# Oncologist<sup>®</sup>

# TEMOBIC: Phase II Trial of Neoadjuvant Chemotherapy for Unresectable Anaplastic Gliomas: An ANOCEF Study

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Key Words. Chemotherapy • Glioma • ANOCEF • TEMOBIC • Phase II

#### TRIAL INFORMATION \_\_\_\_

- ClinicalTrials.gov Identifier: NCT04755023
- Sponsor: ANOCEF

- Principal Investigator: Olivier Chinot
- IRB Approved: Yes

#### LESSONS LEARNED \_\_

- Treatment with temozolomide and BCNU was associated with substantial response and survival rates for patients with unresectable anaplastic glioma, suggesting potential therapeutic alternative for these patients.
- The optimal treatment for unresectable large anaplastic gliomas remains debated.

#### **Abstract**

**Background.** The optimal treatment for unresectable large anaplastic gliomas remains debated.

**Methods.** Adult patients with histologically proven unresectable anaplastic oligodendroglioma or mixed gliomas (WHO2007) were eligible. Treatment consisted of BCNU (150 mg/m<sup>2</sup>) and temozolomide (110 mg/m<sup>2</sup> for 5 days) every 6 weeks for 6 cycles before radiotherapy.

**Results.** Between December 2005 and December 2009, 55 patients (median age of 53.1 years; range: 20.5–70.2) were included. Forty percent of patients presented with wild-type *IDH1* gliomas and 30% presented with methylated *MGMT* promoter. Median progression-free survival (PFS),

centralized PFS, and overall survival (OS) were 16.6 (95% CI: 12.8-20.3), 15.4 (95% CI:10.0-20.8), and 25.4 (95% CI: 17.5-33.2) months, respectively. Complete and partial responses under chemotherapy were observed for 28.3% and 17% of patients, respectively. Radiotherapy completion was achieved for 75% of patients. Preservation of functional status and self-care capability (KPS  $\geq$ 70) were preserved until disease progression for 69% of patients. Grade  $\geq$ 3 toxicities were reported for 52% of patients, and 3 deaths were related to treatment. By multivariate analyses including age and KPS, *IDH mutation* was associated with better

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prognostic for both PFS and OS while *MGMT* promoteur methylation was associated with better OS.

**Conclusion.** The association of BCNU and temozolomide upfront is active for patients with unresectable anaplastic gliomas, but toxicity limits its use. **The Oncologist** 2021;9999:••

#### DISCUSSION

Our study found that the neoadjuvant use of a double alkylating agent combination (BCNU and temozolomide) is feasible and associated with interesting response rates and radiotherapy completion rate in this unresectable population. Half of patients responded to chemotherapy, both by investigator evaluation and blinded neuro-radiological centralized review (Table 1). Notably, we observed a high complete response rate of 28% (including 3 patients with IDH1wt), which compared favorably with the other CR rate for unresectable anaplastic gliomas. Moreover, 75% of patients were able to complete radiotherapy, suggesting that this neo-adjuvant treatment did not impair radiotherapy opportunity. On the contrary, our results suggest that neoadjuvant chemotherapy could allow some patients to benefit from irradiation despite large tumors initially not amenable to radiotherapy. We also observed encouraging median progression-free survival (PFS) and overall survival (OS) (Figure 1), considering that half of the patients presented with IDH wide-type glioma, which confers a poor prognosis. Interestingly, this combination allowed the preservation of functional status and self-care capability with autonomy preservation (KPS  $\geq$ 70) until disease progression for more than two thirds of t patients, reflecting an important component of quality of life for patients with brain tumors. The main toxicities of this combination were hematological, as expected regarding the toxicity profiles of these drugs. Adverse events were manageable, mainly with dose adaptation and hematological support. The occurrence of secondary leukemia or pulmonary fibrosis was already reported for the use of BCNU and temozolomide alone, requiring a close management and follow up of patients. Finally, we showed that IDH mutation and MGMT promoter status were significantly associated with patient prognosis after multivariate adjustment. The validation of these results in the population of patients with unresectable gliomas is very interesting, allowing the potential use of these markers for patient stratification in the next clinical trials dedicated to neoadjuvant treatment of anaplastic unresectable gliomas.

