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Surgical treatment of intraorbital lesions

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Keywords

Orbital tumor, skull base surgery, surgical technique, approach, neuro-oncology

Running title

Intraorbital lesions

1 **Abstract**

2 **Background:** Resection of pure intraorbital tumors is challenging due to immediate vicinity to the
3 optic apparatus. We report our experience with different intraorbital tumors and discuss classic
4 approaches and obstacles.

5 **Methods:** A retrospective case series at a tertiary neurosurgical center of patients who underwent
6 surgery for intraorbital tumors between 06/2007 – 01/2020 was performed.

7 **Results:** We included 34 patients (median age 58, range of 18-87 years, 55.9% [19/34] female,
8 44.1% [15/34] male). Preoperative proptosis was observed in 67.6% (23/34), visual impairment in
9 52.9% (18/34), diplopia in 41.2% (14/34) and ptosis in 38.3% (13/34). Intraconal tumors were
10 found in 58.8% (20/34). Most common lesions were cavernous hemangiomas in 26.5% (9/34) and
11 metastases in 14.7% (5/34). Gross total resection rate was 73.5% (25/34). Planned biopsy was
12 performed in 14.7% (5/34). Median follow-up time was 15.5 months (range 0-113). 23.5% (8/34)
13 underwent a supraorbital approach, 52.9% (18/34) a pterional approach, 14.7% (5/34) a lateral
14 orbitotomy, 5.9% (2/34) a transnasal approach and one patient (2.9%) underwent a combined
15 approach (transnasal/lateral orbitotomy). Excluding planned biopsies, gross total resection was
16 achieved in 80.0% (12/15) with a pterional, 100% (7/7) with a supraorbital approach, 80.0% (4/5)
17 with a lateral orbitotomy, 100% (1/1) via a transnasal and a combined approach, respectively.
18 Complication rate requiring surgical intervention was 11.8 % (4/34).

19 **Conclusion:** Considering the low operative morbidity and satisfying functional outcome, gross
20 total resection of intraorbital lesions is feasible. We support the use of classic transcranial and
21 transorbital approaches. More invasive and complicated approaches were not needed in our series.

22

23 INTRODUCTION

24 Treatment of neoplasms involving the orbit might be challenging as impairment of
25 intraorbital structures can result in an important reduction of quality of life. When planning an
26 optimal surgical treatment strategy, one has to take various factors into account. Primary lesions,
27 originating from orbital structures have to be distinguished from secondary lesions penetrating into
28 the orbit and metastatic neoplasm¹. Tumors can be intra-, extraconal or intracanalicular depending
29 on the location according to the muscle cone and the optic canal². About two thirds of orbital
30 neoplasms are benign with higher incidences of malignant tumors in elderly patients^{2,3}.

31 To access intraorbital lesions, two major approaches exist, with various extensions and
32 technical nuances: the transorbital and the extraorbital approach (including classical skull base
33 approaches such as pterional or supraorbital)^{2, 4-8}. More recently, the transnasal endoscopic
34 technique allows exposure of the orbit in selected cases. Sometimes, combined approaches are
35 required.

36 In this manuscript we present outcome and adverse events in a large contemporary cohort
37 of primary intraorbital lesions and discuss surgical advantages and disadvantages of transorbital,
38 extraorbital and transnasal endoscopic approaches.

40 MATERIAL AND METHODS

41 Study design and outcome parameters

42 We performed an observational retrospective single-center case series study. Patients who
43 underwent surgery for intraorbital tumors between June 2007 and January 2020 were included.
44 The clinical records of patients were analyzed according to surgical approach, pre- and
45 postoperative neurological and ophthalmological status, Karnofsky Performance Status Scale
46 (KPSS) and adverse events during follow up visits. Extent of resection was determined by pre-
47 and postoperative T1 ± contrast agent 3.0 T MRI sequences.

49 Statistics

50 Statistical analysis was performed using the software STATA (version 13.1, 2011,
51 StataCorp, College Station, Texas, USA). Normal distribution was assumed according to the
52 central limit theorem. Data in text and graphs are shown as median (mdn.) with interquartile range

53 (IQR) or mean \pm standard deviation (SD). A p value $\leq .05$ was considered significant and indicated
54 by “*”, p values $\leq .01$ were indicated by “**”, and values $\leq .001$ by “***”.

55

56 Ethics approval

57 The local ethics committee of the Technical University Munich, School of Medicine
58 (231/20 S-EB) (Ethikkommission der Fakultät für Medizin der Technischen Universität
59 München), approved our study. We conducted it in accordance with the ethical standards of the
60 1964 Declaration of Helsinki and its later amendments ⁹.

61 The requirement for written informed consent was waived by the ethics committee
62 (Ethikkommission der Fakultät für Medizin der Technischen Universität München).

63

64 Surgical approaches

65 *Transcranial extraorbital approaches*

66 This group consisted of pterional, frontolateral, and the smaller supraorbital approaches
67 (Fig. 1). These “workhorses” approaches have been published and trended over recent years¹⁰⁻¹³.
68 We use either a myocutaneous flap or a subfascial dissection to preserve frontal facial branches.
69 A commonly known craniotomy is performed. The sphenoid wing is partially drilled to expose the
70 frontal and temporal dura. An orbital osteotomy and excision of the adjacent orbital roof are
71 performed if frontal lobe retraction is required; otherwise, the orbital rim can be left intact. The
72 superior orbital fissure is opened and the orbital roof resected to expose the periorbita. The amount
73 of bone removal depends on the tumor location. Extradural optic canal decompression may be
74 performed for intracanalicular lesions. In most cases, the tumor can be separated from
75 neuromuscular structures in the periorbital fat. If the osseous orbital defect is large, titanium mesh
76 is used to prevent postoperative enophthalmos.

