### **Review**

# **Metabolism: an important player in glioma survival and development**

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### **Abstract**

Gliomas are malignant tumors originating from both neuroglial cells and neural stem cells. The involvement of neural stem cells contributes to the tumor's heterogeneity, afecting its metabolic features, development, and response to therapy. This review provides a brief introduction to the importance of metabolism in gliomas before systematically categorizing them into specifc groups based on their histological and molecular genetic markers. Metabolism plays a critical role in glioma biology, as tumor cells rely heavily on altered metabolic pathways to support their rapid growth, survival, and progression. Dysregulated metabolic processes, involving carbohydrates, lipids, and amino acids not only fuel tumor development but also contribute to therapy resistance and metastatic potential. By understanding these metabolic changes, key intervention points, such as mutations in genes like RTK, EGFR, RAS, and IDH can be identifed, paving the way for novel therapeutic strategies. This review emphasizes the connection between metabolic pathways and clinical challenges, ofering actionable insights for future research and therapeutic development in gliomas.

**Keywords** Gliomas · Metabolisms · Glucose metabolism · Lipid metabolism · Signaling pathway · Treatment directions

### **Abbreviations**

Akt	Kinase B
AT/RTs	Atypical Teratoid/Rhabdoid Tumors
<b>BRAF</b>	v-raf murine sarcoma viral oncogene homolog
CD <sub>36</sub>	Platelet glycoprotein 4
<b>CNS</b>	Central nervous system
<b>DCA</b>	Dichloroacetate
EGFR	Epidermal growth factor receptor
<b>ERK</b>	Extracellular signal-regulated kinase
<b>FAO</b>	Fatty acid oxidation
<b>FAs</b>	Fatty acids
ASN	Fatty acid synthesis
FGFR1	Fibroblast growth factor receptor1
GAMT	Guanidinoacetate methyltransferase

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# **1 Introduction**

 Glioma is a tumor originating from glial cells within the neuroepithelial tissue of the brain and is the most common primary malignant brain tumor, with an incidence of 5–6 persons/(100,000 person-years) [\[1](#page-19-0)]. According to the 2021 edition of the WHO Classifcation of tumors of the CNS, gliomas are classifed as grades 1 to 4 [[2](#page-19-1), [3\]](#page-19-2). Overall survival for patients with high-grade gliomas is very short, for patients with grade 3 gliomas it is 2–3 years, and for patients with grade 4 glioblastomas it is only 1.5 years [[4](#page-19-3), [5](#page-19-4)]. The pathogenesis of gliomas is not yet clear, but the two established risk factors are exposure to high doses of ionizing radiation and hereditary mutations related to rare syndromes with high penetrance [\[6](#page-19-5)]. Additionally, carcinogenic factors such as nitrate-rich foods, viral or bacterial infections may also contribute to the development of gliomas [[7\]](#page-19-6). Clinical manifestations of gliomas mainly include increased intracranial pressure, neurological and cognitive dysfunction, and epileptic seizures [[8\]](#page-19-7). Gliomas not only have a significant impact on patients' lives but also have long been a hot topic of research in the medical feld. The occurrence, development, and treatment of gliomas involve complex biological and clinical issues, with metabolic abnormalities becoming a focus of attention in recent years [[9–](#page-19-8)[11](#page-19-9)].

Glioma cells are highly dependent on altered metabolic pathways to meet the energy and biosynthetic demands required for their rapid growth and division [\[12,](#page-19-10) [13](#page-19-11)]. These metabolic changes are critical to glioma development and progression, infuencing not only tumor proliferation but also therapy resistance and survival. Therefore, understanding the metabolic characteristics of glioma cells is fundamental to advancing research into their pathogenesis, identifying potential therapeutic targets, and improving patient outcomes [\[14,](#page-19-12) [15](#page-19-13)].



In this review, we provide a comprehensive exploration of glioma metabolism, examining the roles of glucose metabolism, lipid metabolism, amino acid metabolism, and other metabolic pathways. By detailing these processes, we aim to highlight how they contribute to glioma growth, survival, and treatment resistance, providing insights that may lead to more effective therapeutic strategies [\[16](#page-19-14)-20]. The present study aims to provide elucidateof the alterations in metabolic pathways in gliomas and their associations with tumor growth, drug resistance, and metastasis. By reviewing the latest research advancements and breakthroughs, this paper seeks to deepen understanding in the feld of glioma metabolism, ofering robust support for future therapeutic strategies and drug development.

# **2 Classifcation of gliomas**

With the development of pathology and advancements in pathological detection technologies, the genetic background and mechanisms of glioma development are becoming increasingly clear. An increasing number of molecular markers have been proven to play signifcant roles in the classifcation, typing, grading, prognosis, and treatment of gliomas [\[21](#page-20-0), [22](#page-20-1)]. The 5th edition of the "WHO Classifcation of Tumors of the Central Nervous System," released in 2021, integrates the histological features and molecular phenotypes of gliomas, proposing new classifcation criteria for these tumors. However, the cellular transformations involved in the development of gliomas are essentially the same (Fig. [1\)](#page-2-0). Below is an overview of the WHO classifcation and a detailed breakdown of gliomas (Table [1](#page-3-0)):

- 1. Adult-type difuse glioma: This group consists of astrocytoma (IDH mutant), oligodendroglioma (IDH mutant and with 1p/19q codeletion), and glioblastoma (IDH wildtype). In this category, IDH mutation is a key diagnostic marker [[23](#page-20-2), [24\]](#page-20-3). Common IDH mutations include the R132H mutation in the IDH1 gene and the R172 mutation in the IDH2 gene. Gliomas with IDH mutation and 1p/19q codeletion are diagnosed as oligodendroglioma, while those without 1p/19q codeletion are diagnosed as astrocytoma, IDH mutant type [[25,](#page-20-4) [26\]](#page-20-5). Additionally, CDKN2A/B homozygous deletion is also used as a grading marker.
- 2. Pediatric-type difuse low-grade gliomas: These are central nervous system tumors found in children, often with distinct molecular and genetic characteristics. The molecular variations in these tumors are divided into two main types: MYB or MYBL1 variant type and the MAPK pathway variant type. The myeloblastosis proto-oncogene (MYB) or MYB-like 1 (MYBL1) variant type primarily involves gene copy number variations and gene fusions, categorizing the variant tumors into types such as difuse astrocytomas, MYB or MYBL1 variant type, and angiocentric gliomas [[27](#page-20-6)[–29\]](#page-20-7). The MAPK pathway variant type includes variations in genes associated with the MAPK signaling pathway, like neurofbromin 1(NF1), B-Raf proto-oncogene, serine/threonine kinase (BRAF), fbroblast growth factor receptor 1 (FGFR1). Common molecular variations in this type include FGFR1 tyrosine kinase domain duplication, FGFR1 mutations, FGFR1 fusion, and BRAF V600E mutation [[30,](#page-20-8) [31\]](#page-20-9). Due to the lack of specifcity in some molecular variations of the MAPK pathway variant tumors, classical pathological diagnostic methods and results such as histological morphology and immunohistochemistry are crucial.
- 3. Pediatric-type diffuse high-grade gliomas: It exhibits rapid growth, high invasiveness, cellular atypia, active proliferation, necrosis, and generally has a poor prognosis. The molecular genetics mainly include histone H3 variant type and H3 wild-type and IDH wild-type [\[32\]](#page-20-10). The histone H3 variant type comprises difuse midline gliomas, H3

<span id="page-2-0"></span>**Fig. 1** Diagram of Interactions Between Glioma, Brain Cells, and the Blood–Brain Barrier (The illustration primarily depicts the location of glioma cells in the brain, their interactions with neurons, astrocytes, and microglia, and their acquisition of nutrients from across the blood-brain barrier.)





<span id="page-3-0"></span>



K27 variant type, and difuse hemispheric gliomas, H3 G34 mutation type [\[33](#page-20-11)]. The H3 K27 variant type involves mutations in H3.3 and H3.1 genes, accompanied by mutations such as TP53 and activin A receptor type 1 (ACVR1). The H3 wild-type and IDH wild-type encompass IDH wild-type and histone H3 wild-type gliomas [\[34](#page-20-12)]. Based on DNA methylation characteristics, they can be further subtyped into categories such as receptor tyrosine kinases1(RTK1), RTK2, and MYCN types [\[33,](#page-20-11) [35](#page-20-13)].

