

Systematic Review **Understanding the Significance of Hypoxia-Inducible Factors (HIFs) in Glioblastoma: A Systematic Review**

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Simple Summary: This study explores hypoxia-inducible factors (HIFs) in glioblastoma development, progression, and treatment. Reviewing 104 relevant studies, it highlights diverse global contributions, with China leading at 23.1%. The most productive year was 2019, contributing 11.5% of the studies. Key factors studied included $HIF1\alpha$, $HIF2\alpha$, osteopontin, and cavolin-1, involving pathways such as GLUT1, GLUT3, VEGF, PI3K-Akt-mTOR, and ROS. HIF expression correlates with glioblastoma progression, survival, neovascularization, glucose metabolism, migration, and invasion. Overcoming treatment resistance and the lack of biomarkers is crucial for integrating HIF-related therapies into glioblastoma treatment to improve patient outcomes.

Abstract: Background: The study aims to investigate the role of hypoxia-inducible factors (HIFs) in the development, progression, and therapeutic potential of glioblastomas. Methodology: The study, following PRISMA guidelines, systematically examined hypoxia and HIFs in glioblastoma using MEDLINE (PubMed), Web of Science, and Scopus. A total of 104 relevant studies underwent data extraction. Results: Among the 104 studies, global contributions were diverse, with China leading at 23.1%. The most productive year was 2019, accounting for 11.5%. Hypoxia-inducible factor 1 alpha (HIF1α) was frequently studied, followed by hypoxia-inducible factor 2 alpha (HIF2α), osteopontin, and cavolin-1. Commonly associated factors and pathways include glucose transporter 1 (GLUT1) and glucose transporter 3 (GLUT3) receptors, vascular endothelial growth factor (VEGF), phosphoinositide 3-kinase (PI3K)-Akt-mechanistic target of rapamycin (mTOR) pathway, and reactive oxygen species (ROS). HIF expression correlates with various glioblastoma hallmarks, including progression, survival, neovascularization, glucose metabolism, migration, and invasion. Conclusion: Overcoming challenges such as treatment resistance and the absence of biomarkers is critical for the effective integration of HIF-related therapies into the treatment of glioblastoma with the aim of optimizing patient outcomes.

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1. Introduction

Glioblastoma is a highly aggressive grade 4 glioma with an annual incidence of approximately six cases per 100,000 persons in older adults and a 15–20% proportion of all brain tumors in pediatric patients. In children, glioblastoma is highly invasive and leads to an 80% recurrence rate within two years of treatment. Survival rates are dismal, with less than 2% of the adults surviving more than three years after diagnosis [\[1](#page-40-0)[–4\]](#page-41-0).

Recent advances favor molecular analysis for the prognosis of glioblastoma, especially in younger patients where molecular factors are more important than histological grading. Biomarkers such as isocitrate dehydrogenase (IDH) mutations and O6-methylguanine DNA methyltransferase (MGMT) methylation status support prognosis [\[5\]](#page-41-1). However, the final diagnosis of glioblastoma depends on the surgical biopsy, which is crucial for the detection of hypoxic tumor niches manifested by vascular proliferation and tissue necrosis. Hypoxia, which is prevalent in solid tumors such as glioblastoma, is due to reduced oxygen levels, which are particularly dangerous in the oxygen-dependent brain [\[6\]](#page-41-2). Tumor progression exacerbates hypoxia and leads to uncontrolled neovascularization that perpetuates the cycle of inadequate oxygen supply. Hypoxia-induced angiogenesis is typical of the progression that occurs in escalation-grade astrocytomas and is characterized by central necrosis and pseudo-palisades on magnetic resonance imaging (MRI) scans [\[7\]](#page-41-3).

Hypoxia-inducible factor (HIF) emerges as a key molecule in promoting neovascularization in hypoxic niches, which is critical for tumor progression [\[8\]](#page-41-4). To date, the involvement of the hypoxic microenvironment in carcinogenesis has been extensively validated across various tumor types [\[9\]](#page-41-5), particularly in pancreatic cancer, wherein hypoxic conditions have been shown to facilitate metastasis and drug resistance [\[10\]](#page-41-6). The HIF1 α and HIF-1β subunits form an active heterodimer that initiates the transcription of over 40 hypoxia-responsive genes, including erythropoietin (EPO), insulin-like growth factor 2 (IGF2), vascular endothelial growth factor (VEGF), and angiopoietin (Ang)-1 and -2 [\[11\]](#page-41-7). HIF also upregulates platelet-derived growth factor (PDGF) proteins and activates oncogenic signaling pathways such as $MAPK/RAS$ and $PI3K/AKT$ [\[9\]](#page-41-5). HIF1 α responds acutely to hypoxia, while HIF2α regulates tumor cell response to chronic hypoxia, making it a potential therapeutic target. BEV targeting VEGF-A shows promise in inhibiting HIF1 α , especially in patients with chemoresistance [\[12,](#page-41-8)[13\]](#page-41-9). However, the histologic and molecular heterogeneity of glioblastoma poses a challenge and requires research into novel multimodal therapies targeting hypoxia and HIF signaling pathways, including immunotherapy and nanoscale drug delivery [\[12,](#page-41-8)[13\]](#page-41-9). Therefore, the aim of this systematic review is to investigate the role of hypoxia and HIFs in the development, progression, and therapeutic potential of glioblastoma.

2. Materials and Methods

2.1. Study Design and Registration

A systematic review of the literature was conducted to investigate the role of hypoxia and HIFs in glioblastoma. The methodology followed the established PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-Analyses) guidelines [\[14\]](#page-41-10). This systematic review has been registered in the Open Science Framework (OSF) Register with the unique identifier OSF-REGISTRATIONS-8GD9K-V1 [\[15\]](#page-41-11).

2.2. Search Strategy

On 15 January 2024, a search was conducted using the PICOS method to define the main search terms (Table [1\)](#page-2-0). Three databases were searched: MEDLINE (PubMed), Web of Science (Clarivate Analytics, Philadelphia, PA, USA), and Scopus. The keywords "glioblastoma" and "hypoxia-inducible factors" were searched. A detailed search strategy

can be found in Appendix [A.](#page-38-0) Following the PRISMA guidelines, a checklist can be found in Appendix [B.](#page-38-1)

Table 1. PICOS strategy.

2.3. Study Selection

2.3.1. Inclusion and Exclusion Criteria

Strict inclusion and exclusion criteria were applied when conducting this systematic review to ensure the selection of relevant articles that contribute significantly to the understanding of the role of HIFs in glioblastoma. The inclusion criteria focused on articles that were written in English, directly related to the interaction between HIFs and glioblastoma, and contained data relevant to the objectives of the study. Conversely, the exclusion criteria were carefully defined to refine the selection process and exclude articles that may not align with the aims of the study. Excluded articles included book chapters, conference papers, reviews, non-English language literature, and articles that did not contain relevant data.