77 For the more minimal invasive supraorbital approach^{10, 14, 15}, an eyebrow incision is
78 performed. The supraorbital nerve must be detected; it defines the medial edge of the incision and
79 the craniotomy. The fat pad and muscle are reflected posteriorly. The supraorbital rim is exposed.
80 A single burr hole is made on or medial to the keyhole. Navigation may be used to avoid opening
81 of the frontal sinus. In case of intradural resection, the dura is opened in a U-shaped fashion based
82 on the orbital rim. The frontal lobes may be mobilized away from the cranial base using appropriate

83 techniques such as opening of the optico-carotid cisterns by splitting the anterior Sylvian fissure,
84 dissecting the optico-carotid arachnoid membranes and releasing cerebrospinal fluid.

85

86 *Lateral orbitotomy*

87 In our series, we did perform a lateral orbitotomy if indicated. Tumors that involve the
88 lateral orbit, orbital apex, middle fossa, and cavernous sinus can be operated via this technique^{5, 6,}
89 ¹⁶⁻¹⁸. A curvilinear skin incision is made, beginning in the lateral upper brow, extending to the mid-
90 lateral orbit, and then posterior for about 3 cm from the lateral canthus. The lateral canthus is
91 removed by blunt and sharp dissection. The orbital rim is removed and the lateral orbital wall
92 drilled down. The periorbita is opened and the tumor exposed. The exposure can be extended
93 posteriorly all the way to the orbital apex. A traction suture can be placed under the lateral rectus
94 muscle distally to identify the muscle more easily under the periorbita. A periorbital incision is
95 made, avoiding the lateral rectus muscle. When the tumor is identified, it is dissected using sharp
96 and blunt microsurgical techniques.

97 (Fig. 2).

98

99 *Endoscopic transnasal approach*

100 The transnasal endoscopic approach is possible for intraconal lesions located inferiorly and
101 medially to the optic nerve. Tumor manipulation must be carried out very carefully, as full control
102 is not given due to limited exposure. After sphenoidectomy, a maxillary antrostomy is
103 performed to expose the floor of the orbit (Fig. 3). The middle turbinate is resected, and medial
104 maxillectomy after swinging of the inferior turbinate can be performed to completely expose the
105 inferior and medial orbit. The medial part of the lamina papyracea and the floor of the orbit are
106 removed¹⁹⁻²¹ (Fig. 4). Afterward, the periorbita is sharply opened. For intraconal lesions located
107 inferiorly and medially, the dissection corridor is between the medial and inferior rectus muscles.
108 These muscles should be identified.

109

110 **RESULTS**

111 *Patient population*

112 34 patients underwent resection for primary intraorbital lesions and were analyzed. (*patient*
113 *characteristics see Table 1*).

114 Postoperative outcome

115 Median follow-up time was 15.5 [0-113] months. Surgery-related mortality was 0%.
116 (*Detailed postoperative outcome see Table 2*).

117 One patient with a solitary fibrous tumor underwent a combined technique including a
118 transnasal approach and a lateral orbitotomy. Excluding planned biopsies, GTR was achieved in
119 80.0% (12/15) with a pterional approach, 100% (7/7) with a supraorbital approach, 80.0% (4/5)
120 with a lateral orbitotomy, 100% (1/1) via a transnasal approach and a combined approach,
121 respectively. Prior to surgery, 52.9% (18/34) had visual impairment and 11.8% (4/34) had
122 amaurosis of the affected eye. Vision improved in 41.2% (14/34) after surgery. One of four patients
123 suffering from amaurosis improved. Only one patient without preoperative visual deficit
124 deteriorated after surgery.

125 Total adverse event rate requiring surgical intervention was 11.8%, with none of these
126 patients experiencing a permanent neuro-ophthalmological deficit. One patient (2.9%) operated
127 through a frontolateral approach for a metastasis developed a symptomatic epidural hematoma,
128 5.9% (2/34) developed a postoperative abscess, and one patient (2.9%) needed revision due to
129 massive postoperative proptosis and amaurosis caused by postoperative hemorrhage via
130 orbitotomy.

131

132 **DISCUSSION**

133 Extent of resection, clinical and neuro-ophthalmological outcome

134 In the present series, good clinical outcome and high rates of GTR (73.5%) or STR (11.8%)
135 were achieved using straight forward extra- or transorbital approaches. These results are in line
136 with comparable cohorts ^{10, 15, 17, 18, 22}. Our numbers are in line with the prior reports, considering
137 that comparison of these individual orbital lesions can be difficult. Hassler et al. reported no
138 postoperative deficits in treatment of 58 vascular lesions with 44 cases of cavernous
139 malformations, in which they advocated early surgical treatment to avoid neuroophthalmological
140 deficits in further course ¹⁵. In another series, they could achieve GTR in all of 19 cases using
141 tailored extraorbital approaches. Interestingly, Hejazi and Hassler compared clinicopathological
142 and radiological findings of orbital and cerebral cavernous malformations. In contrast to the
143 cerebral ones, orbital cavernous malformations showed non-degenerated well-developed vessel
144 walls and were covered by a hard and compact capsule ¹⁷.