- 4. Circumscribed astrocytic gliomas: These tumors can be classifed into three subtypes: pilocytic astrocytomas, pleomorphic xanthoastrocytomas, and subependymal giant cell astrocytomas. They are characterized by their slower growth rate and generally non-invasive nature, presenting as well-demarcated, localized masses in the brain. Common molecular variations in pilocytic astrocytomas include KIAA1549-BRAF fusion and other BRAF-related variations [\[36](#page-20-14), [37](#page-20-15)]. Pleomorphic xanthoastrocytomas typically carry the BRAF V600E mutation and CDKN2A/B homozygous deletion [[38](#page-20-16)]. Subependymal giant cell astrocytomas are often associated with TSC1 and TSC2 mutations. A typical variation in chordoid gliomas is the PRKCA D463H mutation [[35](#page-20-13), [39,](#page-20-17) [40](#page-20-18)].
- 5. Glioneuronal and neuronal tumors: The main characteristic of these tumors is that the tumor cells exhibit features of neurons and/or neuroglial cells, with molecular genetics showing variations related to the MAPK pathway. For example, gangliogliomas frequently exhibit BRAF V600E mutations and various BRAF fusions, while embryonal tumors with multilayered rosettes demonstrate FGFR1 variations and BRAF-related variations [[41,](#page-20-19) [42](#page-20-20)]. Additionally, polymorphous low-grade neuroepithelial tumors of the young and extraventricular neurocytomas also display typical molecular variations associated with the MAPK pathway [[43](#page-20-21), [44\]](#page-20-22). The newly defined mucinous glioneuronal tumors showcase unique DNA methylation profles [[45\]](#page-20-23).
- 6. Choroid plexus tumors: Choroid plexus tumors originate from the choroid plexus cells in the brain ventricles or spinal cord central canal. Supratentorial choroid plexus tumors are divided into zinc fnger translocation associated (ZFTA) fusion-positive and YAP1 fusion-positive types [\[46\]](#page-20-24). The ZFTA fusion-positive type is associated with a poorer prognosis and mainly occurs in children, while the YAP1 fusion-positive type, predominantly found in children, has a relatively better prognosis [\[47](#page-20-25)]. Supratentorial choroid plexus tumors without ZFTA and YAP1 fusions are less common and exhibit diverse molecular variations [[48](#page-20-26), [49](#page-20-27)]. Posterior fossa choroid plexus tumors are divided into posterior fossa type A and posterior fossa type B groups based on DNA methylation profles, with the PFA group occurring mainly in infants and toddlers with a worse prognosis and the PFB group primarily in older children or adults with a relatively better prognosis [\[50,](#page-21-0) [51](#page-21-1)]. Some spinal choroid plexus tumors are characterized by MYCN amplifcation, showing aggressive invasion and metastatic potential, leading to a worse prognosis [\[52\]](#page-21-2). Often, these tumors are associated with NF2 mutations, commonly linked with Type 2 neurofbromatosis [[53\]](#page-21-3).
- 7. Other types of tumor models: Other types of tumor models primarily include embryonal tumors, meningiomas, and pineal region tumors in the central nervous system. In CNS embryonal tumors, AT/RTs commonly exhibit SMARCB1 or SMARCA4 mutations [[54](#page-21-4)]. For embryonal tumors with multilayered rosettes, C19MC amplifcation is a typical variation. Approximately 60% of meningiomas show NF2 mutations, while non-NF2 variant meningiomas are more complex and include various pathway variations [\[55](#page-21-5)]. In pineal region tumors, key mutations or deletions in SMARCB1 characterize SMARCB1 mutation-type pineal region myxoproliferative lesions [[56\]](#page-21-6).

# **3 Metabolic reprogramming of glioma cells**

During the malignant transformation of gliomas, a series of changes in their principal metabolic pathways, known as metabolic reprogramming, marks a crucial hallmark of cancer progression [[57\]](#page-21-7). Metabolic reprogramming extends beyond mere metabolic alterations; it may also trigger and regulate tumor cell plasticity, thereby facilitating malignant progression [[58](#page-21-8)]. In a healthy physiological state, cells support their normal growth needs by balancing various pathways such as carbohydrate, lipid, and amino acid metabolism (Fig. [2\)](#page-5-0) [[59](#page-21-9)]. In contrast, tumor cells, due to their intrinsic proliferation characteristics, require more energy to support rapid growth. To meet this high energy demand, tumor cells commonly resort to two main metabolic pathways: oxidative phosphorylation and aerobic glycolysis (the Warburg efect) [[60,](#page-21-10) [61](#page-21-11)]. During oxidative phosphorylation, the energy generated from the oxidative breakdown of organic compounds is used to synthesize ATP [[62](#page-21-12)]. Conversely, aerobic glycolysis, even in the presence of ample oxygen, involves the incomplete metabolism of glucose through the glycolytic pathway, providing both energy and metabolic intermediates like fructose-1,6-bisphosphate, pyruvate, and lactate for rapid tumor cell proliferation [[63\]](#page-21-13). These intermediates not only supply energy but also feed into other metabolic pathways, leading to shifts in the proportion and composition of various pathways, including glycolysis, oxidative phosphorylation, the pentose phosphate pathway, lipid metabolism, and amino acid metabolism, to accommodate





<span id="page-5-0"></span>**Fig. 2** Energy metabolism in gliomas (Tumor cells often rely on aerobic glycolysis (Warburg efect), converting glucose to lactate even in the presence of oxygen to rapidly generate energy and building blocks for growth. Under hypoxic conditions, they switch to anaerobic glycolysis, breaking down glucose without oxygen. Additionally, tumor cells can use other pathways like fatty acid oxidation and pyruvate catabolism, depending on the tumor type, environment, and regulatory mechanisms.)

the rapid proliferation of tumor cells [\[64](#page-21-14)]. Furthermore, lactate produced during glycolysis can acidify the extracellular matrix, promoting tumor invasion and metastasis, while also contributing to resistance to various treatments, including increased drug efflux, activation of DNA damage repair, drug inactivation, epigenetic alterations, mutations in drug targets, activation of survival pathways, and evasion of programmed cell death [[65\]](#page-21-15). Thus, metabolic reprogramming plays a pivotal role in tumor growth, development, and treatment resistance.

The metabolic reprogramming in gliomas exhibits distinct characteristics across different pathological grades or classifcations [[66\]](#page-21-16). Low-grade gliomas(LGGs) show a milder metabolic phenotype compared to high-grade gliomas (such as glioblastoma multiforme), relying more on oxidative phosphorylation than on aerobic glycolysis [\[67](#page-21-17)]. IDH-mutant gliomas display a unique metabolic phenotype characterized by the accumulation of the oncometabolite 2-HG, as opposed to IDHwildtype gliomas, which demonstrate more aggressive metabolic reprogramming features, such as enhanced glycolysis, altered amino acid and lipid metabolism, and increased angiogenesis [\[68](#page-21-18), [69](#page-21-19)]. Oligodendrogliomas and astrocytomas also difer metabolically, with the former typically featuring IDH mutations and 1p/19q codeletion, presenting a metabolic profle that balances oxidative phosphorylation and glycolysis, whereas the latter varies in metabolic profles based on grade and IDH mutation status [\[70](#page-21-20)]. Understanding these metabolic diferences is critical for developing targeted therapies and improving patient outcomes.

# **4 Energy uptake in gliomas cells**

# **4.1 Glucose metabolism in gliomas**

Under conditions of ample oxygen, glioma cells preferentially convert glucose to lactate via glycolysis, a process that yields less energy but supports the rapid proliferation needs of the tumor cells [\[71](#page-21-21)]. Glioma cells not only generate energy through glycolysis but also produce bicarbonate, lactate, and nicotinamide adenine dinucleotide. The accumulation of lactate provides an acidic environment conducive to tumor invasion, neovascularization, and suppression of immune



cell function and activity. Glioma-produced lactate is reabsorbed by surrounding cells and converted back to pyruvate, re-entering the energy production cycle, thereby promoting tumor growth and dissemination [\[9](#page-19-8), [72](#page-21-22), [73](#page-21-23)]. Studies indicate that glucose transporter proteins 1(GLUT1) and GLUT3 are upregulated in glioma cells, facilitating tumor cell growth and correlating with reduced patient survival rates [\[74\]](#page-21-24). Hence, specifc inhibitors targeting GLUT3 have demonstrated potential in reducing glucose uptake and glycolytic capacity [\[75\]](#page-21-25). Moreover, an increase in proteins associated with glucose metabolism, such as HK2 and PDK, has been observed in glioma cells [[76–](#page-21-26)[78](#page-21-27)]. The knockdown or inhibition of HK2 signifcantly impedes glioma growth.