2.3.2. Included Studies

A total of 1318 entries were identified from PubMed ($n = 558$), Web of Science ($n = 89$), and Scopus ($n = 671$). Prior to the screening, 814 duplicate entries were removed using the EndNote software (21.3) for referencing. After automatic deduplication, all the remaining duplicate manuscripts were manually excluded. After this first step, 504 records were screened, and 36 records were excluded because they could not be found. Subsequently, 468 records were screened for eligibility, resulting in the exclusion of 84 book or book chapters, 57 conference papers, 49 reviews, 29 articles from non-English literature, and 145 articles without relevant data. Finally, 104 studies were deemed suitable and included in the systematic re-examination for analysis (Figure [1\)](#page-2-1).

Figure 1. PRISMA flow diagram.

2.4. Data Extraction

Data extraction from the studies was performed for didactic purposes, whereby the studies were divided into laboratory and clinical studies based on the tracking of different variables. The laboratory studies were further divided into genetic studies and drugrelated studies as well as combined studies. For genetic studies, variables such as authors, country (year), study design, species, cell line(s), targeted HIF, related factors, role of HIF and related factors, gene modification, and the effect of gene modification were tracked. For drug studies, variables such as reference, country (year), study design, species, cell line(s), targeted HIF, related factors, role of HIF and related factors, target/system therapy, and pharmacologic effects were monitored. Combined laboratory studies tracked similar variables along with targeted therapy and pharmacologic effects. Clinical studies were reviewed for variables such as authors, country (year), study design, sample size (N), age, gender distribution, targeted HIF(s), and outcomes. The studies were first extracted into a single file using the EndNote software and then deduplicated. Data extraction was performed by eight researchers under the supervision of three senior researchers. Ambiguities in data extraction were resolved through online meetings and a final consensus.

2.5. Statistical Analysis

Descriptive statistics were used to present frequencies and absolute numbers, providing a quantitative summary of various key factors associated with the use of HIFs in glioblastoma. To improve the clarity and interpretation of results, graphical visualization was performed using Microsoft Excel (version 2021, Microsoft Corporation, Washington, DC, USA). BioRender [\(https://www.biorender.com/,](https://www.biorender.com/) accessed on 10 April 2024) license number RY26P9F0AG was used to design the scientific illustrations in the manuscript.

3. Results

3.1. Included Studies' Characteristics

Among the 104 studies, contributions came from various countries. Studies from Canada, Egypt, Morocco, South Korea, Israel, the Netherlands, and Turkey together made up 1% of the total. Brazil, France, and Korea each contributed three studies (2.9%). The UK contributed four studies (3.8%), while Germany, India, and Japan each contributed five studies (4.8%). Italy contributed six studies (5.8%), and Taiwan contributed eight studies (7.7%). Significant contributions came from China with 24 studies (23.1%) and the United States with 28 studies (26.9%) (Figure [2\)](#page-3-0).

Figure 2. Geographical distribution of included studies.

The years 2000, 2004, 2007, and 2009 each contributed 1%. In contrast, 2019 had 12 studies (11.5%), followed by 2018 with 11 studies (10.6%). From 2012 to 2022, annual The years 2000, 2004, 2007, and 2009 each contributed 1%. In contrast, 2019 had 12

Figure 3. Temporal distribution of included studies. **Figure 3.** Temporal distribution of included studies.

in vivo methods. Pure in vitro studies made up 31.7%. Clinical research was less common, comprising 9.6% of the total, with prospective studies at 6.7% and retrospective studies at 1.9% , as shown in Figure [4.](#page-4-1) Most of the studies (90.4%) were laboratory-based, with 58.7% combining in vitro and

Figure 4. Study design of included studies.

3.2. Role of HIF-Related Gene Modification in the Treatment of Glioblastoma

Table 2 shows 48 of the 94 laboratory studies (51%) that investigated the role of [HIF](#page-15-0)s using different genetic methods in animal species and glioblastoma models. All the studies investigated HIF1 α , while four studies also investigated the role of HIF2 α in addition to HIF1α [\[14](#page-41-10)[–17\]](#page-41-12). Among the included studies, deletion, overexpression, and transduction each accounted for 2.08% of the total ($N = 1$). Combined techniques and knockout methods each accounted for 6.25% (N = 3), while transfection was used in 22.92% of the studies $(N = 11)$. Knockdown techniques in particular accounted for the majority of the research studies (58.33%, $N = 28$).

Table 2. Laboratory studies with gene modification of HIFs in glioblastoma models and inoculated animals.

HIF—hypoxia-inducible factor; Lab—laboratory study; C—combined design (in vivo and in vitro); IV—in vitro; IVEGF—vascular endothelial growth factor; PACAP—Pituitary Adenylate Cyclase-Activating Peptide; AMPK—AMP-activated Protein Kinase; ATM—Ataxia Telangiectasia Mutated; MIR210HG—microRNA 210 Host Gene; OCT1—Organic Cation Transporter 1; IGFBP2—Insulin-like Growth Factor Binding Protein 2; FGFR1—Fibroblast Growth Factor Receptor 1; Ror1—Receptor Tyrosine Kinase-Like Orphan Receptor 1; miR—microRNA; CA9—carbonic anhydrase 9; CXCR7—C-X-C Motif Chemokine Receptor 7; CXCR4 -C-X-C Motif Chemokine Receptor 4; IDH1—isocitrate dehydrogenase 1; SF/HGF—Scatter Factor/Hepatocyte Growth Factor; c-Met—Mesenchymal–Epithelial Transition Factor; S100A4—S100 Calcium Binding Protein A4; NMIIA—Non-Muscle Myosin IIA; NO—Nitric Oxide; BAG3—Bcl2 Associated Athanogene 3; HSP70—Heat Shock Protein 70; TDO2—Tryptophan 2,3-Dioxygenase; CK1α—casein kinase 1α; Foxp3—Forkhead Box P3; Tregs—Regulatory T Cells; ANPDD1A—Ankyrin Repeat And Death Domain Containing 1A; Nrf2—Nuclear Factor Erythroid 2-Related Factor 2; AEG-1—Astrocyte Elevated Gene 1; BMP2—Bone Morphogenetic Protein 2; Akt—Protein Kinase B; mTOR—Mammalian Target of Rapamycin; Akt/mTOR—Protein Kinase B/Mammalian Target of Rapamycin; N-Myc—Neuroblastoma Myc Proto-Oncogene; dsRNA—Double-stranded RNA; IAA—Iodoacetate; TDO2—Tryptophan 2,3-Dioxygenase; TGF-β1—Transforming Growth Factor Beta 1; E2F4—E2F transcription factor 4; Smad3—SMAD Family Member 3; TNF-α—Tumor Necrosis Factor Alpha; MHC-I—Major Histocompatibility Complex Class I; NF-κB—Nuclear Factor Kappa B; PI3K—Phosphoinositide 3-Kinase; ERK1/2—Extracellular Signal-Regulated Kinase 1/2; AHR—aryl hydrocarbon receptor; AP-1—activator protein 1; TNF—Tumor Necrosis Factor; DDX28—DEAD-Box Helicase 28; MBNL1—Muscleblind-Like Splicing Regulator 1; PTEN—Phosphatase and Tensin Homolog; PTEN-PI3K-AKT—Phosphatase and Tensin Homolog-Phosphoinositide 3-Kinase-Protein Kinase B; NRP2—Neuropilin 2; SEMA3F—Semaphorin 3F; G9a—G9a Histone Methyltransferase; GLP—G9a-Like Protein; MCT4—Monocarboxylate Transporter 4; GPx1—Glutathione Peroxidase 1; GPx1—Glutathione Peroxidase 1; CDKN1A—Cyclin-Dependent Kinase Inhibitor 1A. n/a—not available.