#### **TRIAL INFORMATION**

Disease	Brain cancer – primary
Stage of disease / treatment	Neo-adjuvant
Prior Therapy	None
Type of study	Phase II, Single arm
Primary Endpoint	Overall Response Rate
Secondary Endpoints	Progression-Free Survival, Overall Survival, Safety, Other, Cen- tralized neuro-radiological response rate, Functional status dur- ing treatment, Predictive value of IDH and MGMT alterations
Additional Details of Endpoints or Study Design	Patients aged $\geq$ 18 years with unresectable, newly diagnosed, histologically proven anaplastic oligodendroglioma or oligoastrocytoma (WHO 2007) were enrolled. For inclusion, prior surgery was limited to biopsy or partial surgery and Karnofsky Performance Status (KPS) of $\geq$ 50 with stable or decreased dose of steroids during the 15 days before inclusion. Key exclusion criteria included non-measurable tumor, prior chemotherapy and/or radiotherapy, any severe or uncontrolled systemic disease or biological abnormalities, pregnancy or breast feeding, and co-existing malignancies. The combination therapy of temozolomide (TMZ) and BCNU was administered up to 6 consecutive cycles before radiotherapy, or until disease progression, unacceptable toxicity, or withdrawal of consent. In case of progression, radiotherapy was administered without delay. Dose modifications were allowed and based on toxicity observed during prior treatment cycle. Baseline assessments included physical and neurological examinations, assessments of KPS, cognitive evaluations by MMSE, dose of steroids, complete blood counts and blood chemistry tests, and contrast-enhanced brain magnetic resonance imaging (MRI). Tumor histology was reviewed by independent committee (D.F.B., K.M.), and <i>IDH R132H</i> mutation, <i>ATRX</i> loss, and <i>MGMT</i> promoter methylation



were assessed by immunohistochemistry. Clinical assessment and standard MRI were performed before each cycle during induction therapy, before and 1 month after radiation therapy, and then every 3 months for 1 year, and then every 4 months. Tumor response was assessed using the response assessment in neuro-oncology criteria<sup>1</sup>, taking into account the perpendicular diameters of the tumor in contrasted sequences and fluid-attenuated inversion recovery. Toxicity was graded according to the National Cancer Institute Common Terminology Criteria for Adverse Events, version 3.0.

The primary endpoint was the objective response rate after chemotherapy. The secondary endpoints were overall survival (OS), progression-free survival (PFS), tolerance of treatment, centralized neuro-radiological response rate, functional status during treatment and predictive value of IDH and MGMT alterations. The sample size was based on the Simon methods in two phases assuming a minimal response rate of 30% and a maximal response rate of 50%. Using the Simon's Min-Max method, the sample size was estimated to 53 patients. All patients who received at least one dose of treatment were included in the analyses. OS was calculated from the date of surgery until death. PFS was defined as the time from surgery to the date of progression or death. The survival distributions were estimated by the Kaplan-Meier method. The log-rank test was used to compare OS and PFS according to prognostic factors. A Cox regression model was performed on the patients for whom MGMT promoter methylation and IDH assessments were available, with age and KPS as covariates. All analyses were performed using SPSS software version 22<sup>®</sup>. The  $\alpha$  level was set at 0.05.

Active and should be pursued further

#### **Investigator's Analysis**

**DRUG INFORMATION** 

Temozolomide	
Generic Name	Temozolomide
Trade Name	
Company Name	
Drug Type	Small molecule
Drug Class	Alkylating agent
Dose	110 milligrams (mg) per squared meter (m <sup>2</sup> )
Route	oral (po)
Schedule of Administration	5 days every 6 weeks
BCNU	
Generic Name	BCNU
Trade Name	
Company Name	
Drug Type	Small molecule
Drug Class	Alkylating agent
Dose	150 milligrams (mg) per squared meter (m <sup>2</sup> )
Route	IV
Schedule of Administration	1 injection every 6 weeks

#### **PATIENT CHARACTERISTICS**

Number of patients, male	36				
Number of patients, female	19				
Stage	Anaplastic gliomas				
Age	Median (range): 53.1 ( 20.5 - 70.2) years				
Number of prior systemic therapies	Median (range): 0				
Performance Status: ECOG	0				
	1				
	2				
	3				
	Unknown				
Other	The median postoperative Karnofsky performance status : 80 (range, 60 - 100)				

