4/CXCL12 signaling axis. CXCR4 and its ligand CXCL12 are expressed by gliomas and immune cells, including B and T lymphocytes, monocytes, microglia, macrophages, and vascular endothelial cells [15, 62, 63]. It is overexpressed in

many cancers and is attributed to tumor resistance, growth, survival, and recruiting myeloid-derived suppressor cells (MDSCs) and angiogenesis [64]. Convection-enhanced delivery (CED), a therapeutic technique to improve drug distribution, has been shown to promote tumor cell invasion through the CXCR4/CXCL12 signaling axis in an *in vivo* GBM mouse model [65]. Other biophysical forces, such as stiffening of the ECM and adhesion mechanosensing, also have been shown to promote a pro-invasive phenotype [66], particularly through tenascin upregulation within the glycocalyx on glioma cells. Stem-like mesenchymal phenotype was observed as primarily associated with increased molecular crowding of tenascin within the glycocalyx of GBM cells and altered mechanosignaling, potentially aiding in the maintenance of an aggressive and treatment-resistant population of cells [67, 68]. Moreover, ionizing radiation, one of the most common therapeutic treatments of GBM, has been shown to induce a similar tension-mediated mesenchymal shift. The contribution of radiation therapy to recurrence and invasion of glioma [69] along with changes within the GBM-TME has been recently reviewed [70]. One main mechanism that has been associated with the pro-invasive shift in the GBM-TME through radiation is its induction of HA abundance, thus increasing binding to its receptor CD44 and aiding in the signaling pathways that promote mesenchymal phenotype, survival, and invasion post-radiotherapy [71]. Ultimately, these studies highlight how treatments and a tip of the scale slightly away from physiological norms in the GBM-TME can really have a dramatic impact on glioma progression and need to be taken into account with future treatments and consideration.

## Angiogenesis

As the tumor grows, the demand for oxygen and nutrient supply increases. Historical dogma states that when supplies run low, tumor cells secrete factors to endothelial cells to stimulate new blood vessel formation; however, it is becoming apparent that the tumor microenvironment plays its own role in promoting angiogenesis. VEGFR2 blocking has been the primary focus in inhibiting angiogenesis in cancer with approved clinical therapeutics, such as bevacizumab (Avastin) [72]. However, resistance to anti-angiogenic therapies and recurrence is still challenging in the clinic. VEGFR2 blocking using valatinib was performed on GBM mutation-specific modified cell lines for EGFR and p53 to consider mutational status and heterogeneity within GBM and treatment impact. Orthotopic transplantation of GBM tumor cells in mice and *in vitro* cell culture in the presence of valatinib resulted in translocation of VEGFR2 to the nucleus and promoted tumor cell proliferation, invasion, and evasion of apoptosis [23]. The authors stressed an important point that treatments should consider the mutational status of patients to help guide proper treatment since their status could lead to these negative off-

target effects that sustain the tumor. Though VEGFR2 has been the major target of anti-angiogenic therapies, other GBM-TME factors are beginning to surface as potential novel targets. For instance, molecule interacting with CasL (MICAL2), which catalyzes F-actin destabilization, has been recently proposed as an oncoprotein involved in cancer and promotes epithelial to mesenchymal transition and invasion [73]. However, it is upregulated in only tumor-associated neoangiogenic capillaries and not in normal endothelium within the tumor in GBM human tissue samples. The inhibition of MICAL2-abolished TNF- $\alpha$  activation and VEGF stimulation and tumor-associated endothelial cell function [74]. Thus, there are niche-specific effects on cancer hallmark activity that may be key as the field seeks to understand how these different hallmarks can propagate cancer despite targeted therapy and treatment [75]. To highlight this, Talasila et al. recently proposed that angiogenesis and invasion of tumor cells occur in different niches correlative to different metabolic mechanisms. For instance, proneural xenografts displaying an invasive phenotype that were exposed to long-term hypoxia *in vivo* as well as glioma spheroids derived from the xenografts for *in vitro* studies led to a pro-angiogenic phenotype with a high glycolytic profile, indicating the need for models to incorporate the complex mixture of stromal interactions that occur in the tumor microenvironment to fully understand the complexity of pro-angiogenic processes [76].