145 Visual complications in our series were few and neuro-ophthalmological outcome
146 excellent. Postoperative visual improvement occurred in 41.2% (14/34), also in one of the four
147 patients with preoperative amaurosis. Our findings suggest GTR via classic approaches in order to
148 remain and improve visual outcome. Sing et al. could prospectively show the preoperative impact
149 on visual function of orbital tumors and the relevance of surgical resection in their prospective
150 study²³. As good neuro-ophthalmological outcome with GTR can be achieved and deterioration
151 is rare, we advocate a surgical strategy to prevent neural injury especially in cavernous
152 hemangiomas and other benign intraorbital lesions, as previously described^{15, 17, 23}.

153

154 Choosing a suitable approach

155 Treatment strategy for orbital tumors should always respect the individual's anatomy,
156 clinical presentation, and the patient's baseline characteristics. To facilitate the choice of an
157 appropriate approach, the main decision the surgeon has to make is whether to approach the lesion
158 via an extra- or transorbital approach. Anterior lesions can be targeted via a transorbital approach,
159 while lesions of the posterior third of the orbit are well managed through extraorbital approaches²,
160 ^{5, 6}. Size of the tumor, goal of the surgery (biopsy, optic decompression, GTR), and the
161 characteristics of the tumor must be considered when choosing the right technique. Extraorbital
162 approaches enable superior visualization of intraorbital tumors through the orbit roof and its lateral
163 wall²⁴. Lateral located intraconal lesions can be feasible targeted by a lateral orbitotomy. Lesions
164 located more inferiorly, for example, could be targeted by a transconjunctival approach whereas
165 involvement of the optic canal, orbital apex and superior orbital fissure may be operated by an
166 extraorbital approach. Superior medial, intraconal lesions can be approached supraorbitally²⁵. As
167 we focused on pure intraorbital tumors, no greater variations of the classic workhorse approaches
168 were necessary.

169

170 *Transcranial extraorbital approaches*

171 The pterional/frontolateral approach is the classic workhorse approach proposed by
172 Dandy²⁶ in 1922, with later further refinements and modifications²⁷⁻³¹. One advantage of this
173 approach is the satisfactory view of the superior and lateral aspects of the posterior orbit, the optic
174 canal, the superior orbital fissure, and a panoramic view of the orbital apex. No other orbito-cranial
175 approaches provide such exposure. By focusing on the Sylvian fissure and providing access to the

176 sphenoid ridge, cranio-orbital lesions with intradural invasion can also be feasibly targeted. The
177 exposure is primarily achieved by removing the sphenoid wing to expose the superior orbital
178 fissure as well as the posterior and lateral orbit. In the present cohort, postoperative visual
179 improvement occurred in 41.2% of cases. In particular, tumorous involvement of the orbit/optic
180 structures emphasizes the advantage of the posterior view by this approach. Optic canal
181 decompression intra- or extradurally can be performed if necessary^{32, 33}. As a minimized
182 modification, the keyhole concept was first advocated and described by Perneczky et al.³¹ in 1998.
183 Further authors reported feasibility of that approach³⁴. Hassler et al. showed satisfactory results
184 with the extradural supraorbital approach in 20 patients with no cosmetic issues, size of craniotomy
185 was no relevant limitation¹⁰. Prior reports also advocate these extraorbital techniques in case of
186 extraorbital tumor growth^{13, 15, 18}. Tumors medial and basal to the optic nerve should not be
187 operated on via these approaches. Tumors of the superior orbital fissure and the cavernous sinus
188 are best approached extradurally.

189

190 *Transorbital approaches*

191 The lateral orbitotomy is an indispensable approach for resection of orbital tumors and
192 accessing vascular pathologies. Krönlein first described the lateral orbitotomy in 1889 for exposure
193 of the temporal orbital compartment³⁵. Intraconal tumors located dorsally, basally, and laterally to
194 the optic nerve can be easily targeted by this technique^{31, 36, 37}. In a series of 85 cases of
195 hemangiomas, resected via lateral orbitotomy in 71 cases, the approach turned out to be
196 efficacious, with only three patients experiencing postoperative visual impairment³⁸. Schick and
197 Hassler reported successful treatment of orbital lymphomas in 15 cases with no complications
198 using a lateral orbitotomy¹⁸. Several modifications have been proposed, such as the Berke-Reese
199 approach, with a more direct access to the orbit through a smaller, straight, horizontal cut made
200 lateral to the orbit, or the Stallard-Wright lateral orbitotomy, avoiding the lateral canthotomy
201 through a curvilinear incision beginning above the eyebrow and moving downward aslant into the
202 temporal area^{39, 40}. Lateral orbitotomies through upper lid crease incisions with limited canthotomy
203 to minimize cosmetic complications are performed as well. Tumors of the orbital apex or located
204 medial to the optic nerve should not be operated on via this approach²⁵. Maroon and Kennerdell
205 described an anterior medial orbitotomy recommended for biopsies and the removal of tumors of
206 the medial intraconal space⁴¹. With their techniques it is still necessary to sever the medial rectus

207 muscle close to its insertion site to achieve enough ocular bulb motility for lateral retraction. In
208 contrast, Hassler presented a microneurosurgical transconjunctival approach for the removal of
209 retrobulbar intraconal cavernoma advocating for the removal of cavernomas located in the basal,
210 inferomedial, and lateral aspect of the orbit^{25, 42}. Further reports showed satisfactory results with
211 that technique, which, if unexperienced, is to be performed interdisciplinary^{18, 25}. However, this
212 approach obviates the need for bone resection and subsequent reconstruction, making it a less
213 traumatic approach with no visible scar. Nevertheless, the transconjunctival approach is not
214 indicated for larger-sized tumors because of the limited surgical corridor. In our series, we did not
215 have the necessity to perform an anterior transorbital approach as tumor locations allowed as to
216 perform our more well-experienced techniques. An interdisciplinary procedure was not necessary
217 as well. Further modifications and alternatives such as the total lateral orbitotomy or the medial
218 micro-orbitotomy have been described in detail³¹.