Anaplastic gliomas

## **Cancer Types or Histologic Subtypes**

# **PRIMARY ASSESSMENT METHOD**

Title	Overall Response Rate
Number of patients screened	55
Number of patients enrolled	55
Number of patients evaluable for toxicity	55
Number of patients evaluated for efficacy	53
Evaluation Method	RANO
Response assessment CR	n = 15 (28%)
Response assessment PR	n = 9 (17%)
Response assessment SD	n = 10 (19%)
Response assessment PD	n = 19 (36%)
(Median) duration assessments PFS	16.6 Months, Cl: 12.8-20.3
(Median) duration assessments OS	25.4 Months, Cl: 17.5-33.2

# **Adverse Events**

All Cycles							
Name	*NC/NA	1	2	3	4	5	All Grades
Platelet count decreased	15%	35%	16%	13%	22%	0%	85%
White blood cell decreased	62%	20%	7%	9%	2%	0%	38%
Neutrophil count decreased	49%	16%	11%	15%	9%	0%	51%
Lymphopenia	42%	24%	20%	15%	0%	0%	58%
Anemia	44%	38%	13%	5%	0%	0%	56%
Aplasia	98%	0%	0%	0%	2%	0%	2%
Septic shock	98%	0%	0%	0%	0%	2%	2%
Leukemia	98%	0%	0%	0%	0%	2%	2%
Nausea	75%	16%	5%	4%	0%	0%	25%
Vomiting	85%	7%	5%	2%	0%	0%	15%
Anorexia	93%	7%	0%	0%	0%	0%	7%
Constipation	78%	13%	9%	0%	0%	0%	22%
Diarrhea	95%	5%	0%	0%	0%	0%	5%
Gastrointestinal pain (epigastraligia)	96%	4%	0%	0%	0%	0%	4%
Abdominal pain	98%	2%	0%	0%	0%	0%	2%



Hepatic cytolysis	85%	7%	4%	4%	0%	0%	15%
Cholestasis	98%	0%	0%	0%	2%	0%	2%
Dyspnea (shortness of breath)	98%	2%	0%	0%	0%	0%	2%
Pneumopathy	89%	0%	9%	2%	0%	0%	11%
Pulmonary fibrosis	98%	0%	0%	0%	0%	2%	2%
Thoracic pain	98%	0%	2%	0%	0%	0%	2%
Hypokalemia	96%	4%	0%	0%	0%	0%	4%
Deep Vein Thrombosis	93%	0%	4%	2%	2%	0%	7%
Asthenia	47%	25%	24%	4%	0%	0%	53%
Dermatitis	91%	5%	4%	0%	0%	0%	9%
Stomatitis	98%	2%	0%	0%	0%	0%	2%
Epistaxis	98%	0%	2%	0%	0%	0%	2%
Mucositis oral	98%	0%	2%	0%	0%	0%	2%
Pruritus	98%	2%	0%	0%	0%	0%	2%
Cutaneous infection	98%	0%	2%	0%	0%	0%	2%
Dental pain	98%	2%	0%	0%	0%	0%	2%
Edema: face	98%	2%	0%	0%	0%	0%	2%
Myalgia	98%	2%	0%	0%	0%	0%	2%
Arthralgia	95%	2%	4%	0%	0%	0%	5%
Renal lithiasis	98%	0%	2%	0%	0%	0%	2%
Urinary tract infection	98%	2%	0%	0%	0%	0%	2%
Cephalalgia	87%	0%	9%	4%	0%	0%	13%
Seizure	91%	2%	4%	4%	0%	0%	9%
Peripheral neuropathy	95%	5%	0%	0%	0%	0%	5%
Vagal discomfort	98%	0%	2%	0%	0%	0%	2%
Decreased testosterone	98%	2%	0%	0%	0%	0%	2%

Adverse Events Legend

Number of toxicities observed during all cycles, regardless of attribution.

\*NC/NA, no change from baseline/no adverse event.