Under hypoxic conditions, glioma cells exhibit elevated expression of PDK, an inhibitor of pyruvate dehydrogenase, regulating the entry of pyruvate into the TCA cycle. This modulation shifts energy production from oxidative phosphorylation to glycolysis [[79\]](#page-21-28). The intracranial delivery of the PDK inhibitor DCA efectively reverses the Warburg efect in TMZ-resistant cells, signifcantly enhancing survival in glioma animal models [[80\]](#page-21-29). Additionally, oral administration of DCA in glioma patients inhibits PDK, though defnitive conclusions regarding DCA as a treatment for human glioma remain pending (NCT00540176) [\[81](#page-21-30)]. DCA functions by inducing cell cycle arrest, reducing mitochondrial reserve capacity, and increasing oxidative stress and DNA damage. In an orthotopic glioma mouse model, combination therapy with DCA and radiotherapy signifcantly prolongs median survival, highlighting the potential utility of glucose metabolism inhibitors in overcoming resistance to TMZ/radiotherapy [\[82](#page-21-31)]. This process is a key focus in the study of gliomas' sugar metabolism (Table [2](#page-6-0)).

The tumor microenvironment (TME) plays a crucial role in regulating glucose metabolism in gliomas. Factors such as hypoxia and nutrient limitation within the TME lead to the upregulation of GLUTs, particularly GLUT1 and GLUT3, to meet the energy demands of rapidly proliferating tumor cells. Hypoxia-inducible factor 1 (HIF-1) is a key regulator under hypoxic conditions, driving the expression of GLUTs and enhancing glucose uptake [[67](#page-21-17), [83\]](#page-21-32). Studies have shown that the expression of GLUTs increases with tumor grade and adapts to environmental changes, such as oxygen availability [[84](#page-22-0)]. This metabolic adaptation highlights GLUTs as potential therapeutic targets in disrupting glioma energy supply.

Glucose metabolism is vital for gliomas development, involving metabolic reprogramming and various molecular mechanisms. Understanding these processes is key to developing new treatments targeting glucose metabolism, which could improve survival and quality of life for gliomas patients.



#### <span id="page-6-0"></span>**Table 2** Recent advances in gliomas glucose metabolism



# **4.2 Lipid metabolism in gliomas**

Lipids are vital structural and functional components of the brain, comprising approximately 50% of its dry weight. In gliomas, abnormal lipid metabolism is intricately linked to the disease's development and progression. This includes the reprogramming of lipid biosynthesis pathways, the involvement of key enzymes and regulatory factors, and the relationship between lipid metabolism and treatment resistance. The dysregulated lipid metabolism in gliomas primarily afects free fatty acids and cholesterol, which play a critical role in supporting tumor growth and contributing to therapy resistance.

# **4.2.1 Fas**

Fatty acid (FAs) metabolism plays a crucial role in gliomas, as it is intimately linked with tumor growth, invasion, drug resistance, and modulation of the tumor microenvironment. There are two main pathways of fatty acid utilization within tumors: Firstly, synthetic metabolism, primarily for the production of new lipid bilayers, vesicular membranes, and other biomolecules. Secondly, catabolic metabolism, wherein peroxisomes and mitochondria in cells produce ATP through α-FAO and β-FAO, providing energy for glioma proliferation. Importantly, synthetic and catabolic metabolic processes cannot and do not occur simultaneously within cells, as the by-products of biosynthesis/oxidation reactions inhibit their opposing reactions [[97](#page-22-12)]. However, FA synthesis and metabolism can occur simultaneously within diferent spatial locations within the tumor. FAs uptake is more prominent in higher-grade tumors like glioblastoma due to their increased energy demands and metabolic fexibility. Studies show that higher-grade gliomas rely more on fatty acid metabolism compared to lower-grade gliomas, which rely more on glucose metabolism [[98,](#page-22-13) [99](#page-22-14)].

**4.2.1.1 Fas uptake** Glioblastoma cells signifcantly enhance fatty acid uptake to support their rapid proliferation and growth, difering notably from normal cells through several mechanisms. Firstly, the activation of fatty acid metabolic pathways such as PI3K/Akt/mTOR and AMPK indirectly promotes the absorption and utilization of fatty acids by regulating the expression of fatty acid transport proteins and enzymes involved in Fatty Acid Oxidation (FAO) [[100](#page-22-15)]. Secondly, glioblastoma cells increase fatty acid uptake by upregulating the expression patterns of specifc fatty acidbinding proteins and fatty acid transporters, such as platelet glycoprotein 4 (CD36) [\[101](#page-22-16)]. Thirdly, the glioblastoma microenvironment, by secreting cytokines like interleukins and tumor growth factors, activates receptors on the surface of tumor cells, enhancing the expression and activity of fatty acid transport proteins and further promoting fatty acid uptake [\[102](#page-22-17)].

**4.2.1.2 Synthetic metabolism** Fatty acid synthase (FASN) in gliomas, unlike fatty acid oxidation, occurs in the cytoplasm. Here, citrate serves as a substrate for ATP-citrate lyase, producing cytoplasmic acetyl-CoA. The rate-limiting step in fatty acid synthesis involves acetyl-CoA carboxylase converting acetyl-CoA to malonyl-CoA, which is subsequently used by FASN to synthesize fatty acids. This process is primarily regulated by the transcription factor Sterol regulatory elementbinding protein 1 (SREBP-1), which controls the expression of lipogenic genes [\[103\]](#page-22-18). Notably, the high expression of FASN is positively correlated with the malignancy of gliomas, especially in high-grade gliomas such as GBM. This elevated FASN expression is associated with an increased demand for lipid synthesis, supporting the rapid proliferation and invasive growth of tumor cells [[104](#page-22-19), [105\]](#page-22-20).

Studies have shown that Epidermal Growth Factor Receptor (EGFR) signaling, by activating SREBP-1, leads to the transcription of lipogenic genes, correlating directly with the level of EGFR activity in tumors [[106\]](#page-22-21). Specifcally, EGFR signaling induces glucose uptake, which is then used for glycosylation of the SREBP cleavage-activating protein enzyme. This glycosylated SREBP cleavage-activating protein can enter the Golgi apparatus for modifcation of SREBP-1 [\[107\]](#page-22-22).

Given the pivotal role of EGFR signaling in regulating FAS, gliomas with EGFR variant III amplifcation (EGFRvIII, the most common functional gain-of-function mutation of EGFR in glioma) demonstrate signifcantly increased lipogenesis and overall metabolic activity. Further studies have indicated that AMPK can phosphorylate ACC, and activating AMPK can inhibit the growth of EGFRvIII glioma cells both in vitro and in vivo.

Several studies have also explored disturbances in the downstream steps of FA<sub>S</sub> in glioma cells. It has been found that the expression levels of FASN enzyme are significantly higher in glioma tissues compared to normal neural tissues in humans and rats [\[108](#page-22-23), [109\]](#page-22-24). Cell apoptosis increases and S-phase cell accumulation occurs through either RNAi-mediated knockdown of FASN or the FA<sub>s</sub> inhibitor cerulenin. Additionally, it has been discovered that FASN

levels are enriched in extracellular vesicles derived from glioma cell lines and human plasma, suggesting that plasma extracellular vesicle levels can serve as a non-invasive biomarker for gliomas [[109](#page-22-24)].

Since FA<sub>S</sub> promotes several aspects of glioma metabolism, the FA component of the diet may influence glioma growth. A high-fat diet leads to FA accumulation in tumors, increasing glioma stem cell populations, promoting tumor growth, and preventing necrotic cell death in glioma mouse models by affecting sulfur metabolism and upregulating CD36 levels [\[110](#page-22-25), [111](#page-22-26)]. Pharmacological or genetic blockade of CD36 leads to a reduction in stem cell phenotype and decreases in vivo tumor growth.