3.2.1. HIF's Mechanisms Explored in Genetic Studies

The included studies have shed light on the complicated mechanisms in which HIF1 α is involved. For example, Hashimoto et al. [\[16\]](#page-41-23) have shown that AMPK boosts ATM expression via the transcription factor Sp1 under severe hypoxia, contributing to radioresistance. Conversely, Ho et al. [\[17\]](#page-41-12) elucidated the role of MIR210HG in hypoxia-mediated glioma invasion and stemness formation, which is regulated by OCT1 and affects the expression of IGFBP2 and FGFR1. In addition, Ishikawa et al. [\[18\]](#page-41-24) showed that HIF1 α activates Ror1 transcription in glioblastoma and affects cancer progression by regulating cell proliferation and migration. Other related factors studied include miR-210-3p by Agrawal et al. [\[19\]](#page-41-25); CXCR7, CXCR4, and IDH1 by Bianco et al. [\[20\]](#page-41-26); C-Met and SF/HGF by Eckerich et al. [\[21\]](#page-41-27); S100A4/NMIIA axis by Inukai et al. [\[22\]](#page-41-28); NO and VEGF by Kimura et al. [\[23\]](#page-41-29); BAG3 by Li et al. [\[24\]](#page-41-30); and tryptophan 2,3-dioxygenase (TDO2) by Mohapatra et al. [\[27\]](#page-42-23).

Studies have shown that $HIF1\alpha$ and $HIF2\alpha$ orchestrate several cellular processes that are crucial for the pathogenesis of glioblastoma. For example, $HIF1\alpha$ is involved in promoting radioresistance by modulating AMPK-mediated ATM expression [\[16\]](#page-41-23), promoting glioma invasion and stem cell formation via regulating MIR210HG and OCT1 [\[16\]](#page-41-23), and activating Ror1 transcription to influence cancer progression [\[18\]](#page-41-24). In addition, HIF1 α is involved in the regulation of miR-210-3p, CXCR7, CXCR4, IDH1, C-Met, SF/HGF, the S100A4/NMIIA axis, NO, VEGF, BAG3, and TDO2, and influences various aspects of the glioblastoma biology such as angiogenesis, invasion, metabolism, and therapy resistance. Similarly, HIF2 α contributes to glioblastoma progression by regulating genes such as GPx1, vasorin, beclin-1, and galectin-3, thereby influencing the response to oxidative stress, angiogenesis, autophagy, and cell survival.

3.2.2. Effect of Gene Modifications Related to HIFs

The collective results of various studies emphasize the multiple roles of HIFs and related factors in the pathogenesis of glioblastoma. For example, $HIF1\alpha$ was found to orchestrate regeneration resistance by upregulating AMPK-mediated ATM expression in severe hypoxia [\[16\]](#page-41-23), while it promotes glioma invasion and stem cell formation by regulating MIR210HG and OCT1 [\[17\]](#page-41-12). In addition, HIF1 α has been associated with the activation of Ror1 transcription to influence cancer progression [\[18\]](#page-41-24), and it regulates miR-210-3p, CXCR7, CXCR4, IDH1, C-Met, SF/HGF, the S100A4/NMIIA axis, NO, VEGF, BAG3, and TDO2, and influences various aspects of the glioblastoma biology such as angiogenesis, invasion, metabolism and therapy resistance [\[19](#page-41-25)[–28](#page-42-24)[,30–](#page-42-25)[34\]](#page-42-26). Similarly, HIF2 α has been shown to regulate GPx1 to ensure resistance to oxidative stress and radiation [\[59\]](#page-43-15), while contributing to glioblastoma progression via various mechanisms such as the DDX28 mediated regulation of eIF4E2-driven translation [\[49\]](#page-43-16). In addition, other factors such as miR-370-3p [\[61\]](#page-43-17), NIX-mediated mitophagy [\[62\]](#page-43-18), and p21 (CDKN1A)[\[63\]](#page-43-19) have been identified as crucial players in glioblastoma pathogenesis, highlighting the complex interplay of genetic alterations in shaping the aggressive behavior of glioblastoma cells in the hypoxic tumor microenvironment.

3.3. Role of HIF-Related Targeted and Systematic Therapy of Glioblastoma

Table [3](#page-22-0) shows a total of 26 laboratory studies addressing targeted and systemic therapies for glioblastoma in animal species with inoculated tumors or glioblastoma models. HIF1 α was investigated in 25 of the 26 studies, while HIF2 α was investigated in two studies.

Table 3. Experimental investigations on hypoxia-inducible factors (HIFs) in glioblastoma models and animal subjects with induced tumors.

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HIF—hypoxia-inducible factor; Lab—laboratory study; C—combined design (in vivo and in vitro); IV—in vitro; VEGF—vascular endothelial growth factor; PACAP—Pituitary Adenylate Cyclase-Activating Polypeptide; GLUT—glucose transporter; HK—hexokinase; ACF—acriflavine; PA—photodynamic therapy; ADNP—Activity-Dependent Neuroprotective Protein; ANDP—Activity-Dependent Neurotrophic Factor-Derived Peptide; MDR—multidrug resistance; MDR1—multidrug resistance protein 1; Bcl2—B-cell lymphoma 2; GSCs—glioma stem cells; Ape—arecaidine propargyl ester; MGCs—Multinucleated Giant Cells; CXCR4—C-X-C Chemokine Receptor Type 4; SDF-1α—stromal cell-derived factor 1 alpha; POL5551—CXCR4 antagonist; HBO—Hyperbaric Oxygen; IGF—Insulin-like Growth Factor; IGFBP—Insulin-like Growth Factor Binding Protein; SOX2—Sex-determining region Y-box 2; NANOG—Homeobox Protein Nanog; TSCs—tumor stem cells; PP2A—Protein Phosphatase 2A; PSH—Paris saponin H; ARA—Androgen Receptor Antagonist; ROS—reactive oxygen species; TMZ—temozolomide; SUMO—Small Ubiquitin-like Modifier; CDK6—Cyclin-Dependent Kinase 6; PDT—photodynamic therapy; PTEN—Phosphatase and Tensin Homolog; PI3K—Phosphoinositide 3-Kinase; Akt—Protein Kinase B; 2ME2—2-Methoxyestradiol; GFAP—glial fibrillary acidic protein; PPAR α —Peroxisome Proliferator-Activated Receptor Alpha; CA9—carbonic anhydrase 9; CB—cannabinoid receptor; AMPK—AMP-activated Protein Kinase; HO-1—Heme Oxygenase 1; BT317—LonP1 and CT-L proteasome inhibition; Res—resveratrol; MX—methoxyamine; IUdR—iododeoxyuridine; CBR1—cannabinoid receptor 1. n/a—not available.