Grade	Attribution
5	Probable
5	Definite
5	Definite
	Grade 5 5 5 5

### ASSESSMENT, ANALYSIS, AND DISCUSSION

Completion	Study completed
Investigator's Assessment	Active and should be pursued further

In the present study, we analyzed the feasibility of neoadjuvant combination of double alkylating agents for unresectable anaplastic astrocytomas. Currently, standard of care for anaplastic oligodendroglioma is the Procarbazine-CCNU-Vincristine (PCV) schedule, preceded or followed by radiotherapy<sup>2,3</sup>. For *IDH*-mutated anaplastic gliomas, both radiotherapy-PCV or radiotherapy with concomitant and adjuvant temozolomide (the Stupp protocol<sup>4</sup>) is proposed. *IDH* wild-type anaplastic astrocytomas are now mainly considered as grade IV gliomas, based on the recent c-IMPACT recommendations,<sup>5</sup> with a very close prognosis to that of *IDH* wild-type glioblastoma. The Stupp protocol is commonly proposed to these patients. However, in the

clinical trials, the groups of patients with unresectable disease were in the minority and the relevance of these schedules was questioned for these specific patients, particularly when up-front radiotherapy was considered to be difficult to achieve Moreover, the PCV schedule remains debated in some indications: if clinical evidence coming from phase III trials define PCV as standard of care for oligodenroglioma, temozolomide, or the combination of BCNU-temozolomide appear to be logistically simpler and may be also effective. In this context, based on the potential chemosensitivity of oligodendrogliomas and oligo-astrocytomas, the TEMOBIC trial was initiated to propose an efficient neoadjuvant doublet of alkylating agents for unresectable patients (Table 2 and Figure 2). Alkylating combination is strongly supported by pre-clinical data suggesting a significant synergy between these molecules<sup>6</sup> leading to their evaluation for GBM patients in preliminary clinical trials<sup>7</sup>. In 2005, Barrié *et al* reported the results of a phase II trial evaluating the association of BCNU and temozolomide for newly diagnosed unresectable GBM<sup>8</sup>. They showed an interesting response rate of more than 40%, including two complete responses and encouraging median PFS and OS of 7.4 and 12.7 months, respectively. In our trial, despite patient heterogeneity observed after reclassification according to the 2016 WHO classification, that couldn't be anticipated at the time of the inclusion; the results of our trial confirmed the potential activity of combining BCNU and temozolomide for neoadjuvant treatment of unresectable anaplastic gliomas. Indeed, half of our patients responded to this chemotherapy schedule and 28% presented with a complete response (Table 1, Figures 3, 4 and 6). Moreover, the high response rate allowed us to complete the radiotherapy for more than 75% of patients, with encouraging patient overall survival. These results compared favorably with those for unresectable anaplastic or grade IV gliomas previously reported in the literature<sup>9–11</sup>. Moreover, the interest of this combination was increased by the recent phase III trial CeTeg/NOA-09 reporting the superiority of the combination of temozolomide and belustine versus temozolomide alone in association with radiotherapy for newly diagnosed GBM with methylated MGMT promoter<sup>12</sup>. This study reported a significant improvement in patient overall survival. The safety profile of this schedule was comparable to the one we observed in our study (Table 3), as well as with those previously reported, although 3 deaths were observed in our study in contrast to the NOA9 trial. Importantly, the authors showed that the combination did not impair patient quality of life or cognitive functions, reinforcing the interest in this combination. These results are in line with the functional status preservation that we observed for our patients.

Interestingly, we confirmed the prognostic impact of *MGMT* promoter methylation that was associated with better overall survival, but we also showed a significantprognostic impact for *IDH* mutation: patients with IDH mutated gliomas presented with better PFS and OS (Tables 4 and 5, Figure 5). Nevertheless, the role of *IDH* mutation in the therapeutic strategy of anaplastic gliomas is still debated. While its prognostic impact has been validated in the PCV

clinical trials<sup>13</sup> as well as in our study, its predictive value remains to be demonstrated.

In conclusion, the association of temozolomide and BCNU given upfront was associated with interesting response and survival rates for patients with unresectable anaplastic glioma. This schedule could be an interesting therapeutic alternative for these patients.

#### ACKNOWLEDGMENTS

This study was funded by a grant from INCa (PHRC-K 2005). We thank the ARTC-Sud patients' association (Association pour le Recherche sur les Tumeurs Cérébrales). We thank the AP-HM Tumor Bank (authorization number: AC2018-31053; CRB BB-0033-00097) for providing tissue samples. We thank Romain Appay.

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DISCLOSURES

Full disclosures TO COME.