Lipid droplets (LDs) play a crucial role in storing excess lipids in tumor cells, and monounsaturated fatty acids (MUFAs) are particularly important in promoting LD formation. Studies have identified SOAT1 as a key enzyme responsible for LD formation, and the inhibition of LD formation using shRNA or the SOAT inhibitor avasimibe has been successful in preclinical models. Furthermore, LDs have been shown to have anti-apoptotic effects and contribute to chemotherapy resistance, suggesting that targeting LDs may offer a valuable therapeutic approach [[112,](#page-22-27) [113](#page-22-28)].

The metabolic switch between synthetic and catabolic metabolism involves the regulation of MUFA and saturated fatty acid levels, which is essential for the transition between synthetic and catabolic processes in tumors [[114](#page-22-29)]. This process, catalyzed by enzymes like SCD, is fundamental for tumor growth, with inhibition of SCD reducing proliferation and inducing apoptosis [[115\]](#page-22-30). Additionally, the SCD pathway is significant for chemotherapeutic resistance and membrane stability in gliomas [[116](#page-22-31), [117](#page-22-32)]. Another key aspect is that LDs serve as critical storage for lipids and cholesterol esters in tumour cells, supporting their survival, particularly under stress conditions like hypoxia. Hypoxia-induced enzymes promote LD formation, helping tumour cells adapt by maintaining energy stores. LDs are also linked to increased drug resistance, as they can stabilize membranes, fuel fatty acid oxidation, and support cell survival, making them a potential therapeutic target to overcome treatment resistance [[112\]](#page-22-27).

As for gliomas, there are reports highlighting the importance of LDs in regulating energy homeostasis, and studies suggest a potential connection between LDs and FASN. FASN drives de novo lipogenesis, contributing to the formation and accumulation of lipids within LDs [[118\]](#page-22-33). This correlation between FASN activity and LD formation is likely important in supporting energy homeostasis and promoting tumour cell survival, especially under metabolic stress [[119\]](#page-22-34).

**4.2.1.3 Catabolic metabolism** In mammalian cells, there are two types of FAO: α-oxidation and β-oxidation. α-oxidation, a unique process occurring in specialized organelles called peroxisomes, involves the removal of a single carbon from the carboxyl end of certain lipids, allowing their subsequent β-oxidation [[120](#page-23-0)].

Most research on FAO focuses on β-oxidation within mitochondria. It's important to note that only saturated carbon chains can be broken down through the FAO process [[121](#page-23-1)]. Unsaturated FAs require several additional enzymatic steps that translocate and saturate double bonds before complete oxidation. Many enzymes required for FAO are abundantly present in glioma, enabling glioma cells to readily oxidize lipids that promote cell proliferation [[122\]](#page-23-2).

Recent studies have shown that upregulation of FAO occurs predominantly in conditions of nutrient deprivation, with dual inhibition of FAO (using etomoxir) and glucose metabolism (using 2-deoxy-D-glucose [2-DG]) yielding signifcant benefts in animal models of glioma [[123](#page-23-3)]. Furthermore, in another recent study, the mitochondrial enzyme Mediumchain acyl-CoA dehydrogenase (MCAD) was found to be crucial for glioma growth. Inhibition of MCAD in GBM cells (either genetically or pharmacologically) leads to the accumulation of medium-chain FAs, lipid peroxidation, and mitochondrial damage, resulting in apoptosis [\[124\]](#page-23-4).An interesting use of FAO by glioma cells is to evade anti-tumor responses induced by radiotherapy. Interestingly, radiation upregulates FAO, producing citrate, which provides substrates for acetylation of RelA, thereby promoting Cluster of Diferentiation 47 (CD47) expression. This upregulation prevents macrophage phagocytosis post-radiation, leading to tumor regeneration [[125](#page-23-5)]. Ketone metabolism is another byproduct of FAO; these ketone bodies can shuttle out of cells and then be reimported to provide acetyl-CoA for the TCA cycle [\[126](#page-23-6)]. Importantly, ketone bodies can cross the blood-brain barrier through endothelial monocarboxylate transporters and can even replace glucose as the brain's main energy source under conditions of prolonged fasting [\[127\]](#page-23-7). A recent study suggests that ketogenic diets might promote tumor growth, supporting the possibility that this could occur in glioma. However, the role of ketones in glioma becomes complex, as previous research indicates that glioma cells cannot metabolize ketone bodies like normal neural tissue, making the role of ketogenesis in glioma progression unclear [[128,](#page-23-8) [129](#page-23-9)]. The signifcance of FA<sub>S</sub> metabolism as a crucial step in glioma cell energy utilization warrants further investigation and the development of new therapeutic targets.



**4.2.1.4 Fatty acid metabolism and the tumor microenvironment** The tumor microenvironment, comprising tumor cells, macrophages, extracellular signaling molecules, and the extracellular matrix, collectively infuences the development and progression of tumors. Research indicates that FAs metabolism plays a crucial role in regulating the tumor microenvironment in gliomas. TAMs in glioma play a key role in modulating the tumor microenvironment. Monoacylglycerol lipase (MAGL), which hydrolyzes monoacylglycerol into glycerol and free fatty acids, is associated with cancer aggressiveness due to high MAGL expression. The activity of MAGL leads to the accumulation of Prostaglandin E2, which can induce TAMs to polarize towards the M2 type, thus enhancing the self-renewal capacity of glioma stem cells and promoting proliferation and invasion of gliomas cells [[130](#page-23-10)]. Hypoxia is another important characteristic of the glioma's microenvironment. Under hypoxic conditions, Ras-driven gliomas cells can uptake FAs from the exterior to promote cell proliferation and maintain membrane integrity [\[131](#page-23-11)]. Moreover, Ras-driven gliomas cells can bypass the SCD1-mediated pathway, acquiring FAs from the exterior to support cell proliferation and adapt to the hypoxic tumor microenvironment. In summary, the gliomas microenvironment includes multiple factors, among which FA metabolism and TAMs play key roles in its regulation [[132\]](#page-23-12). The treatment of gliomas, particularly targeting glioma stem cells and regulating adaptation to hypoxic environments, is expected to become a crucial direction for future research and drug development.

#### **4.2.2 Cholesterol metabolism**

Cholesterol plays multiple vital roles in the body, including being a key component of cell membranes and plasma lipoproteins, as well as a precursor to steroidal hormones, bile acids, and oxysterols [\[133\]](#page-23-13). In the central nervous system, cholesterol is primarily found in myelin sheaths and is a major component of synaptic vesicles, crucial for their formation and function. Recent research has discovered that cholesterol is also involved in the formation of neuronal dendrites and axons, neuronal survival, proliferation of astrocytes, and the transmission of signals related to neural repair and development [[134\]](#page-23-14). The homeostasis of cholesterol in gliomas cells is dynamically regulated by various factors, including cholesterol uptake, synthesis, and efflux. Understanding these regulatory mechanisms and their roles in the development of gliomas holds signifcant research value [[135](#page-23-15)].

Cholesterol metabolism plays a key role in the survival and progression of gliomas. The high cholesterol demand of tumor cells is not only refected in increased cholesterol synthesis, but also in cholesterol utilization and regulatory mechanisms [\[136,](#page-23-16) [137](#page-23-17)]. Under normal circumstances, the dynamic balance of cholesterol in mammals is controlled by a complex network of molecular regulators, among which SREBPs and Liver X Receptors play key roles [\[138\]](#page-23-18).

SREBPs are a class of membrane-bound transcription factors that regulate the expression of multiple genes in the cholesterol synthesis pathway, with SREBP-2 primarily involved in the regulation of cholesterol synthesis. Activation of this pathway typically leads to the upregulation of HMG-CoA reductase and low-density lipoprotein receptor, thereby increasing cholesterol synthesis and uptake [\[139,](#page-23-19) [140](#page-23-20)]. In gliomas, the upregulation of SREBP2 and associated enzymes is linked to mutations in the epidermal growth factor receptor and abnormal activation of the PI3K signaling pathway, thereby promoting tumor cell proliferation [[141\]](#page-23-21). However, some studies suggest that high expression of SREBP2 in difuse gliomas may be associated with a better prognosis, which could be related to the molecular subtype of the tumor and environmental factors, necessitating further research to explain this phenomenon [[142](#page-23-22)].