219

220 *Endoscopic transnasal approaches*

221 Endoscopic approaches were only used in three cases: In one case of highly suspected
222 lymphoma, a biopsy was performed endoscopically; in another case, endoscopic resection was
223 paused and switched to a transorbital approach as the tumor (solid fibrous tumor) turned out to be
224 inaccessible and unfavorable for endoscopy. Successful endoscopic resection was performed in
225 one case with optimized tumor position close to the lamina papyracea located inferiorly and
226 medially.

227 However, we do not use endoscopic approaches regularly for orbital tumors, as the
228 limitations, disadvantages, and higher morbidity outweigh the benefits^{19, 20}. The endoscopic
229 technique involves a few limitations, such as the steep angle required to reach the lateral orbit, the
230 lack of binocular vision, and the subsequent lack of depth perception. One of the major
231 complications of using this approach is cerebrospinal fluid leak.

232 To sum it up, the evolution to fewer distressing procedures for the removal of pure
233 intraorbital tumors is going on since the important notes and results beginning from Dandy to
234 Hassler, Margalit and further authors^{2, 42, 43}. Nowadays, the surgical technique can be tailored
235 according to the individual tumor localization, thanks to high resolution imaging. Most of the
236 orbit's regions or quadrants can be reached and overseen with different, safe operative approaches,
237 avoiding sacrifice of the orbital contents. Based on our results we think that, only if the tumor is

238 extensively invading extraorbital structures of periorbital anatomy or the anatomy is grossly
239 altered, extra- or transorbital approaches might need to be extended or further modification. The
240 transnasal endoscopic technique is a simple and suitable option for planned biopsies of
241 inferomedial lesions or in combination with other approaches in case of a tailored approach in
242 large tumor masses. Nowadays, with superior preoperative visualization due to high resolution
243 imaging, a valid choice of approach can be made during presurgical planning. Most of the orbit's
244 regions can be reached and overseen with different, yet standard approaches, avoiding risk to the
245 orbital structures. There is not a superior or „one fits all“ approach to primary orbital lesions, yet,
246 based on our series, we think a „few fit most“ concept of using standard approaches allows a very
247 good outcome with high learning curve in the majority of cases. With this concept of
248 standardization, we believe, more neurosurgical colleagues can provide good care of patients with
249 these rare lesions.

250

251 *Histopathological considerations*

252 Analogue to our series, orbital cavernous hemangioma is the most common orbital tumor
253 in adults and appears as a well-defined intraconal mass (Fig. 5). McNab et al. analyzed anatomical
254 locations of those lesions in 104 patients and could show that they tend to occur in the intraconal
255 space (87%) and lateral to the optic nerve (47%)⁴⁴. A further study of cavernous hemangiomas in
256 39 patients by Rootman et al. showed that 33% of patients presented with optic nerve dysfunction.
257 They also showed that 75% of the lesions were situated in the intraconal space, with optic nerve
258 compression in 54%⁴⁵. Kloos et al. reported four cases of apical pear-shaped cavernous
259 hemangiomas partially removed leading to postoperative hemorrhage and visual loss⁴⁶. By
260 performing transcranial techniques and achieving GTR, such complications may be reduced. As
261 mentioned before, the preferred approach and techniques depends mainly on the location.

262 Several series in the past two decades have shown an increased prevalence in the number
263 of orbital metastases compared to earlier studies⁴⁷. We experienced such lesions in 14.7% being
264 the second largest histopathological entity in our series. The clinical presentation may vary, but
265 the onset tends to be short and progressive early⁴⁸. However, the appearance of an orbital
266 metastasis is not always characteristic independent of the histological type, since it may present as
267 a well-defined mass, a diffuse lesion in the intra- or extraconal space or may inducing hypo- or
268 hyperostosis^{47, 49}.

269 Orbital solitary fibrous tumor, a rare spindle cell tumor, may present as a well-defined intra-
270 or extraconal mass mimicking cavernous hemangiomas, schwannomas, meningiomas or fibrous
271 histiocytoma. Immunohistochemistry is the major diagnostic tool to differentiate it from
272 aggressive hemangiopericytoma⁴⁴. Le et al. reported four cases of orbital solitary fibrous tumor
273 without recurrence after GTR indicating the importance of surgical treatment⁵⁰.

274 Regarding inflammatory and malignant lesions, another analysis showed that malignant
275 neoplasms of the eye socket occurred in 24% whereas inflammatory lesions occurred in 4%⁵¹, we
276 detected inflammatory lesions in 5.9%. Interestingly, in Caucasian populations, the percentage of
277 patients with malignant lymphoma is 5–15%, whereby in the elderly population that percentage
278 increases up to 24%^{52,53}. In further studies of Liu et al. and Shields et al. concerning orbital tumors,
279 non-malignant tumors occurred most frequently, in line with our findings^{52,54}.

280 Optic nerve sheath meningiomas represent a challenging subgroup of tumors. Surgical
281 resection is indicated to prevent intracranial spreading and invasion to the contralateral optic nerve.
282 Loss of vision after resection of such a meningioma is almost a rule due to the ischemic injury to
283 the nerve for interruption of pial vessels incorporated into the growth pattern of those lesions. In
284 rare instances, however, preservation of vision or even vision improvement after resection have
285 been reported^{55,56}.