A plethora of studies clarify the different roles of HIF1 α in the progression of glioblastoma and response to treatment. Nardinocchi et al. [\[64\]](#page-43-26) demonstrated the zinc-induced degradation of HIF1 α , which inhibits VEGF-mediated signaling pathways and improves cancer therapies. Maugeri et al. [\[65\]](#page-43-27) emphasized the role of HIF1 α in angiogenesis via the upregulation of VEGF, while Ma et al. [\[66\]](#page-43-28) linked the overexpression of HIF1 α to glucose metabolism, suggesting its involvement in metabolic adaptations. D'Amico et al. [\[67\]](#page-43-29) showed that ADNP modulates the HIF signaling pathway and reduces VEGF secretion and migration. In addition, D'Alessio et al. [\[68\]](#page-43-30) pointed to antiangiogenic therapy targeting HIF1α and related factors to inhibit neoangiogenic events in glioblastoma.

Several related factors influence $HIF1\alpha$ -mediated signaling pathways in glioblastoma. These include VEGF, which is influenced by zinc, as shown by Nardinocchi et al. [\[64\]](#page-43-26), and PA-CAP, as shown by Maugeri et al. [\[65\]](#page-43-27), suggesting its role in regulating angiogenesis. Ma et al. [\[64\]](#page-43-26) highlighted the association of HIF1 α with glucose metabolism through the upregulation of GLUT-1, GLUT-3, and HK2. D'Amico et al. [\[67\]](#page-43-29) revealed the modulation of the HIF signaling pathway by ADNP, reducing VEGF secretion and migration. Other factors such as M2 receptors, CXCR4, POL5551, LonP1, CT-L, PPARα, and SUMO are involved in regulating various aspects of glioblastoma progression and response to therapy, as noted by Cristofaro et al. [\[69\]](#page-43-31), Gagner et al. [\[89\]](#page-44-19), Douglas et al. [\[72\]](#page-44-20), Hofstetter et al. [\[76\]](#page-44-21), and Bernstock et al. [\[83\]](#page-44-22). In addition, Lin et al. [\[71\]](#page-44-23) highlighted the far-reaching influence of HIF1 α on tumor cell behavior, while Lin et al. [\[88\]](#page-44-24) investigated the regulation of pHregulatory proteins in glioblastoma by hypoxia-induced HIF1 α . In the field of glioblastoma therapy, various targeted and systematic approaches have emerged to target the complex signaling pathways mediated by HIF1 α . As noted by Nardinocchi et al. [\[64\]](#page-43-26), zinc induces the proteasomal degradation of HIF1 α and could thus prevent tumor progression by suppressing VEGF, MDR1, and Bcl2 signaling pathways. PACAP, identified by Maugeri et al. [\[65\]](#page-43-27), is promising as it inhibits the release of VEGF and thus prevents the formation of new vessels in the hypoxic microenvironment of glioblastoma. Ma et al. [\[64\]](#page-43-26) showed that acriflavine in combination with PDT effectively suppresses $HIF1\alpha$ expression and increases the efficacy of PDT against glioblastoma. D'Amico et al. [\[67\]](#page-43-29) showed that ADNP can modulate the HIF signaling pathway to decrease VEGF secretion and migration, which is a targeted therapy approach. Gagner et al. [\[89\]](#page-44-19) demonstrated the potential of the combination of B20-4.1.1 and POL5551 in reducing glioma invasion and tumor spread. As noted by Arienti et al. [\[73\]](#page-44-25), HBO shows promise in inhibiting proliferation, downregulating HIF1 α expression, and reprogramming glucose metabolism, offering the potential for the systemic therapy of glioblastoma.

3.4. Role of Combined Gene and Targeted or Systematic Therapy of Glioblastoma

A total of 23 studies used a combined gene-modifying design and targeted or systematic therapy in the context of HIF in laboratory glioblastoma models (Table [4\)](#page-28-0). All studies investigated HIF1 α , while five studies also investigated the role of HIF2 α in addition to HIF1 α . Gene modification techniques included transduction (N = 1; 4.3%), combined techniques (N = 4; 17.4%), transfection (N = 8; 34.8%), and knockdown (N = 10; 43.5%).

Table 4. Experimental investigations on hypoxia-inducible factors (HIFs) in glioblastoma models and animal subjects with induced tumors with combined genetic and targeted/systematic therapy.

CL—cell line; Lab—laboratory study; C—combined design (in vivo and in vitro); IV—in vitro; KD—knockdown; KO—knockout; TF—transfection; TD—transduction; siRNA—small interfering RNA; PDGFD—platelet-derived growth factor D; PDGFRα—platelet-derived growth factor receptor alpha; AMPK—AMP-activated Protein Kinase; CREB1—cAMP Response Element-Binding Protein 1; GABPA—GA Binding Protein transcription factor subunit Alpha; LGMN—Legumain; TAMs—Tumor-Associated Macrophages; mKO—Myeloid Cell-Specific knockout; BMDMs—Bone Marrow-Derived Macrophages; Nox4—NADPH Oxidase 4; ROS—reactive oxygen species; LC3—Microtubule-Associated Protein 1A/1B-Light Chain 3; BNIP3—Bcl2/adenovirus E1B 19kDa Interacting Protein 3; ATG7—Autophagy-Related 7; NF-kB—Nuclear Factor Kappa B; EMT—Epithelial–Mesenchymal Transition; GIC—glioma-initiating cells; DRD2—Dopamine Receptor D2; DGKα—Diacylglycerol Kinase Alpha; ERK1/2—Extracellular Signal-Regulated Kinase 1/2; VEGF—vascular endothelial growth factor; PKM2—Pyruvate Kinase M2; PKM2—Pyruvate Kinase M2; DGKα—Diacylglycerol Kinase Alpha; TR—Tumor Regrowth; CD133—Prominin-1; ZEB1—Zinc Finger E-Box Binding Homeobox 1; NF- κ B—Nuclear Factor Kappa B; Bcl-xL—B-cell lymphoma-extra-large; IDH1—isocitrate dehydrogenase 1; FAT1—FAT Atypical Cadherin 1; TMZ—temozolomide; PRMT3—Protein Arginine Methyltransferase 3; SDF-1—stromal cell-derived factor 1; CXCR4—C-X-C Motif Chemokine Receptor 4; TCF1—transcription factor 1; TCF4E—transcription factor 4E; AMD3100—Plerixafor; GIC—glioma-initiating cell.

Several studies have elucidated the multiple roles of HIFs in the pathogenesis and therapy of glioblastoma. Huang et al. [\[90\]](#page-44-29) showed that the PI3K/Akt/mTOR/HIF1 α signaling pathway enhances glioblastoma cell migration and invasion under hypoxia, with mTOR pathway siRNA suppressing these effects. Chhipa et al. [\[91\]](#page-44-30) showed that the activation of the AMPK/CREB1 axis supports glioblastoma cell bioenergetics by increasing HIF1 α transcription. Pang et al. [\[92\]](#page-44-31) highlighted the role of HIF1 α -regulated lysosomal protease LGMN in TAMs and showed that its blockade prolongs survival in glioblastoma models. Hu et al. [\[113\]](#page-45-20) identified HIF1 α and AMPK as the regulators of hypoxia-induced LC3 changes, BNIP3 expression, and p62 degradation, which affect autophagy and responsiveness to bevacizumab. Barliya et al. [\[95\]](#page-45-21) linked Hsp90 to angiogenesis, migration, and invasion, and highlighted its mediation of the HIF1 α -driven signaling pathways. Hsieh et al. [\[103\]](#page-45-22) demonstrated Nox4-mediated ROS production under cyclic hypoxia, which affects HIF1 α activity and tumor growth. Kannappan et al. [\[97\]](#page-45-23) showed that NF-kB/HIF1 α /HIF2 α promotes EMT and metastasis. Joseph et al. [\[98\]](#page-45-24) elucidated the HIF1α-ZEB1 axis in mesenchymal transition and invasion. These findings emphasize the complex involvement of HIFs in glioblastoma progression and point to potential therapeutic targets.