On the other hand, Liver X Receptors regulate the efflux and metabolism of cholesterol by inducing the expression of ATP-binding cassette transporter A1 and adenosine triphophate (ATP)-binding cassette (ABC) transporter G1 genes, thus promoting the expulsion of cholesterol from cells and reducing the expression of low-density lipoprotein receptor. This mechanism helps to maintain cholesterol homeostasis and to some extent inhibits the growth of tumor cells [[135](#page-23-15)]. Besides the synthesis and regulatory pathways of cholesterol, cholesterol metabolism products also have a signifcant impact on tumor biology. For example, Oxysterol Hydroxylase Cholesterol (OHCs), including 25-OHC and 7α-25-OHC, are elevated in tumor cells and closely associated with immunity, infammation, and tumor development [\[143\]](#page-23-23). These OHCs are not only involved in cholesterol metabolism, but also regulate multiple signaling pathways that afect tumor cell growth and immune responses [[144\]](#page-23-24). In addition, some OHCs have efects on viral replication, immunoglobulin synthesis and infammatory factor regulation. It has been shown that in glioma cells, dysregulation of cholesterol metabolism activates the infammatory response by up-regulating key infammatory mediators such as IL-1β, TNF-α and IL-6, afecting the immune response in the tumor, especially in tumor settings such as gliomas [\[145](#page-23-25), [146\]](#page-23-26). In addition, these infammatory mediators in turn alter cholesterol metabolism by regulating cholesterol synthases and transport proteins (e.g., ATP-binding cassette transporter proteins) to promote or inhibit cholesterol synthesis and efux. For example, induction of up-regulation of cholesterol-25-hydroxylase expression leads to increased synthesis of 25-OHC,



which can chemotactically affect monocytes/macrophages via the EBV-induced gene 2 receptor [\[147\]](#page-23-27). In summary, cholesterol metabolism plays a complex and diverse role in the biology of gliomas and other types of tumors, involving cholesterol synthesis, regulation, efflux, and related metabolic products.

### **4.3 Amino acid metabolism**

Amino acids are an important source of intracellular energy and nutrients, as well as intermediates linking carbohydrate, lipid and nucleotide metabolism. Among them, glutamate is involved in a variety of biological reactions such as energy production, macromolecule synthesis, and signal transduction, which has an important impact on cancer development [[148](#page-23-28)].

Research has discovered that the accumulation of α-2HG caused by IDH1 mutations can inhibit the amino transferases branched-chain aminotransferase 1 and branched-chain aminotransferase 2, reducing glutamate levels and increasing the synthesis of glutathione, thereby affecting tumor cell survival [[149](#page-23-29)]. Additionally, amino acid metabolism plays a crucial role in regulating cell growth and synthesis by activating the mTOR pathway. In particular, mTORC2 serves as a key regulator by controlling the activity of the glutamine-glutamate antiporter (xCT). Through this regulation, mTORC2 integrates growth factor signals with amino acid metabolism, facilitating cellular nutrient uptake and modulating metabolic processes. This ultimately enhances the proliferative and survival capacities of tumor cells, promoting tumor growth and progression [[150](#page-23-30), [151\]](#page-23-31).

Abnormalities in amino acid metabolism can lead to variations in the glioma microenvironment, particularly due to the overexpression of amino acid transporter 1 in gliomas cells and the blood-brain barrier. This overexpression causes rapid amino acid transport, leading to signifcant diferences between the internal and external cellular environments, involving levels of adenosine triphosphate and glutathione [[152\]](#page-23-32). Additionally, amino acid metabolism can afect immune evasion. By interfering with glutamine expression, the tumor microenvironment can be altered, promoting the generation of highly active anti-tumor T cells, providing potential opportunities for new cancer treatment strategies [\[153\]](#page-23-33).

### **4.4 Nucleic acid metabolism in gliomas**

Nucleic acid metabolism plays a pivotal role in gliomas, exerting a crucial infuence on tumor growth, survival, and treatment responses. It involves the synthesis and repair of DNA and RNA, as well as the regulation of the cell cycle, thereby impacting the pathogenesis of gliomas from multiple angles [[154](#page-23-34)]. Overall, nucleic acid metabolism in gliomas serves multiple functions, including promoting cell proliferation, maintaining DNA integrity, and afecting immune evasion [\[155,](#page-23-35) [156](#page-23-36)].

Specifcally, abnormalities in nucleic acid metabolism are often associated with changes in the activity of key enzymes. For example, IDH mutations are a common feature of some types of gliomas (such as secondary glioblastomas), whereas they are uncommon in the majority of primary glioblastomas, which are usually IDH wild-type tumors [[157\]](#page-24-0). Mutations in IDH1/IDH2 produce 2-HG instead of normal α-KG, an oncogenic metabolite that inhibits many α-KG-dependent enzymes, thereby afecting DNA and histone methylation and nucleic acid metabolism. 2-HG is a metabolite that is structurally similar to α-ketoglutarate, and the accumulation of 2-HG due to IDH mutations inhibits α-ketoglutaratedependent demethylases, which play a role in DNA and histone demethylation, thereby afecting epigenetic regulation (e.g., inhibition of DNA and histone demethylase, leading to global DNA hypermethylation), one-carbon metabolism methylase, which plays a role in DNA and histone demethylation, thereby afecting epigenetic regulation (e.g. inhibition of DNA and histone demethylases, leading to global DNA hypermethylation), nucleotide synthesis, cellular redox status and metabolism (e.g. accumulation of 2-HG disrupts NADPH-dependent homeostasis in the cell, thereby afecting the synthesis of precursors required for nucleotide metabolism), DNA repair, etc. to drive tumor progression and DNA repair to drive tumor progression [\[146](#page-23-26), [158,](#page-24-1) [159](#page-24-2)]. Besides IDH mutations, other enzymes related to nucleic acid metabolism, such as ribonucleotide reductase1 and ribonucleotide reductase2, thymidine kinase, and poly ADP-ribose polymerase, also play signifcant roles in the development of gliomas [[160](#page-24-3), [161](#page-24-4)]. These enzymes are crucial for providing the nucleotide precursors necessary for DNA replication and repair. Their aberrant activity can lead to disturbances in nucleic acid metabolism processes, increasing malignant behavior and thereby promoting tumor growth and spread.

Furthermore, in the nucleic acid metabolism of gliomas, miRNAs play a signifcant regulatory role. miRNAs can act as tumor suppressor genes or oncogenes by directly regulating key enzymes and signaling pathways related to nucleic acid metabolism, infuencing tumor behavior. Overall, miRNAs in gliomas intricately regulate genes and pathways related to nucleic acid metabolism, afecting tumor growth, survival, and response to treatment [[162](#page-24-5), [163\]](#page-24-6). These fndings highlight



the potential of miRNAs as therapeutic targets, suggesting that targeting these miRNAs may provide new treatment strategies for glioma patients.

# **5 Metabolic and genetic alterations in gliomas**

Currently, the molecular basis and energy metabolism in gliomas are not fully understood. Present research indicates that frequent amplifcations of genes encoding RTKs and mutations in IDH have become central participants in altering the metabolism of gliomas.

# **5.1 RTK pathways**

RTKs play a critical role in reprogramming metabolism in gliomas (Fig. [3\)](#page-11-0). RTKs are a class of transmembrane receptors whose activation triggers a cascade of signaling pathways, affecting cell growth, differentiation, migration, and metabolism. Currently, there are 58 reported RTKs, divided into 20 families, including well-known ones such as the EGFR family, Platelet-derived growth factor receptors family, and Vascular endothelial growth factor receptor family [[164](#page-24-7), [165](#page-24-8)]. Over 100 growth factors have been identifed that can activate RTKs.

Recent research from The Cancer Genome Atlas (TCGA) has revealed that 66% of primary glioma samples exhibit amplifcations or mutations in RTK genes. Specifcally, in 50% of primary gliomas, amplifcation or mutation of EGFR is the only observed RTK alteration. Mutations in EGFR lead to dysregulation of multiple downstream signaling pathways, including PI3K, Akt, MAPK, and Phospholipase C Zeta 1, playing a crucial role in tumor growth and progression [\[9,](#page-19-8) [166](#page-24-9)]. Besides EGFR, amplifcations or mutations in PDGFR, c-Met, Tie, Axl, Discoidin domain receptor 1, and Eph also contribute to glioma biology [[167\]](#page-24-10).