286 287 *Study Limitations*

288 As this was a retrospective case series, it was not possible to determine causalities with
289 respect to clinical outcome. Nevertheless, we implemented detailed clinical examination, including
290 scores on functional performance, and a standardized follow-up protocol based on a certified
291 neuro-oncological board into our clinical workflow. By focusing on mainly pure intraorbital
292 lesions (primary and metastatic), we aimed to avoid case heterogeneity—with a slight reduction
293 of sample size. Of course, heterogeneity of pathology is not negligible, but due to focusing on the
294 surgical techniques and approaches, we decided to not exclude certain entities.

295 296 **CONCLUSIONS**

297 Considering the low operative morbidity and satisfying functional outcome, complete resection of
298 intraorbital lesions is safe and feasible. GTR is advocated maintaining neuro-ophthalmological
299 functionality by choosing the right and tailored approach. Lateral orbitotomy is advocated for

300 lateral intraconal located lesions, a transconjunctival approach may be considered for medial,
301 basal, extra and intraconal lesions, whereas a transnasal endoscopic approach can be discussed
302 alternatively. An extraorbital pterional/frontolateral approach should be prepared in case of
303 intracranial involvement or tumor location in the apex and the optic canal. In addition, tumors of
304 the superior orbital fissure are candidates for a supraorbital approach. Very good outcome can be
305 achieved using few standard approaches according to patient's individual anatomy.

306

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309

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313

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- 444

mdn. age (years)	58	[18-87]
Sex	female	19 (55.9%)
	male	15 (44.1%)
mdn. preoperative KPSS (%)	90	[70-100]
Preoperative deficits		
Proptosis	23	(67.6%)
Visual affection	18	(52.9%)
Amaurosis	4	(11.8%)
Diplopia	14	(41.2%)
Ptosis	13	(38.3%)
Headache	8	(23.5%)
Oculomotor nerve palsy	9	(26.5%)
Trochlear nerve palsy	1	(2.9%)
Abducens nerve palsy	3	(8.8%)
Histopathology		
Meningioma WHO grade I	2	(5.9%)
Metastasis	5	(14.7%)
Cavernous hemangioma	11	(32.4%)
Schwannoma WHO grade I	2	(5.9%)
Inflammatory lesion	2	(5.9%)
Other ^{*)}	12	(35.3%)
	<i>1 case per entity</i>	(2.9%)
Intraconal	20	(58.8%)
Extraconal	14	(41.2%)
Approach		
Supraorbital keyhole	8	(23.5%)
Pterional/frontolateral	18	(52.9%)
Lateral orbitotomy	5	(14.7%)
Transnasal endoscopic	2	(5.9%)
Combined approach (transnasal + lat. orbitotomy)	1	(2.9%)
total	34	

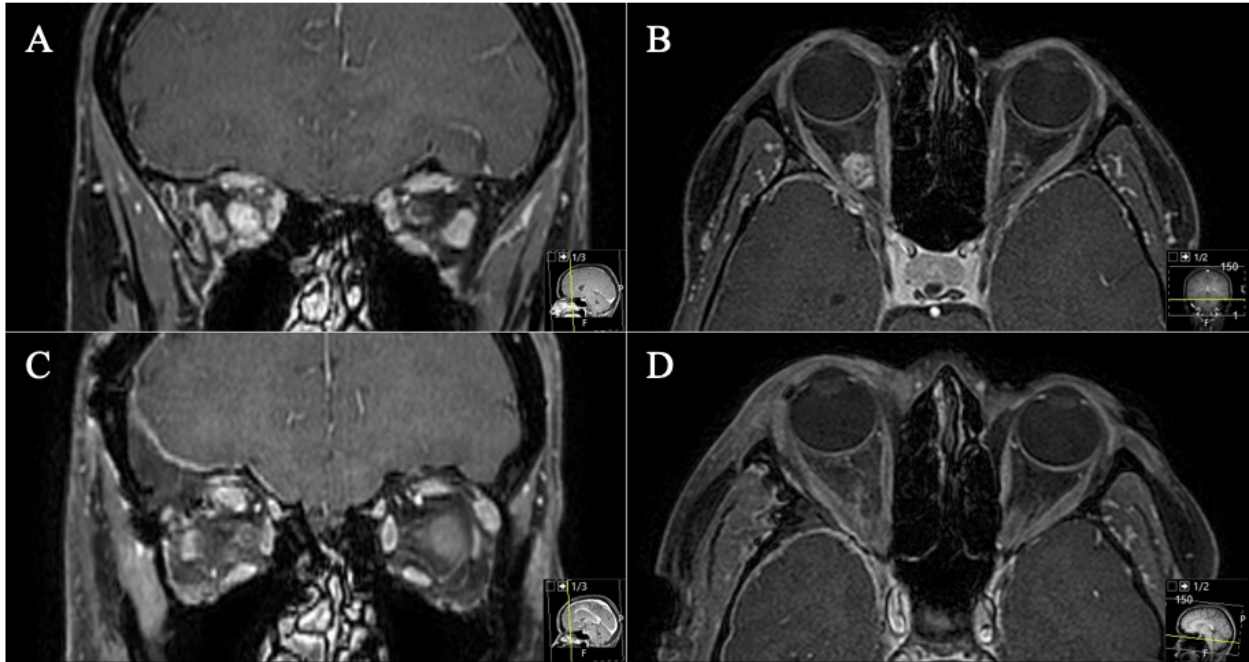
Table 1: Demographics, clinical presentation, histopathology anatomical localization and surgical approach. ^{*)} pathologic entity “other” (one each): Aspergilloma, cholesterol granuloma, fibrosis, Langerhans Cell Histiocytosis, leiomyosarcoma, lymphangioma, lymphoma, neurofibroma, pleomorphic adenoma, solid fibrous tumor, cylindrical cell

carcinoma. Data shown as n = number (%). Mdn. = median [interquartile range]. KPSS = Karnofsky Performance Status Scale.