Several drugs targeting HIF1 α and related signaling pathways have been evaluated for their effects on glioblastoma. Huang et al. [\[90\]](#page-44-29) showed that inhibitors such as 2 mercaptoethanol, LY294002, rapamycin, and p70S6K siRNA inhibited the PI3K/Akt/mTOR signaling pathway and suppressed migration, invasion, and $HIF1\alpha$ expression in glioblastoma cells. Chhipa et al. [\[89\]](#page-44-19) showed that AMPK inhibitor (bafilomycin) decreased the viability of glioblastoma stem cells (GSCs), while Pang et al. [\[100\]](#page-45-25) found that anti-PD1 antibody synergistically blocked the HIF1α-LGMN axis with anti-PD1 therapy in glioblastoma. Hu et al. [\[113\]](#page-45-20) showed that BEV and chloroquine reversed hypoxia-induced growth by increasing BNIP3 expression and blocking autophagy, respectively, while Kannappan et al. [\[95\]](#page-45-21) showed that disulfiram selectively targeted hypoxia-induced GSCs and digoxin inhibited $HIF1\alpha$ mRNA translation. Other drugs such as chlorpromazine, echinomycin, fenofibrate, and R50922/R59949 inhibit glioblastoma growth via several mechanisms, including the blockade of dopamine signaling, interference with the HIF1 α -PDGFD/PDGFR α -AKT pathway, and the induction of apoptosis [\[99](#page-45-26)[–102\]](#page-45-27). Tempol and YC-1 inhibit tumor growth by blocking ROS production and the induction of ABCB1, respectively [\[92](#page-44-31)[,101\]](#page-45-28). In addition, digitoxin reduces HIF1α protein accumulation, while AMD3100 increases radiosensitivity by inhibiting SDF-1/CXCR4 interactions [\[105](#page-45-29)[,111\]](#page-45-30).

3.5. Role of HIFs in Clinal Studies of Glioblastoma

Nine studies have investigated the expression and clinical significance of HIFs in glioblas-toma (Table [5\)](#page-31-0). Chen et al. [\[114\]](#page-45-31) found that HIF1 α expression correlated with high caveolin-1 (CAV1) expression, larger glioblastoma size, and shorter survival time. Bache et al. [\[115\]](#page-45-32) observed higher expression of HIF2α, carbonic anhydrase 9 (CA9), vascular endothelial growth factor (VEGF), and other markers in glioblastoma compared to tumor-free brain tissue, with mRNA levels correlating with shorter survival. Erpolat et al. [\[116\]](#page-46-0) reported that high levels of cytoplasmic and nuclear HIF1 α and CA9 were associated with shorter survival, especially in patients with high hypoxia scores. Clara et al. [\[115\]](#page-45-32) found that $HIF1\alpha$ expression correlated with increased vascular density, VEGF, and platelet-derived growth factor-C (PDGF-C) and survival. Other studies, such as those by Kaynar et al. [\[117\]](#page-46-1) and Nobuyuki et al. [\[118\]](#page-46-2), also emphasized the role of HIF1 α in angiogenesis and radioresistance in glioblastoma. In addition, Ji et al. [\[119\]](#page-46-3) showed that high HIF1 α expression correlates with poorer outcomes and shorter survival, suggesting its potential as a prognostic marker. Sfifou et al. [\[120\]](#page-46-4) found that negative $HIF1\alpha$ expression in conjunction with the positive expression of isocitrate dehydrogenase 1 (IDH1) was associated with a better prognosis. Potharaju et al. [\[121\]](#page-46-5) observed the strong nuclear staining of $HIF1\alpha$ in a significant proportion of samples, which independently correlated with poor prognosis, especially in combination with the high expression of telomerase reverse transcriptase (TERT).

n/d—not disclosed; CAV1—caveolin-1; HIF1α—hypoxia-inducible factor 1-alpha; HIF2α—hypoxia-inducible factor 2-alpha; CA9—carbonic anhydrase 9; VEGF—vascular endothelial growth factor; GLUT-1—glucose transporter 1; OPN—osteopontin; EGFR—Epidermal Growth Factor Receptor; hTERT—Human Telomerase Reverse Transcriptase; OCT4—Octamerbinding Transcription Factor 4; LDH—Lactate Dehydrogenase; IDH1—isocitrate dehydrogenase 1.

3.6. Common HIF-Related Pathways in Glioblastoma 3.6. Common HIF-Related Pathways in Glioblastoma

Glioblastoma involves a complex interplay of molecular signaling pathways, among which the PI3K/Akt/mTOR pathway stands out. This signaling pathway exerts a profound influence on the progression of glioblastoma and modulates important cellular processes such as migration, invasion, and the expression of HIF1 α . The importance of this pathway is further emphasized by the fact that it can be modulated by PTEN-PI3K interactions,
 \overline{G} offering potential therapeutic opportunities (Figure [5\)](#page-32-0). The intricate relationship between HIF1 α and metabolic pathways adds another layer of complexity. HIF1 α not only affects glucose metabolism by upregulating the glucose transporters GLUT-1 and GLUT-3 but also glucose metabolism by upregulating the glucose transporters GLUT-1 and GLUT-3 but enhances glycolysis through the overexpression of hexokinase 2 (HK2). This metabolic $\frac{1}{2}$ (FIRZ). This included switch contributes to the robustness of glioblastoma cells and allows them to thrive in the hypoxic tumor microenvironment. In addition, the therapeutic landscape in glioblastoma is evolving with the emergence of new strategies targeting HIF1α-related axes. The synergistic blastoma is evolving with the emergence of new strategies targeting HIF1α-related axes. blockade of the HIF1α-LGMN axis, aided by AMPK inhibition and anti-PD1 antibody The synergistic blockade of the HIF1α-LGMN axis, aided by AMPK inhibition and anti-therapy [\[92\]](#page-44-31), represents a promising approach to interrupting glioblastoma progression. Furthermore, interventions targeting VEGF [\[64,](#page-43-26)[67,](#page-43-29)[68](#page-43-30)[,84](#page-44-32)[,86\]](#page-44-33), such as digoxin, offer potential opportunities to inhibit angiogenesis and overcome multidrug resistance (MDR) mediated by pathways involving Bcl2 [\[64\]](#page-43-26). Understanding and interfering with these pathways are key to developing more effective treatments for glioblastoma, a disease with poor prognosis and limited therapeutic options. Glioblastoma involves a complex interplay of molecular signaling pathways, among Ghobiastoma involves a complex interplay of molecular signaling pathways, among also enchances glycolysis through the overexponding the overexponding the overin the hypoxic tumor microenvironment. In addition, the therapeutic landscape in glioblesheses is