Chemotherapy signifcantly impacts the expression of RTKs, as RNA sequencing of 135 primary high-grade gliomas and 47 recurrent high-grade gliomas showed alterations in at least 17 of the 58 analyzed RTK genes post-chemotherapy [\[168](#page-24-11)].

<span id="page-11-0"></span>**Fig. 3** RTK signaling pathways in gliomas metabolism (The progression of gliomas is closely associated with the overexpression of RTKs and the abnormal activation of their signaling pathways. This overexpression leads to the phosphorylation of tyrosine kinases, activating downstream pathways associated with factors such as PI3K, EGF, VEGF, and PDGF. Consequently, this results in increased cell proliferation and growth, as well as reduced apoptosis, thereby facilitating tumor development.)



The mutation of RTK genes can either promote or inhibit tumor progression [\[169\]](#page-24-12). Further research into the expression profles of RTKs during treatment could improve clinical risk stratifcation [\[170\]](#page-24-13).

The RTK-PI3K-AKT-mTOR signaling pathway is central to regulating tumor growth by controlling cell survival, proliferation, protein translation, and motility [[171,](#page-24-14) [172](#page-24-15)]. This pathway is activated in most glioma patients and is influenced by several alterations, such as Phosphatase and Tensin Homolog (PTEN) loss of function and EGFR amplifcation/mutation, two hallmarks of glioma genesis [[173\]](#page-24-16). PTEN loss increases Akt activity, which subsequently triggers mTOR, promoting cell proliferation and survival [\[174,](#page-24-17) [175\]](#page-24-18).

Dysregulation of the RTK-PI3K-AKT signaling pathway leads to metabolic reprogramming in gliomas, particularly afecting glucose, lipid, amino acid metabolism, and nucleotide synthesis. In glucose metabolism, genes like GLUT1, HK2, and LDHA are upregulated, increasing glucose uptake and lactate production, even under aerobic conditions, a phenomenon known as the Warburg efect. Lipid metabolism is enhanced via FASN expression, which promotes lipid synthesis and the formation of lipid droplets, aiding cell survival under metabolic stress. Amino acid metabolism, particularly the glutamine-glutamate cycle, is also impacted, with GLS upregulation supporting the TCA cycle and nucleotide synthesis. Activation of mTOR boosts the expression of nucleotide synthesis-related genes such as RRM2, driving DNA replication and repair. Lastly, alterations in ROS (reactive oxygen species) levels, regulated by antioxidant genes like nuclear factor erythroid 2–related factor 2 (Nrf2), contribute to both tumor growth and oxidative stress.

### **5.2 RAS/RAF/MEK/ERK pathway**

The RAS/RAF/MEK/ERK pathway in gliomas is a critical signal transduction pathway that signifcantly impacts various cellular functions such as proliferation, diferentiation, survival, migration, and metabolism. This pathway is initiated by the activation of RAS proteins, which in turn activate members of the RAF protein family (Fig. [4](#page-12-0)) [[176](#page-24-19)]. RAF then activates MEK, which subsequently activates ERK. ERK, as the fnal efector of this pathway, can enter the nucleus to regulate the expression of multiple genes, thus playing a pivotal role in the cellular processes associated with gliomas [[177,](#page-24-20) [178\]](#page-24-21).

<span id="page-12-0"></span>**Fig. 4** RAS/RAF/MEK/ERK signaling pathways in gliomas metabolism (Extracellular signals stimulate the protooncogene Ras, activating it through binding with GTP, which subsequently phosphorylates and activates Raf. Raf then activates the MEK, which through phosphorylation activates the ERK, ultimately driving gene expression. The activated ERK catalyzes the phosphorylation of numerous cytoplasmic efectors and nuclear transcription factors, thereby inducing cell survival, migration, and proliferation. Inhibiting the abnormal activation of this pathway can efectively suppress the proliferation of glioma cells and improve resistance to TMZ)





Research in gliomas cells has demonstrated the crucial role of the RAS-RAF-MEK-ERK signaling pathway in promoting growth and evading apoptosis. The treatment with oncolytic herpes simplex virus has been shown to enhance the bloodbrain barrier penetration of Trametinib, a MEK inhibitor, thereby inhibiting the MEK kinase and preventing the metastasis and growth of gliomas [\[179](#page-24-22)]. Additionally, the newly discovered Ras interacting protein PHLDA1 promotes glioblastoma cell proliferation by regulating the RAS-RAF-MEK-ERK signaling pathway, offering a novel target for treatment [[180](#page-24-23)]. Furthermore, inhibitors of isoprenylcysteine carboxyl methyltransferase have been found to efectively inhibit the growth of glioblastoma without toxicity to normal cells, demonstrating the potential of targeting the RAS-RAF-MEK-ERK pathway for glioblastoma treatment [[181](#page-24-24)].

Inhibitors targeting the RAS-RAF-MEK-ERK pathway exhibit potent tumor-suppressive efects and biocompatibility by controlling metabolism and growth development. Additionally, inhibitors of the RAS-ERK pathway can mitigate resistance to conventional radiotherapy and chemotherapy, and enhance the therapeutic efficacy of antibodies targeting PD-1, PD-L1, and CTLA-4. Future research should focus on tailoring treatment regimens for each specifc tumor, aiming to achieve substantial therapeutic effects with minimal adverse events by targeting tumor metabolism [[182](#page-24-25), [183\]](#page-24-26).

### **5.3 Mutations in IDH gene**

IDH enzymes have three isoforms, with IDH1 located in the cytoplasm and peroxisomes, while IDH2 and IDH3 are situated in the mitochondrial matrix [[184](#page-24-27)]. IDH is an essential enzyme involved in several key metabolic processes, including the Krebs cycle, glutamine metabolism, lipid synthesis, and redox regulation (Fig. [5\)](#page-13-0) [\[185\]](#page-24-28).

IDH mutations lead to the accumulation of D-2-HG in the cytoplasm, resulting in the expulsion of carbohydrates from the Krebs cycle [\[186\]](#page-24-29). A <sup>13</sup>C metabolic flux analysis demonstrates increased oxidative metabolism in the Krebs cycle and inhibited reductive glutamine metabolism in cells with IDH1 mutations [[187](#page-24-30)]. As cellular metabolism is depleted, several non-Krebs cycle sources of carbohydrates are recruited to compensate for the loss of α-KG.

IDH mutations are common in malignant cancers and are particularly more prevalent in secondary gliomas than in primary gliomas [\[188\]](#page-24-31). Triptolide, a potent Nrf2 inhibitor, was found to disrupt glutathione metabolism and display selective cytotoxicity against IDH-mutant gliomas cells, providing a new strategy for the treatment of IDH-mutant malignancies. Meanwhile, IDH1 mutation disrupts the Nicotinamide Adenine Dinucleotide Phosphate / Nicotinamide Adenine Dinucleotide Phosphate Hydrogen balance in cancer cells and increases the demand for glutathione metabolism, in which Nrf2 plays a key role in maintaining glutathione synthesis and scavenging reactive oxygen species [[189](#page-24-32)]. IDH mutant variants impair NADPH consumption, disrupting de novo lipogenesis and leading to increased dependence of cell growth on exogenous lipid sources. This is accompanied by D-2-HG stimulating glutamine-derived lipogenesis under hypoxic conditions to meet the demands of lipid production efficiency [\[190\]](#page-25-0).

Lactate dehydrogenase A is highly expressed in various cancer cells, but it is silenced in glioma tissues with IDH mutant variants and in glioma cells derived from patients [[191](#page-25-1)]. It has been found that the silencing of LDHA (along with several other glycolytic genes, including CA9 and VEGFA) is associated with high methylation of these gene

<span id="page-13-0"></span>**Fig. 5** IDH gene mutations in gliomas metabolism (Mutations in the IDH gene, including three subtypes IDH1, IDH2, and IDH3, play a signifcant role in energy metabolism and biosynthesis. Current research suggests that mutations in IDH1 and IDH2 are among the critical factors in the origin of gliomas. Mutations in IDH1/2 lead to an enzymatic activity change, catalyzing the reduction of α-KG to D2-HG.)



promoter regions in response to D-2-HG [[192,](#page-25-2) [193](#page-25-3)]. The overall epigenetic silencing of the glycolytic pathway may explain the slower growth nature of IDH mutant gliomas compared to IDH wild-type gliomas.