## Circumventing Immune Destruction and Resisting Cell Death

Another way that the tumor microenvironment can evade tumor destruction is through reprogramming immune cells. GBM can co-opt both resident and infiltrating immune cells through immunosuppression and promote tumor progression, rendering the tumor “cold” instead of “hot,” or eliciting normal pro-inflammatory responses even in the presence of targeted therapy [77]. A major immune cell population associated with this immunosuppression mechanism is myeloid-derived suppressor cells (MDSCs). Currently, the largest challenge is the dismal outlook of current markers to detect and validate MDSCs in humans. In addition, the mechanisms behind immune cell reprogramming in the GBM-TME are obscure. Unfortunately, dexamethasone, an immunosuppressive drug used to reduce local inflammation and edema prior to resection may aid in immunosuppression complicating future tumor treatment. For instance, treatment with dexamethasone suppressed MHC II presentation on infiltrating macrophages and CD33, an associated MDSC marker, indicating how plastic immune cells in the GBM-TME may be [78]. MDSCs have been recently reviewed in depth for cancer and other physiological and pathological states concluding that these cells are an important yet elusive component of the TME [79, 80].

MDSCs are not the only cells in the GBM-TME involved in immunosuppression, as other cell types promote immune reprogramming. For instance, astrocyte-microglia crosstalk has been shown to drive glioma progression via signal transducer and activator of transcription 3 (STAT3) [81], thought to primarily attune the immune system towards a pro-inflammatory state [82]. Pericytes in healthy tissues have been proposed to possess phagocytic activity along with other myeloid cell properties, so their ability to be transformed by GBM cells for immunosuppression is plausible [83]. Tumor-associated pericytes have modulated T cell response aiding in tumor growth both *in vitro* and *in vivo* [84]. Tumor-associated pericyte immunosuppressive ability may be attained through the chaperone-mediated autophagy pathway in GBM tumor cell growth and progression [85]. Outside of cancer-mediated processes, opportunistic infection of cytomegalovirus (CMV) has been historically linked to enhancement of tumor malignancy and hallmarks [86]. CMV has been recently found to infect pericytes and promote their migration and angiogenesis through the pericyte regulator, platelet-derived growth factor D (PDGF-D) in an *in vivo* GBM mouse model [87].

## Engineered and Therapeutic Tools to Study Hallmarks and the GBM-TME

Many advances have been made to better understand how the tumor microenvironment contributes to the hallmarks of cancer in order to sustain tumor survival. Throughout this perspective, we see that these individual hallmarks intersect within the machinery of tumor progression and maintenance, and thus, we need to utilize multifaceted models to better study potential synergies. To address this need, one recent study developed a glioma “tumor microenvironment array platform” (TMAP) to observe temporal, dynamic tumor characteristics within the tumor microenvironment niches, such as hypoxia, drug response heterogeneity within glioma spheroids, and remodeling from the tumor [88]. One topic of interest within development of models is representing the physiological environment to accurately recapitulate the GBM-TME [54]. Specifically, one study to address this incorporated multicellular glioma spheroids in an *in vitro* setting in multiple conditions to mimic physiological representations of the perivascular space and an astrocyte-rich interstitium in 96-well format and compared with invasion *in vivo* [89]. Bioprinting-based models are also very interesting in the context of a novel way to recapitulate functional 3D models for GBM, especially as potential high-throughput point-of-care testing and drug screening [90, 91].