Figure 5. Commonly investigated signaling pathways involving hypoxia-inducible factors (HIFs) in glioblastoma. Vascular endothelial growth factor (VEGF) and growth factors (GFs) activate Receptor Tyrosine Kinases (RTKs), triggering downstream signaling. The PI3K (Phosphoinositide 3-Kinase) pathway, inhibited by PTEN (Phosphatase and Tensin Homolog), activates Akt, leading to enhanced cell survival via the Bcl2 inhibition of apoptosis and mTOR (mechanistic target of rapamycin) promotion of growth. The RAS/MAPK (Mitogen-Activated Protein Kinase) pathway, through Raf, MEK, and ERK, also supports cell proliferation and survival. HIF-1α (hypoxia-inducible factor 1-alpha) under hypoxia increases glycolysis for energy production and gene expression for $t_{\rm{eff}}$ regulated by HIF-18 (hypoxia-inducible factor 1-beta). HIF-1 α stability is controlled by upinadaptation, regulated by HIF-1β (hypoxia-inducible factor 1-beta). HIF-1 α stability is controlled by

ubiquitination via MDM2 (Mouse Double Minute 2) and proteasomal degradation influenced by p53. Reactive oxygen species (ROS) and Calcium ion (Ca^{2+}) signaling activate survival pathways, involving LKB1 (Liver Kinase B1), AMPK (AMP-activated Protein Kinase), and CaMK2 (Calcium/Calmodulin-Dependent Protein Kinase II). Glucose transporters Glut1/3 facilitate glucose uptake. This network highlights potential therapeutic targets, such as mTOR, PI3K, and HIF-1 α , to disrupt glioblastoma cell survival and adaptation mechanisms. The figure was created using the BioRender online commercial platform.

4. Discussion

4.1. Research Trends

The high morbidity and mortality rate of glioblastoma has led to conventional treatments such as surgery, radiotherapy, and chemotherapy being re-evaluated due to their limited effectiveness. Researchers around the world, particularly in the United States and China, are exploring new treatments and incorporating molecular genetic features into diagnostics to better understand the pathogenesis of glioblastoma [\[2](#page-40-1)[,124\]](#page-46-14). Despite an increase in in vitro and in vivo studies focusing on hypoxia-regulated genes, clinical trials remain limited, accounting for only 9.6% of the total. Advances in diagnostic methods, particularly next-generation sequencing, have led to significant growth in research [\[125](#page-46-15)[,126\]](#page-46-16). However, the translation of promising laboratory results into clinical practice is challenging due to small sample sizes and geographic variation, making it difficult to develop standardized global diagnostic and treatment algorithms [\[66,](#page-43-28)[116,](#page-46-0)[121,](#page-46-5)[123\]](#page-46-17).

4.2. The Impact of HIF-Related Gene Modification on Glioblastoma Therapeutics

The importance of the knockdowns and knockouts of hypoxia-inducible factors lies in their ability to reveal the precise roles and functions of these factors in cellular processes and disease progression [\[127\]](#page-46-18). By elucidating the effects of manipulating hypoxia-inducible factors on glioblastoma progression, these techniques provide insights into potential therapeutic targets. Key findings include the functional importance of the interaction of N-cadherin and β-catenin on the radioresistance of glioblastoma stem cells. Elevated glucose-6-phosphatase (G6PC) levels contribute to resistance to glycolytic inhibition in glioblastoma cells [\[128\]](#page-46-19). AMPK α 1 knockout affects glycolysis and tumorigenesis in a lymphoma mouse model. The overexpression of HHIF2α in AMPK knockdown GSCs possibly compensates for the loss of HIF1 α . AMPK α knockdown decreases the expression of Sp1 and ATM under severe hypoxia and reduces radioresistance [\[91\]](#page-44-30). Moreover, the overexpression of MIR210HG enhances IGFBP2 and FGFR1 promoter activities under normoxia, which is inhibited by the suppression of OCT1, and decreases under hypoxia with MIR210HG or OCT1 knockdown. These findings emphasize the multifaceted role of hypoxia-inducible factors in glioblastoma, which includes radioresistance, migration, the regulation of gene expression, and metabolic processes [\[17\]](#page-41-12).

Laboratory-based studies, such as those listed in Table [3,](#page-22-0) involve experimental manipulations and investigations performed on cells or animal models. This controlled environment allows researchers to isolate specific mechanisms, control variables, and collect preliminary data on the effects of hypoxia-inducible factors on glioblastoma. However, human clinical trials are challenging due to ethical considerations, difficulties in obtaining tumor samples, the heterogeneity of the patient population, and the complexity of studying hypoxia-inducible factors in the clinical setting [\[129\]](#page-46-20). Although laboratory-based studies provide valuable insights, they cannot fully reflect the complexity of human glioblastoma. Therefore, further research with human clinical trials is essential to validate the laboratory results and determine the clinical significance of hypoxia-inducible factors in glioblastoma.

4.3. Exploring HIF-Related Targeted and Systemic Therapies for Glioblastoma in Experimental Settings

Given the central role of HIF-1 in the pathophysiology of glioblastoma, the identification of a specific HIF-1 inhibitor holds promise for overcoming resistance to cytotoxic therapy and improving overall survival. Zinc is a potential candidate, as shown by Nardinocchi et al. [\[64\]](#page-43-26), who observed its ability to induce the proteasomal degradation of HIF1 α . While zinc showed similar effects in prostate cancer under hypoxic conditions, its efficacy was not present in the human RCC4 VHL-null cell line. Meanwhile, Maugeri et al. [\[65\]](#page-43-27) found that PACAP inhibited the release of VEGF. D'Amico et al. [\[67\]](#page-43-29) showed that this inhibition occurs through the activation of ADNP, a protein that is central to normal brain development and plays a dual role as an oncogene or tumor suppressor, depending on the tumor type. Although the involvement of PACAP in neurodegenerative diseases is well established, further investigation of the PACAP-ADNP axis in glioblastoma is warranted.

Another strategy for inhibiting VEGF is the use of BEV, an anti-VEGF monoclonal antibody that is frequently used in the treatment of glioblastomas. Preclinical and clinical studies have consistently shown that BEV is able to prolong progression-free and overall survival. However, a major challenge is to identify the patients who would benefit from this therapy, as many of them quickly develop resistance. This challenge is exacerbated by the lack of reliable biomarkers, as D'Alessio et al. [\[68\]](#page-43-30) point out.

Despite BEV treatment, a significant proportion of glioblastoma cases (40–60%) continue to progress, as shown in the clinical studies by Hu et al. [\[113\]](#page-45-20). Ongoing randomized clinical trials are investigating the potential of combining chloroquine with the standard treatment of glioblastoma, but a significant benefit has not yet been demonstrated.