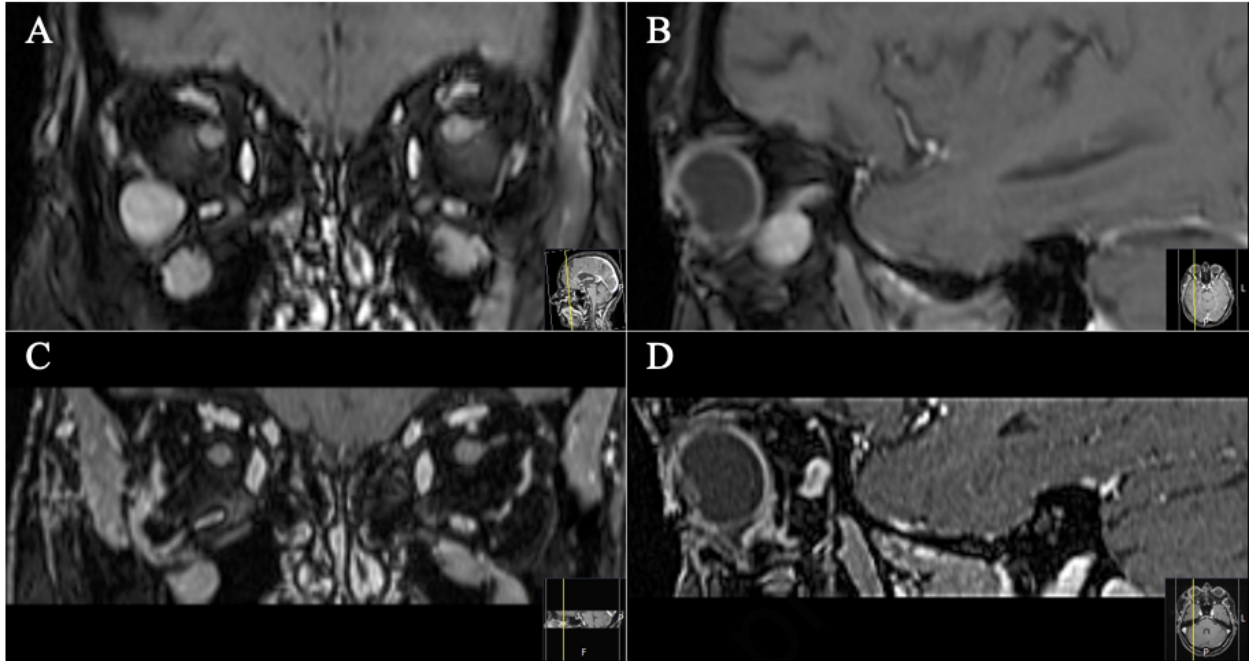
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Extent of resection		
GTR	25	(73.5%)
STR	4	(11.8%)
Biopsy only	5	(14.7%)
Postoperative outcome		
KPSS	90	(70-100%)
Follow-Up (months)	15.5	(0-113)
Proptosis	4	(11.8%)
Ptosis	4	(11.8%)
Enophthalmos	1	(2.9%)
Corneal arrosion	1	(2.9%)
Oculomotor nerve palsy	5	(14.7%)
Trochlear nerve palsy	2	(5.9%)
Abducens nerve palsy	4	(11.8%)
Visual improvement	14	(41.2%)
Visual decline	1	(2.9%)
Adverse events (necessitating surgical intervention)	4	(11.8%)
Epidural hematoma	1	(2.9%)
Abscess	2	(5.9%)
Intraorbital hemorrhage	1	(2.9%)
total	n = 34	

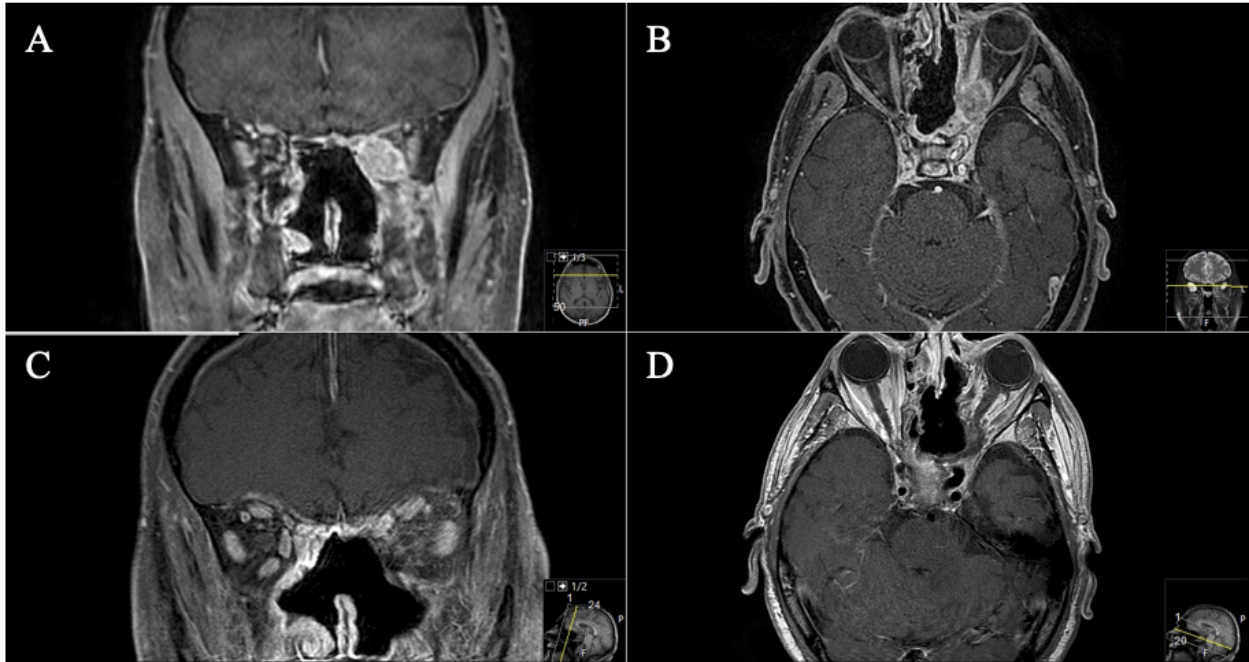
Table 2: Postoperative outcome. Data shown as n = number (%). Mdn. = median [interquartile range]. GTR=gross total resection, STR=subtotal resection, KPSS= Karnofsky performance status scale