However, the role of D2-HG in IDH-mutant gliomas can both promote tumorigenesis and explain their slower growth. As an oncometabolite, D2-HG inhibits α-ketoglutarate-dependent enzymes, leading to epigenetic changes that drive tumor formation. At the same time, D2-HG may impair mitochondrial function and metabolism, limiting the rapid proliferation of tumor cells, which accounts for the typically slower growth of IDH-mutant gliomas [[194–](#page-25-4)[196](#page-25-5)].

In addition, IDH-mutant and wild-type gliomas show significant differences in the DNA methylation patterns of metabolic genes, which not only distinguishes these two glioma types but also impacts mitochondrial DNA (mtDNA) copy number. In IDH-mutant gliomas, studies have observed an increase in mtDNA copy number, whereas no significant changes were found in recurrent cancers [[197\]](#page-25-6). Immunohistochemical clustering based on metabolic composition further reveals distinct subtypes between IDH-mutant and wild-type gliomas, with lactate dehydrogenase A (LDHA) methylation strongly associated with the increased mtDNA copy number in IDH-mutant gliomas [\[198\]](#page-25-7). While some studies report that IDH mutations lead to an increase in mitochondrial content, others have found that IDH1 mutations result in decreased mtDNA levels, indicating potential mitochondrial dysfunction. Initially, IDH mutations may enhance mitochondrial biogenesis to cope with metabolic stress, but over time, mitochondrial function deteriorates, leading to reduced mtDNA. Differences in research methods, tumor types, and disease progression stages may explain these varied findings [[199–](#page-25-8)[201\]](#page-25-9).

Overall, the acquisition of IDH mutations results in extensive reprogramming of cellular metabolism. Glutamine and/or glutamate serve as key substrates, compensating for metabolic alterations by enhancing pathways involved in lipid and glutathione synthesis.

#### **5.4 Mutations in the tp53 gene**

TP53 directly or indirectly regulates metabolic homeostasis, often directing synthetic metabolism towards catabolic metabolism, by modulating key metabolic pathways including central carbon metabolism, lipid and amino acid metabolism, ion metabolism, ammonia detoxification, and polyamine biosynthesis. Glutamine is the most abundant circulating amino acid in serum, serving as a major carbon source for the TCA cycle and malate-aspartate shuttle (Fig. [6\)](#page-14-0). TP53 can link glucose and glutamine metabolism, favoring the accumulation of α-KG.



<span id="page-14-0"></span>**Fig. 6** TP53 gene mutations in gliomas metabolism (When DNA is damaged, the ATM and ATR proteins are activated, which then phosphorylate and activate downstream kinases CHEK1 and CHEK2, thereby halting cell cycle progression to allow time for DNA repair. Concurrently, ATM and ATR activate the tumor suppressor protein p53, which can lead to either cell cycle arrest or apoptosis. The activity and stability of p53 are negatively regulated by MDM2 and MDM4 proteins. Activated p53 can induce the expression of genes such as CDKN2A, which in turn inhibits MDM2, leading to cell cycle arrest. Additionally, p53 can activate the expression of pro-apoptotic genes like FAS, triggering cell apoptosis.)



### **5.4.1 Tp53 and glucose metabolism**

TP53 plays a crucial role in regulating glucose metabolism in tumor cells, including in gliomas. By activating genes like TIGAR, TP53 slows down the rate of glycolysis, reducing the energy production in tumor cells [[202\]](#page-25-10). TIGAR limits tumor growth by inhibiting the formation of fructose-2,6-bisphosphate. Studies show that knocking down TIGAR increases ROS levels, promotes cell death, and enhances the efects of radiotherapy and chemotherapy, indicating that TIGAR plays an important role in metabolism regulation within the tumor microenvironment [[203](#page-25-11)].Furthermore, the p53 protein encoded by TP53 downregulates LIM Homeobox 9 while promoting the expression of the glycolytic enzyme PGK1, which increases lactate levels and enhances the tumorigenicity of glioma cells. The LIM Homeobox 9-PGK1 signaling axis is considered a potential therapeutic target for glioma treatment [[204](#page-25-12)]. Additionally, TP53 activates genes like cytochrome c oxidase 2, maintaining mitochondrial function and promoting oxidative phosphorylation, which is crucial for normal cellular energy metabolism [[205](#page-25-13)].

Notably, TIGAR levels are signifcantly elevated in gliomas. Its overexpression not only supports tumor growth by reducing ROS levels and increasing NADPH production, but also promotes glucose metabolism through the pentose phosphate pathway (PPP), further sustaining the proliferation and survival of tumor cells. Studies show that TIGAR knockdown can lead to increased ROS accumulation, resulting in DNA damage and cell senescence, and signifcantly enhances the sensitivity of glioma cells to radiotherapy, making TIGAR a potential therapeutic target [[206\]](#page-25-14).

### **5.4.2 Tp53 and lipid metabolism**

TP53 regulates fatty acid metabolism by activating and modulating the expression of guanidinoacetate methyltransferase (GAMT), which promotes FAO and creatine biosynthesis, playing a crucial role in maintaining energy homeostasis during glucose deprivation [\[207,](#page-25-15) [208](#page-25-16)]. Under starvation conditions, TP53-dependent activation of GAMT can induce energy expenditure and promote cell apoptosis. PGC-1α is a regulatory factor of lipid metabolism that binds to the promoter of TP53, promoting cell cycle arrest and ROS clearance in response to glucose starvation [\[209\]](#page-25-17). Increasing evidence suggests that TP53 primarily inhibits lipid synthesis metabolism indirectly. TP53 transcriptionally suppresses the expression of SREBPs, critical transcription factors targeting genes involved in fat synthesis [\[210](#page-25-18), [211\]](#page-25-19). Additionally, p53 inhibits de novo fatty acid synthesis by suppressing the rate-limiting enzyme of the pentose phosphate pathway, glucose-6-phosphate dehydrogenase, thus reducing NADPH levels [[210](#page-25-18)].

### **5.4.3 Tp53 and amino acid metabolism**

TP53 plays a crucial role in regulating the metabolism of aspartate, asparagine, serine, tyrosine, and proline. Studies have shown that TP53's strict regulation of amino acid metabolism is achieved through manipulation of the tumor microenvironment, redox status, and nutrient restriction. For instance, alterations in tyrosine metabolism occur through TP53 loss, and removal of serine can treat TP53-defcient tumors, among other efects [[212](#page-25-20), [213\]](#page-25-21).

# **5.4.4 Tp53 and ferroptosis**

TP53 can increase cell sensitivity to ferroptosis. Studies have shown that TP53 3KR mutants respond to ROS-induced stress by afecting cell energy metabolism through a key component of the cystine/glutamate antiporter, SLC7A11, demonstrating the connection between TP53 and ferroptosis [\[214\]](#page-25-22).

Research on TP53 is becoming increasingly in-depth, but many challenges remain in understanding how TP53 suppresses tumors through metabolic pathways, which is the most fundamental question. Additionally, many regulatory functions of TP53 are specifc in both space and time. Future research needs to focus more on the behavior and regulatory mechanisms of TP53 at specifc time points and under specifc conditions.