In a 2017 study, Gagner et al. [\[70\]](#page-44-34) used glioma models with mice and administered the anti-VEGF antibody B20-4.1.1 and showed reduced tumor invasiveness in combination with POL5551, a CXCR4 antagonist previously shown to improve survival in immunodeficient mice when combined with other therapeutic modalities. Clinical trials with various CXCR4 antagonists are ongoing. For example, the study (NCT01339039) combines BEV with AMD3100 in patients with recurrent high-grade glioma, while another study (NCT01837095) is investigating POL6326 in combination with the chemotherapeutic agent eribulin in patients with metastatic breast cancer. Kioi et al. [\[111\]](#page-45-30) investigated the SDF-1/CXCR4 inhibitor AMD3100 and reported its superior efficacy over VEGF blockade in reducing tumor tissue perfusion after radiotherapy.

Photodynamic therapy (PDT) has impressive complete remission rates of up to 90% for skin, head, and neck tumors as well as for early-stage lung and bladder cancer. However, the efficacy of PDT in the treatment of glioblastoma has been limited in the past. However, recent advances, such as the use of acriflavine (ACF) to inhibit HIF1 α , as shown by Ma et al. [\[66\]](#page-43-28), are promising. ACF, which is known for its safety profile, has extended median survival in patients with glioblastoma to 21 months after diagnosis. Since PDT usually upregulates $HIF1\alpha$ expression in most tumors, the integration of HIF inhibitors is crucial. Li et al. [\[108\]](#page-45-35) have shown that PDT enhances the effect of TMZ by suppressing glycolytic metabolism. The role of immune cells and glycolysis-related enzymes should be further explored.

Hyperbaric oxygen therapy (HBO), which is used in the treatment of ischemic diseases, is also used in carcinoma therapy alongside radiotherapy [\[130\]](#page-46-21). Arienti et al. [\[73\]](#page-44-25) demonstrated that HBO can inhibit the proliferation of glioma cells by increasing reactive oxygen species, which leads to DNA damage. However, preclinical studies often provide contradictory results. For example, Chen et al. [\[131\]](#page-46-22) report the antitumor effects of HBOT, while there is evidence of tumor-promoting effects [\[132\]](#page-46-23). Although clinical studies support the use of HBOT as an adjunct to radiotherapy, a scientific rationale for this phenomenon remains elusive.

Cardiac glycosides that are effective in the treatment of malignancies have been identified as HIF1 α inhibitors. The studies by Bar et al. [\[106\]](#page-45-36), Joseph et al. [\[98\]](#page-45-24), and Papale

et al. [\[106\]](#page-45-36) highlight the efficacy of digoxin, while Lee et al. [\[40\]](#page-42-27) focused on digitoxin due to its liposolubility, suggesting the possible permeability of the blood–brain barrier.

Fenofibrate, known for the treatment of hyperlipidemia, has an anticancer effect that has been demonstrated in melanoma, medulloblastoma, and GBM. Trejo-Solis et al. [\[133\]](#page-46-24) demonstrated its inhibition of glycolysis in GBM, while Lin et al. [\[71\]](#page-44-23) elucidated the HIF1 α inhibition of fenofibrate via multiple metabolic pathways. 2-Methoxyestradiol (2ME2) inhibits HIF1 α , inhibits tumor growth, and is being tested in phase I and II in various cancers, including GBM, with promising efficacy and low toxicity. However, the development of resistance to 2ME2 remains enigmatic. Muh et al. [\[85\]](#page-44-35) suggest PTEN analysis to predict patient response. Combination therapy with a PI3K inhibitor, such as LY294002, is suggested for improved efficacy.

In their effort to target glioma cell proliferation and improve the efficacy of TMZ, Douglas et al. [\[72\]](#page-44-20) directed their research towards identifying a compound with the dual inhibition of LonP1 and CT-L. BT317 emerged as a promising candidate due to its ability to penetrate the blood–brain barrier, its low toxicity in animals, and its improved survival rates. However, in vivo tests with ritonavir led to the rapid development of resistance. In contrast, marizomib showed significant CNS toxicity in phase II studies and no improvement in survival was demonstrated in phase III trials. Hofstetter et al. [\[76\]](#page-44-21) found that the inhibition of PP2A with LB1.2 enhanced the effect of TMZ on GBM and neuroblastoma in mouse studies, with no side effects observed during short-term monitoring.

Borneol, a terpene from traditional Chinese medicine, sensitizes cells to TMZ by promoting HIF1 α degradation, as demonstrated by Lin et al. [\[88\]](#page-44-24). Previous studies have also shown that borneol enhances the efficacy of doxorubicin [\[134\]](#page-46-25), curcumin [\[135\]](#page-46-26), cisplatin [\[136\]](#page-46-27), and radiotherapy [\[137\]](#page-46-28). Liu et al. [\[79\]](#page-44-36) demonstrated in preclinical studies the usefulness of mannose as an adjunct to TMZ and to enhance radiotherapy, and achieved long-term survival in mice.

By combining methoxyamine and resveratrol with iododeoxyuridine, Khoei et al. [\[78\]](#page-44-37) increased the sensitivity of GBM to radiotherapy. Ahmed et al. [\[104\]](#page-45-37) noted that the sensitivity of GBM to cisplatin under hypoxic conditions may be independent of HIF and may be induced by the activation of CD133. Barliya et al. [\[95\]](#page-45-21) investigated the effects of hypericin on the degradation of hsp90 and HIF1 α in GBM and renal cell carcinoma cells, with modest results from phase I and phase II trials.

Hsieh et al. [\[103\]](#page-45-22) reported the inhibition of HIF-1 activation and tumor growth by tempol, while Chou et al. [\[94\]](#page-45-38) investigated the ability of YC-1 to enhance the efficacy of chemotherapy BCNU. Although not specific to HIF1, Chen et al. [\[114\]](#page-45-31) demonstrated the synergistic effect of YC-1 with Bay 11-7082 by inhibiting Bcl-xL induction under hypoxiainduced TMZ resistance.

TAT-Lp15, a livin peptide inhibitor, sensitized GBM cells to radiotherapy and TMZ without affecting healthy tissues, as shown by Hsieh et al. [\[103\]](#page-45-22). In particular, the ability of TAT-Lp15 to cross the blood–brain barrier underscores its therapeutic potential and warrants further clinical validation.

Disulfiram, known for its ability to improve the efficacy of standard chemotherapies in various carcinomas while exhibiting low toxicity to healthy cells, is hampered by its short half-life in the bloodstream. To address this problem, Kannappan et al. [\[97\]](#page-45-23) investigated DS-PLGA, an intravenously administered formulation that prolongs the residence time of disulfiram in the bloodstream and facilitates its penetration into GBM tissues without adverse effects on vital organs.

Sulfinosine (SF), known for its multiple anticancer effects via different metabolic path-ways, has the potential to prevent cancer cells from developing resistance [\[138\]](#page-46-29). Dačević et al. [\[80\]](#page-44-38) investigated the effect of SF in small-cell lung cancer and GBM and emphasized its ability to penetrate the CNS and its compatibility with other chemotherapeutic agents. Topotecan, which is approved for cervical, ovarian, and small-cell lung cancers, acts as both a DNA topoisomerase I inhibitor and a HIF1 α inhibitor [\[139\]](#page-47-0). However, its efficacy in GBM remains limited, as noted by Bernstock et al. [\[83\]](#page-44-22). Nelfinavir and amprenavir, which

have been shown to be effective in HIV therapy, inhibit both HIF1 α and VEGF and could sensitize tumor cells to radiotherapy with minimal toxicity, as shown by Mait et al. [\[86\]](#page-44-33).