From a therapeutic aspect, these tools are not simply useful for studying the TME, but also in identifying its potential for targeted modulation and future potential treatments. In the past few years, studies have mostly focused on treatments

against tumor-associated microglia and MDSCs as well as T cells in order to reprogram them in glioma, such as checkpoint inhibitor therapy and chimeric antigen receptor (CAR) T cell therapy [51, 92–97]. Interestingly, exploration of both novel techniques and the repurposing of existing therapeutics have come to the forefront of GBM-TME modulation. For example, genetically engineered isolated neural-like stem cells (NLSCs) from the periphery show promise as a potential therapeutic against tumor cells, primarily through their ability to not be co-opted by the tumor microenvironment nor transformed into tumor cells, but be engineered for potential enhanced efficacy of therapeutics [98]. Oncolytic HSV therapy has been shown to inhibit tumor-promoting inflammation [99]. Aspirin has the potential to inhibit angiogenesis [100], peptide-guided magnetic nanoworms possess the capability of being homed to tumor-associated vessels for passive tumor targeting [101], a selective peptide has been recently developed to serve as an antagonist for the CXCR4 receptor [102], and cell-type selective small-molecule treatments that promote apoptosis of GBM stem cells have been developed [103] to name a few advances that are out-of-the-box approaches to target a wide range of contributing factors within the GBM-TME.

## Conclusions

Within this review, we see that undoubtedly, these cancer hallmarks do not occur in isolation and, in fact, are always involved in a dynamic dance contributing to and resulting from one another. This is particularly true within the context of the GBM-TME as an environment full of resident and infiltrating cells that play an active role in tumor progression. Until recently, one of the major residential cellular components of the brain, neurons, had, historically, largely been ignored. For the first time ever, one study indicated that glioma cells form synapses with neurons and, through electrochemical signaling, can reciprocally cause glioma proliferation and neuron stimulation [104]. Studies have also shown that contributing mechanisms could include neuronal secretion of mitogens and the oncogenic hijacking of transcription of neuronal factors can promote GBM progression [105, 106]. One proposed solution to neuronal involvement in glioma progression is differentiation into neurons, which previously was considered [107], and recently revisited [108, 109]. Looking forward, neuronal impact on the GBM-TME may lead to leveraging of novel and repurposed therapeutic targets for treatment. Thinking more broadly, the physiological context of the brain may be important for targeting of the GBM-TME. For example, melatonin, a hormone involved in sleep, may potentially yield multiple advantages shown across studies including inhibition of glioma cell invasion and promotion of anti-tumor immunity, particularly with monocytes, through modulation



of the silent mating-type information regulation 2 homolog (sirtuin 1; SIRT1) pathway leading to increases in glioma patient survival in combination with radiotherapy [110–113]. Similarly, the brain's reward system may apply its positive reinforcement function to promote anti-tumor immune modulation of MDSCs in lung and melanoma models [114]. Leveraging the physiological balance of the brain and all of its processes at the cellular and behavioral level may provide insight on the GBM-TME, thus opening doors to yet unstudied new therapies.

When thinking of studying or identifying targets in the tumor microenvironment, we must note that the cancer field has broadly adopted patient-derived xenografts as a means of testing. Though these models are useful, they are still a human tissue within a murine microenvironment, and we do not yet know how these interactions differ. Thus, for accurate treatment models, personalized models may be more effective in decoupling microenvironmental effects and signaling molecules. It is a lofty task indeed and even though it may be invasive, other native cellular components from the blood and or GBM-TME should be studied as much as possible from individual patients. With 3D bioprinting and cancer-on-a-chip technologies with patient-derived cells within the physiological tumor microenvironment, these models offer a new potential gold standard. Thus, like with other players in the hallmarks of cancer, we should treat elements of the TME as patient-specific and hopefully with this personalized perspective, we can better identify and use treatments against GBM in a holistic context.

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## Compliance with Ethical Standards

**Conflict of Interest** The authors declare that they have no conflict of interest.

**Human and Animal Rights and Informed Consent** No human or animals were used in this manuscript.

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