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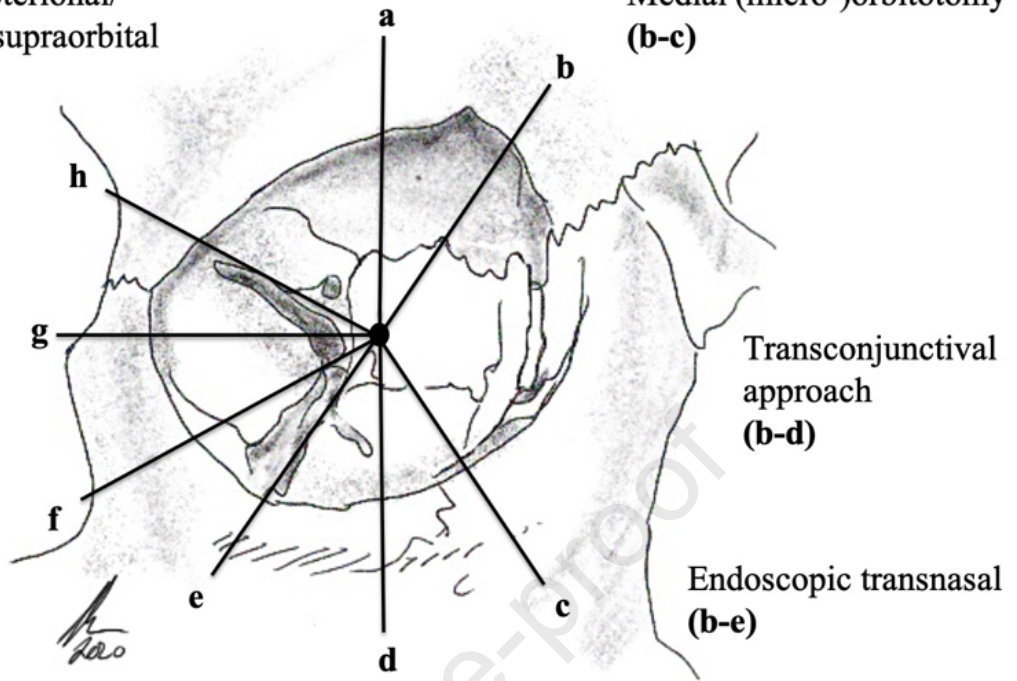
Extraorbital pterional/
frontolateral/supraorbital
(g-b)

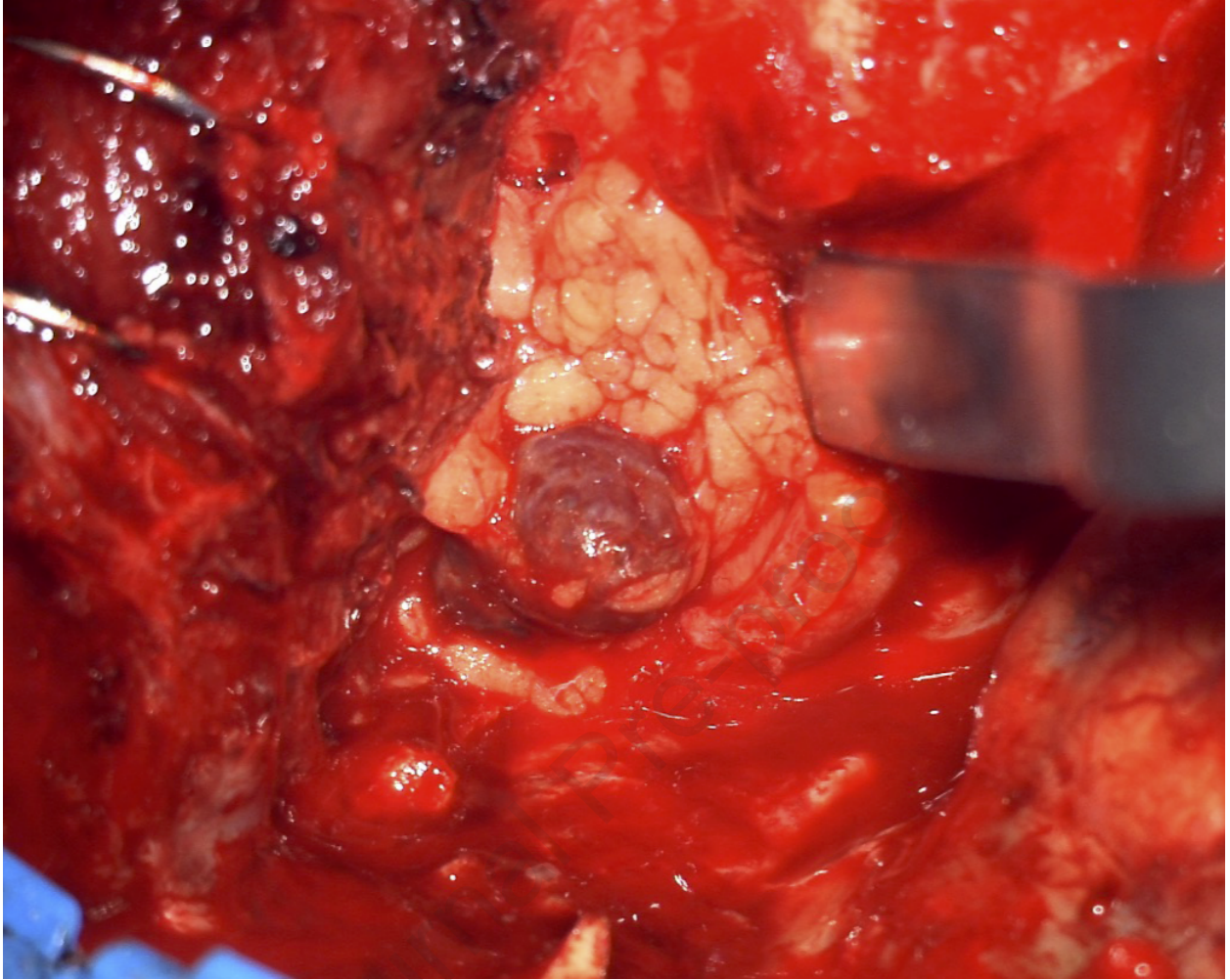
Medial (micro-)orbitotomy
(b-c)