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	Localized		Centralized		
	Ν	%	Ν	%	
Complete response	15	28.3	11	21.2	
Partial response	9	17.0	10	19.2	
Stable disease	10	18.9	9	17.3	
Progression	19	35.8	22	42.3	

# Table 1. Best investigator and centralized overall responses



# Table 2. Severe adverse effects during trial

	Grade III		Grade IV		Grade V	
AEs	All	Related	All	Related	All	Related
Hematology						
Thrombopenia	26 (47%)	26 (47%)	17 (31%)	17 (31%)	0	0
Leukopenia	5 (9%)	5 (9%)	1 (2%)	1 (2%)	0	0
Neutropenia	14 (25%)	14 (25%)	5 (9%)	5 (9%)	0	0
Lymphopenia	8 (15%)	8 (15%)	0	0	0	0
Anemia	3 (5%)	3 (5%)	0	0	0	0
Aplasia	0	0	1 (2%)	1 (2%)	0	0
Septic shock	0	0	0	0	1 (2%)	1 (2%)
Other						
Asthenia	3 (5%)	3 (5%)	0	0	0	0
Nausea	1 (2%)	1 (2%)	0	0	0	0
Vomiting	1 (2%)	1 (2%)	0	0	0	0
Hepatic cytolysis	1 (2%)	1 (2%)	0	0	0	0
Hepatic cholestatic	0	0	1 (2%)	1 (2%)	0	0
Febrile pneumonia	1 (2%)	1 (2%)	0	0	0	0
Seizure	2 (4%)	1 (2%)	0	0	0	0
Deep vein thrombosis	1 (2%)	0	1 (2%)	0	0	0
Leukemia	0	0	0	0	1 (2%)	1 (2%)
Pulmonary fibrosis	0	0	0	0	1 (2%)	1 (2%)

Characteristics	n	%
Median age (range)	53.1 (20.5–70.2)	,
Gender (male/female)	36 / 19	65 / 35
Karnofsky Performance Status		
60	6	11.1
70	13	24.1
80	19	35.2
90	13	24.1
100	3	5.6
T1gado product of diameters (mm², median, range)	676 (32–3,168)	
T2/FLAIR product of diameters (mm <sup>2</sup> , median, range)	2,688 (481–8,200)	
Type of surgery		
Stereotaxic biopsy	28	50.9
Surgical biopsy	9	16.4
Partial resection	18	32.7
Gross total resection	0	0.0
Centralized reviewed histology		
Oligodendroglioma	15	27.0
Oligo-astrocytoma	31	56.0
Astrocytoma	1	2.0
Unclassifiable	7	15.0
Local oligodendroglioma	4	
Local oligo-astrocytoma	2	
Local astrocytoma	1	
Centralized reviewed grade		
Ш	1	2.1
III	44	91.7
IV	3	6.3
IDH status		
Wild-type	22	40
Mutated	28	51
Unknown	5	9
MGMT status		
Methylated	19	35
Unmethylated	26	47
Unknown	10	18
p53 expression (median percent, range)	5 (0–90)	

Table 3. Patient characteristics

# Table 4. Prognostic factors

	Progression-free survival			Overall survival			
Factor	Univariate	Multivariate*	HR (95% CI)	Univariate	Multivariate*	HR (95% CI)	
Age	0.121			0.122			
KPS	<0.0001			<0.0001			
T1 <sub>gado</sub> size	0.557			0.199			
T2 size	0.118			0.158			
Surgery type	0.208			0.646			
IDH	0.006	0.001	3.199 (1.563-6.546)	<0.0001	<0.0001	5.631 (2.640-12.014)	
MGMT	0.228	0.330		0.004	0.004	2.999 (1.427-6.306)	

Table 5. Objective response rates according to molecular subtypes

	IDH 1	IDH 1			MGMT promoter		
	IDHmut	IDHwt	p value	Methylated	Unmethylated	p value	
Complete or partial response	64%	20%	0.002	58%	35%	0.151	
Stable disease or progression	36%	80%		42%	65%		





Figure 1. Progression-free survival (A), centralized progression-free survival (B), and overall survival (C) curves.



Figure 2. Histological diagnoses according to the WHO 2007 and WHO 2016 classifications.





Figure 3. Response quality and progression-free survival.



Figure 4. Best tumor response on T1 sequence after gadolinium injection (A) or on T2/FLAIR sequence (B).





Figure 5. Overall survival (left) and progression-free survival (right) according to IDH mutation status (top) or MGMT promoter methylation (bottom) status.



Figure 6. Illustrative MRI of complete and durable response after temozolomide-BCNU neoadjuvant chemotherapy.