# **6 Therapeutic approaches**

Current treatments for gliomas are dominated by surgery and pharmacological chemotherapy (Fig. [7\)](#page-16-0). Novel therapeutic approaches encompass a variety of innovative strategies, including targeted therapies (drugs specifcally targeting tumour markers), immunotherapy (activation of the patient's immune system to attack the cancer cells), gene and cell





<span id="page-16-0"></span>**Fig. 7** Treatment options for gliomas (The image outlines the treatment regimen for gliomas based on patient age, IDH gene status, and 1p/19q co-deletion. For low-grade gliomas, surgical resection is typically preferred for younger patients, while older patients may receive a combination of radiotherapy and chemotherapy. The treatment of anaplastic gliomas takes into account the presence or absence of 1p/19q deletion and may include radiotherapy and chemotherapy. Treatment strategies for glioblastoma hinge on whether the IDH gene is of the mutant or wild type, as well as the patient's age, to decide between Temozolomide or radiotherapy. Additionally, the choice of treatment method also considers the methylation status of the MGMT gene to tailor a more efective treatment plan

therapy (gene repair and cellular therapeutic techniques), synthetic lethality (exploiting genetic defects in the cancer cells), metabolic inhibition (targeting of metabolic pathways in the cancer cells), microenvironmental targeting (studying and targeting of the tumor microenvironment), nanomedicine (using nanotechnology to improve the efficiency of drug delivery), and integrative therapies (integrating multiple therapeutic approaches to improve efficacy). Glioma cells primarily produce energy through glycolysis and mitochondrial oxidation [\[215\]](#page-25-23). Research indicates dietary restrictions can enhance gliomas' sensitivity to radiation therapy. Dichloroacetate (DCA), an inhibitor of pyruvate dehydrogenase, can cross the blood-brain barrier, activating P126 and mitochondrial ROS production, restoring normal mitochondrial function in 53 out of 125 gliomas patients [\[81](#page-21-30), [216,](#page-25-24) [217](#page-25-25)]. 2-Deoxy-D-glucose (2-DG), an inhibitor of glycolysis, blocks this pathway due to its abnormal structure, inhibiting various cancer cells and enhancing the efectiveness of radiotherapy and certain chemotherapies [[218](#page-25-26), [219](#page-25-27)]. Therefore, Elovl fatty acid elongase 2 is crucial for the proliferation of gliomas stem cells, a fnding aided by computational simulation [[220](#page-25-28)]. Gliomas stem cells exhibit reduced mitochondrial respiration, making them resistant to traditional alkylating chemotherapeutic agents like TMZ and 1,3-bis(2-chloroethyl)-1-nitrosourea [\[221](#page-25-29)]. 3-Bromopyruvic acid-1-propyl ester and 1,3-bis(2-chloroethyl)-1-nitrosourea, by inhibiting glycolysis, efectively kill GSCs. Ritonavir, a non-specifc GLUT antagonist with low blood-brain barrier permeability, used in conjunction with 1,3-bis(2 chloroethyl)-1-nitrosourea, improves overall survival in the GL261 mouse tumor model [\[222](#page-25-30), [223](#page-26-0)]. A number of drugs have entered clinical studies in terms of metabolic interventions in the development of gliomas (Table [3](#page-17-0)).

Metabolic inhibition, as a cancer treatment strategy, should focus on the following future research directions: First, precision targeting of metabolic pathways. For instance, EGFR amplifcation leads to signifcant dependencies on metabolic enzymes, including glucose uptake, glycolysis, FASN, membrane lipid remodeling, cholesterol uptake, NAD+ production, and epigenetic reshaping. Targeting lysophosphatidylcholine acyltransferase 1 to reduce levels of saturated phosphatidylcholines and disrupt the membrane localization of EGFR variant III blocks EGFRvIII-driven oncogenic signaling and inhibits glioblastoma tumor growth [\[224](#page-26-1)]. Second, identifying new metabolic strategies in glioma cells. Considering interactions between genotype, lineage, and environment to fnd reliable new targets. This research requires not just genetic and pharmacological screening of cell lines but also integrating patient-derived cell line models in vitro and in situ xenografts, along with clinical patient studies [[9,](#page-19-8) [225](#page-26-2)]. Third, the development of combination





**Table 3** Drugs targeting Gliomas Metabolism being studied in clinical trials

<span id="page-17-0"></span>**O** Discover

therapies. Such as the combination of chemotherapy and radiation therapy, targeted therapy with chemotherapy, metabolic inhibition with conventional therapies. Current research shows that the EGFR activity mutant inhibitor, Erlotinib, combined with TMZ, shows enhanced therapeutic efects in glioma patients. DCA, by inhibiting pyruvate dehydrogenase, alters the metabolic state of tumor cells and, when combined with radiotherapy, shows potential for glioma treatment in preclinical models [[81,](#page-21-30) [226](#page-26-3), [227\]](#page-26-4). Fourth, regulation of the tumor microenvironment. In the tumor microenvironment of gliomas, infammation, oxidative stress and metabolism are closely linked and can work together to drive tumor progression. Pro-infammatory cytokines (e.g. IL-6, TNF-α and IL-1β) directly infuence cellular metabolic pathways by activating signaling pathways such as NF-κB and STAT3 [\[228,](#page-26-5) [229\]](#page-26-6). Infammation enhances metabolic reprogramming by increasing the rate of glycolysis to provide tumor cells with the energy required for rapid growth. Therefore, multiple therapeutic strategies targeting these factors are of great importance. By screening biomarkers sensitive to diferent metabolic therapies, multi-targeted metabolic therapies can be designed to target the glioma microenvironment [[230,](#page-26-7) [231\]](#page-26-8). For example, the metabolic pathways of gliomas can be altered by modifying lyssavirus vectors, thereby afecting the immune status of the TME, promoting the formation of an infammatory immune microenvironment, and bringing into play the potential of the immune system to kill tumors and reduce the possible adverse efects of targeted therapies [[232](#page-26-9), [233\]](#page-26-10).At the same time, taking advantage of the unique metabolic properties of cancer cells, inhibiting oxidative phosphorylation and lipid metabolism, restricting the uptake of specifc amino acids, and targeting the antioxidant defense system and key metabolic enzymes is an efective strategy to disrupt tumor growth and metabolism. Such therapeutic approaches can minimize the impact on normal cells and minimize tumor growth, and clinical studies are exploring the potential of these multi-targeted therapies [\[98,](#page-22-13) [234](#page-26-11)]. Infammation and oxidative stress directly drive metabolic reprogramming of tumors by increasing reactive ROS production and afecting metabolic enzyme activity [[15](#page-19-13)]. Combined targeted therapies targeting these processes can reduce the efects of both infammation and oxidative stress, leading to more efective inhibition of tumor progression and improved therapeutic outcomes.

Fifth, metabolic reprogramming drugs, already approved for other diseases, are being repurposed for the treatment of gliomas. For example, the diabetes drug metformin inhibits mitochondrial complex I and activates the AMPK pathway, which in turn suppresses the mTOR signaling pathway, limiting glioma cell growth. Statins, commonly used for cholesterol management, inhibit HMG-CoA reductase, disrupt the synthesis of tumor cell membranes, and may inhibit tumor growth by afecting the Ras signaling pathway [[235,](#page-26-12) [236](#page-26-13)]. Originally used in leukemia treatment, cytarabine blocks nucleotide synthesis, thus inhibiting the rapid proliferation of glioma cells. Antioxidants that regulate ROS levels, such as Nrf2 inhibitors, increase oxidative stress, promoting glioma cell apoptosis [\[237](#page-26-14)]. These repurposed drugs provide new approaches for glioma treatment, particularly when combined with existing therapies.

### **7 Conclusion**

This article highlights the signifcance of understanding the metabolic characteristics of glioma cells for developing novel therapeutic strategies. Specifcally, investigating and targeting the metabolic dependencies of glioma cells could unveil new avenues for treatment. Key pathways discussed include the RTK, EGFR, and RAS metabolic dependency pathways, as well as metabolic abnormalities arising from IDH mutations. These pathways are instrumental in glioma progression and present valuable targets for therapy. Moreover, the article explores the potential of targeting bioenergetic metabolic pathways, which are crucial for glioma cell survival.

While metabolic therapies ofer promising opportunities, several challenges remain. First, accurately identifying and targeting specifc metabolic pathways is a complex task, requiring an in-depth understanding of the tumor's biochemical properties. Additionally, translating basic research fndings into efective clinical treatments remains a challenge. Considering the infuence of the tumor microenvironment—such as hypoxic conditions and immune responses—on glioma metabolism, future research must integrate metabolomics, genomics, and clinical data to devise more efective strategies.

Furthermore, glioma subtypes exhibit distinct metabolic profles, which underscores the necessity for personalized treatment approaches. Tailoring therapies to the specifc metabolic characteristics of individual tumors will be essential in improving treatment outcomes.

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### **Declarations**

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**Consent for publication** All authors agree.

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