Lateral
orbitotomy
(f-h)

Transconjunctival
approach
(b-d)

Additionally
zygomatic osteotomy
(d-f)





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FIGURE CAPTIONS

- Fig. 1:** A 32-year-old female patient presented with intermittent right visual impairment and oculomotor nerve palsy for several weeks. **A** Preoperative coronal and **B** axial T1-weighted gadolinium-enhanced MRI showing a space-occupying intraconal tumor with displacement of the optic nerve. **C** Postoperative coronal and **D** axial MRI control indicating complete resection via a pterional approach. Postoperatively, the patient did recover from the visual decline; the incomplete oculomotor nerve palsy remained but improved as well. Intraoperative and histopathological findings revealed a cavernous hemangioma.
- Fig. 2:** A 74-year-old female patient presented with progressive proptosis and new visual field deficits. The lesion had already been known for six years, and annual clinical and imaging controls had been performed since then. **A** Preoperative coronal and **B** axial T1-weighted gadolinium-enhanced MRI showing a right orbital extraconal tumor. **C** Postoperative coronal and **D** axial MRI control indicating GTR via a lateral orbitotomy. Postoperatively, the patient recovered from the visual field deficits and proptosis. Intraoperative and histopathological findings revealed a schwannoma WHO grade I.
- Fig. 3:** A 78-year-old male patient presented with proptosis and rapid visual decline on the left side. Prior to admission, a transnasal biopsy was performed by otorhinolaryngologists, which revealed a cylindrical cell carcinoma. **A** Preoperative coronal and **B** axial T1-weighted gadolinium-enhanced MRI showing an irregularly enhancing left orbital intraconal lesion with vicinity to the cavernous sinus. **C** Postoperative coronal and **D** axial MRI control indicating GTR via transnasal endoscopic medial maxillectomy. Postoperatively, the patient recovered rapidly from visual decline but developed a permanent ptosis. Due to tumor adherence and narrow working space, more manipulation was necessary. Postoperatively, space-occupying hemorrhage occurred, possibly causing partial oculomotor nerve injury.
- Fig. 4:** Illustration demonstrating how extraorbital, transorbital and transnasal approaches provide complete access to the orbit.
- Fig. 5** Intraoperative exposure of an intraorbital cavernous hemangioma located laterally in the intraorbital fat. A frontolateral approach was performed.

Authors' contributions

Conceptualization: Amir Kaywan Aftahy

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Formal analysis and investigation: Amir Kaywan Aftahy, Philipp Krauss

Writing - original draft preparation: Amir Kaywan Aftahy

Writing - review and editing: Melanie Barz, Arthur Wagner, Philipp Krauss, Chiara Negwer, Bernhard Meyer, Jens Gempt

Supervision: Chiara Negwer, Bernhard Meyer, Jens Gempt

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GTR	gross total resection
IQR	interquartile range
KPSS	Karnofsky Performance Status Scale
Mdn	median
SD	standard deviation
STR	subtotal resection

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Conflicts of interest

Jens Gempt (JG) and Bernhard Meyer (BM) work as consultants for Brainlab (Brainlab AG, Feldkirchen).

In addition, BM works as a consultant for Medtronic, Spineart, Icotec, Relievant and Depuy/Synthes. In these firms, BM acts as a member of the advisory board. Furthermore, BM reports a financial relationship with Medtronic, Ulrich Medical, Brainlab, Spineart, Icotec, Relievant and Depuy/Synthes. He received personal fees and research grants for clinical studies from Medtronic, Ulrich Medical, Brainlab, Icotec and Relievant. All this happened independently of the submitted work. BM holds the royalties/patent for Spineart.

All named potential conflicts of interest are unrelated to this study.

There are no further conflicts of interest regarding the other authors.