Dominguez et al. [\[102\]](#page-45-27) have identified $DGK\alpha$ as a promising therapeutic target for GBM and other carcinomas, with selective toxicity observed in malignant GBM cells when treated with the DGKα inhibitors R59022 and R59949. SGC707, a PRMT3 inhibitor, showed anticancer activity in GBM by inhibiting $HIF1\alpha$ and glycolysis while sparing normal brain cells, as found by Liao et al. [\[110\]](#page-45-39).

Arecaidine propargyl ester (Ape) activates M2 muscarinic receptors, leading to cell cycle arrest in GBM stem cells, as reported by Cristofaro et al. [\[67\]](#page-43-29). WIN 55,212-2, a cannabinoid receptor agonist, induces GBM cell death, suggesting cannabinoids as potential anticancer agents according to Sugimoto et al. [\[87\]](#page-44-39). Paris saponin H, which is used in the treatment of lung cancer and malignant lymphoma, induces the apoptosis of gliomas, as shown by Bi et al. [\[77\]](#page-44-40). Although the insulin signaling pathway plays a crucial role in the progression of GBM, drugs targeting IGF1 await the successful completion of phase III trials as the molecular mechanisms involved are not yet fully understood, as noted by Lin et al. [\[71\]](#page-44-23). Echinomycin, a notable HIF1 α inhibitor, induces apoptosis and inhibits GBM growth by targeting the HIF1 α -PDGFD-PDGFR α axis, as found by Peng et al. [\[100\]](#page-45-25).

4.4. Insights into HIF-Associated Discoveries from Clinical Investigations in GBM

Clinical studies consistently report the elevated expression of HIF1 α in glioblastoma (GBM) tissues, suggesting its pivotal role in tumor progression. Chen et al. (2019) [\[114\]](#page-45-31) observed significant HIF1α expression in both the nucleus and cytoplasm of GBM cells, correlating with tumor vasculature, indicating its involvement in angiogenesis. Similarly, the findings by Carlos Alfonsoe et al. [\[122\]](#page-46-30) and Xiangjun et al. [\[119\]](#page-46-3) linked HIF1α expression in GBM with increased vascular proliferation and poorer patient prognosis. Moreover, the research by Bache et al. [\[115\]](#page-45-32) and El-Benhawy [\[123\]](#page-46-17) described a diverse range of hypoxia-related factors, including HIF2α and OPN, contributing to the intricate tumor microenvironment, highlighting the multifaceted role of HIFs in tumor growth and survival under hypoxia.

Notably, the studies by Erpolat et al. [\[116\]](#page-46-0) and Nobuyuki et al. [\[118\]](#page-46-2) established a correlation between elevated $HIF1\alpha$ levels and reduced patient survival, indicating its potential as a prognostic marker. Conversely, the observations by Sfifou et al. [\[120\]](#page-46-4) indicated longer survival in patients with negative $HIF1\alpha$ expression, reinforcing its prognostic value. High HIF expression levels correlate with aggressive GBM behavior, including rapid growth, enhanced invasiveness, and resistance to standard treatments, as demonstrated by Kaynar et al. [\[117\]](#page-46-1) and Potharaju et al. [\[121\]](#page-46-5), contributing to poorer patient outcomes.

These clinical findings underscore the importance of investigating hypoxia-induced tumor progression mechanisms in GBM. Developing targeted therapies to inhibit HIF activity, possibly in combination with existing treatments, holds promise for improving patient prognosis. Additionally, identifying novel biomarkers based on hypoxia-related factors could enhance early detection and treatment monitoring in GBM, ultimately improving patient outcomes. Future research efforts should focus on unraveling the complexities of the hypoxic tumor microenvironment to devise more effective interventions for managing GBM.

4.5. Advantages, Disadvantages, and Future Directions

Therapies targeting HIFs offer a promising avenue for combating GBM, a malignancy notorious for its resistance to conventional treatments. By specifically inhibiting HIF activity, these therapies hold potential for improving patient outcomes, particularly in cases where GBM displays elevated HIF expression levels [\[140\]](#page-47-1). Combining HIF-related therapies with established treatments like surgery, radiation, and chemotherapy may enhance their effectiveness, offering a more comprehensive approach to GBM management [\[141,](#page-47-2)[142\]](#page-47-3). Research into HIFs in GBM provides crucial insights into tumor progression mechanisms, offering hope for the development of more potent therapeutic strategies. Moreover, exploring HIFs could lead to the identification of novel biomarkers for early diagnosis, prognosis assessment, and treatment response monitoring in patients with GBM [\[143\]](#page-47-4).

However, challenges abound in the clinical application of HIF-related therapies. The lack of standardization in research methodologies impedes quantitative meta-analysis, while genetic mutations in GBM and therapy effects outside target sites present additional hurdles [\[13](#page-41-9)[,144](#page-47-5)[,145\]](#page-47-6). The complex and dynamic nature of the hypoxic tumor microenvironment may limit the efficacy of single-target HIF therapies, potentially leading to therapy resistance. Developing combination therapies or innovative treatment strategies may be necessary to address this issue. Despite encouraging preclinical results, limited clinical data exist on the efficacy of HIF-related therapies in patients with GBM, necessitating further extensive clinical trials for validation [\[137,](#page-46-28)[146\]](#page-47-7). Safety concerns, including potential side effects and toxicity, especially when combined with other treatments, require thorough evaluation [\[147–](#page-47-8)[149\]](#page-47-9).

Moreover, the challenge lies in targeting HIFs without disrupting normal cellular responses to hypoxia, underscoring the need for precision in therapy development [\[150\]](#page-47-10). The absence of reliable biomarkers to identify patients who would benefit most from HIF-related therapies complicates treatment decisions and personalized care plans. Exploring combination therapies targeting multiple GBM progression pathways, conducting advanced clinical trials with diverse populations, and investigating the mechanisms of therapy resistance are crucial steps forward [\[151\]](#page-47-11). Additionally, advancing research to identify and validate biomarkers for early detection and treatment response monitoring is essential for the effective clinical implementation of HIF-related therapies in GBM management.

5. Conclusions

In conclusion, the evolving landscape of GBM research reflects a concerted effort to address the pressing challenges of poor patient outcomes associated with conventional treatments. While molecular genetic features have improved diagnostic capabilities, preclinical studies have highlighted the importance of HIFs as a therapeutic target, although clinical translation is limited. Overcoming challenges such as therapy resistance, safety concerns, and the absence of reliable biomarkers is crucial for the successful integration of HIF-related therapies into the treatment of GBM. By combining targeted approaches with conventional treatments, conducting large clinical trials, and testing combination therapies, researchers aim to optimize patient outcomes and pave the way for personalized treatment strategies in GBM. Ultimately, these multidisciplinary efforts promise to improve our understanding and treatment of GBM and provide hope for better patient care in the future.

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Appendix A

Appendix B

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